## milltimber - bieldside - cults **Issue 153** Nov - Dec '11 - Jan '12





## kütchenhaus

The**German**Kitchen.co.uk

5 East Terrace, Union Square Retail Park Aberdeen AB11 5RD

Telephone: 01224 588264

**Open:** Mon-Fri: 09.00 - 20.00 Saturday: 09.00 - 19.00 Sunday: 11.00 - 17.00



### Lady MacBeth and the WPR

Unlike so many things these days, our MBC News is just a conventional publication which is local to our area. All our contributors appreciate the opportunity to let us know what they are doing and the sheer variety of community based activities in the area is very impressive. Milltimber, Bieldside and Cults are really full of people who understand the oldest adage, 'If you want a thing done, do it yourself!' The results are obvious and we have many thriving organisations that depend on MBC News to 'spread the word'.

There is, of course, another use for our local magazine and that is as a soap box for some of the important decisions which affect us all. Speaking personally, I had thought that after 'Roadsense' had lost comprehensively in the Court of Session, we would all accept that decision and the WPR would proceed after years of delay. We have had all this time to consider how this massive project will affect us all and those of us who have decided to stay in the area are prepared for the inevitable upheaval the road works will cause. Personally, I am not really in favour of the road, but I will accept a democratic and judicial decision, provided I am happy all the avenues have been properly explored. So, it is sad to see that this fight is going to continue with a further appeal in the courts with the inevitable delay and uncertainty.

As Lady MacBeth so memorably said, 'If it were done when 'tis done, then 'twere well it were done quickly'. Perhaps I am stretching the meaning of 'quickly', but perhaps we should substitute 'now'.

#### **Maureen McLennan**





### Please don't grumble at us!

Please get writing if you want the newsletter to be a more interesting read. The deadlines for the next editions are:

### 7th January for February distribution

Send your copy as an email attachment and keep photos separate to: <a href="mailto:mbcnews@cbmcommunity.org.uk">mbcnews@cbmcommunity.org.uk</a>

#### **OR POST TO:**

**MBC News** 

c/o 11 Inchgarth Road, Cults, Aberdeen AB15 9NJ

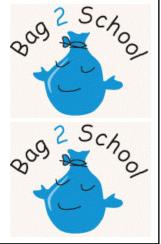
#### **Contact Details for MBC News Team:**

861957 Editor (Maureen) 869502 Advertising (Tracey) 867571 Accounts (Phillip)

What's On Locally (Eleanor)

318561 Layout (Sue) 868524 Distribution (Peter)

Cults Primary Drop Off Date: Saturday, 19 November 2011



#### Letters

They say 'act in haste, repent at leisure'; however even after a wee while to cool down I still felt sufficiently angered to drop you a guick line. In a nutshell I'm getting on my soap box about the amount of litter left scattered about down at the river. Worst affected areas were the pebble beaches and path along the bank accessed via Beaconhill Road or the railway line.

As a local resident we see and hear lots of teenagers heading to these areas on summer nights complete with BBO's and carry outs. Sadly by morning all this debris and rubbish is simply abandoned, left for others to clean up. Having just picked up another two large black sacks of rubbish (all I could carry) this morning, I think it's time some folk are reminded that if they are to enjoy the beauty of this part of the city, they need to start acting responsibly and clean up after themselves.

Please if you do picnic or BBQ down at the river TAKE YOUR RUBBISH HOME. Notwithstanding the obvious blot on the landscape left by all this rubbish, it also is a considerable hazard to wildlife. Indeed the armsful of glass beer bottles and cans apparent are just accidents waiting to happen.

MBC Area resident



The Lairhillock Inn and Crynoch Restaurant Where Quality is Everything.

A warm welcome awaits you in our family run lounge conservatory and Crynoch Restaurant.

> Open Fires, real ales and freshly prepared food sourced locally (where possible).

For that special occasion we can cater for weddings and private functions up to 60 people.

For more information on our facilities please do not hesitate to contact us.

Telephone 01569 730001 E. Mail info@lairhillock.co.uk www.lairhillock.co.uk



helpers

It's unlikely that you would be reading this newsletter if it were not for the 150+ local people who deliver the magazines to our homes. So, we feel that it's important that we acknowledge their efforts periodically and thank them for all that they do.

We print ~4,150 magazines. Once delivered by the printer, batches of anything between 100 and 1000 are then distributed to eight local co-ordinators:

- Hilary Stewart (Cults south of North Deeside Road)
- Dan Hodsden (Cults Kirk Brae, Abbotshall areas)
- Isobel Groseneil (Milltimber)
- Stephen Duthie (Cults Hillview, Quarry Road, Cairnlee etc.)
- Bill Davidson (Bieldside)
- Murray Watson (various Cults and Bieldside)
- Nancy Adam (Bieldside Golfview, and local shops/ businesses/ schools)
- Rosalind Barker (Blacktop, Foggieton etc.)

These local heroes then pass bundles of magazines to their teams in the various local areas.

Peter Coutts has been managing MBC News delivery for some years, but is now taking a well earned rest and has passed the baton to Peter Roberts. The handover was well timed, because we were able to invite our "new" Peter to the Deliverer's party on Sat 17th September, giving us a chance to get to know him and introduce him to some of his team.

Thank you to everyone who came along to the party - we hope you enjoyed the event and took the opportunity to meet some new (and old) friends. We gave Peter Coutts a gift to thank him for his time and petrol over the last few years – it's been great fun working with him.

If you are interested in taking on a delivery round in the area, please contact Peter Roberts directly (telephone number on page 2).

## **News from the Cults Bieldside and Milltimber Community Council**



## **Housing Developments in Cults and Milltimber**Oldfold Farm

Following the public consultation meetings at the Waterwheel Inn on 23<sup>rd</sup>/24<sup>th</sup> June 2011, CALA organised a further meeting on 7<sup>th</sup> September 2011, by invitation, to community council members, some local residents, local authority officials and representatives from various government agencies. The focus of the discussion was on the development of the site including:-

- · density of the housing
- · provision of affordable housing
- access and movement within the site and connection to the rest of Milltimber
- road junction(s) with the North Deeside Road
- · landscaping and green spaces
- core path network
- · location of a new primary school
- requirements, if any, for retail, commercial and community facilities

In addition, concerns were raised with the City Council's Education and Roads Departments who were present at the meeting, about the capacity of Cults Academy to absorb new pupils and the impact of new housing on the North Deeside Road.

The views of the community council members and the local residents can be summarised as follows.

- There was a desire to reduce the density of the housing more in line with the norms used by CALA elsewhere of 20 homes per hectare.
- In order to reduce the density of housing, there is the opportunity to release land identified for retail and commercial use which we see as inappropriate for this development.
- To encourage the affordable housing to be designed to the same standards as the rest of the housing with the expectation that all affordable housing on site will require owners to take some stake in the properties through shared ownership type arrangements.
- To relocate the new primary school to a more northerly position in the development.
- To ensure that footpaths and cycle paths are linked into the core network with the aim of having a connection to the aspirational path at the north end of the site to Peterculter, Bieldside and Cults.

Further discussions are required with CALA on the roads within the site, the use of buses, landscaping and green spaces, and the enhancement of community facilities within Milltimber.







- FAST REPAIRS | FREE QUOTES
- Software Installation & Troubleshooting
- Virus/Spyware removal

• Laptop & PC Troubleshooting

- Password Recovery
- PC / Laptop Health check
- Data recovery
- PC / Laptop repairs & part upgrades
- Printer Installation & Repair
- Broadband Installation & Troubleshooting
- Onsite Visits





Windows 7

If your PC or Laptop is running slow try our computer service for

01224 433490





info@solvtek.co.uk | www.solvtek.co.uk

A meeting has been arranged with CALA and Fairhurst (transport consultants) on the traffic assessment being undertaken on the North Deeside Road involving Richard Spalding (Murtle Den Group), Peter Reiss and Guus Glass (CBMCC) and Lavina Massie (Culter Community Council). The purpose is to understand and to provide input into the methodology and assumptions being made.

The capacity of the schools, particularly Cults Academy, remains a significant issue. Marie Boulton (Councillor) is looking to hold a meeting with the City's Education Department involving CBMCC members, Christine McKay, Gillian Buchanan and Anne Rae. We need greater clarity on the provision of schooling in the area at both primary and secondary levels.

CALA are working towards presenting a masterplan to the City Council by the end of the year. They have committed to make further presentations to the community before they submit their masterplan to explain how they have addressed the issues raised by local residents.

## <u>Friarsfield, Craigbank and Sunnyside Developments In</u> Cults

On the 8th September Stewart Milne Homes and CALA made joint presentations at the Cults Hotel on the proposed developments of sites around Friarsfield. It was anticipated that the masterplan for these site would also include the 10 houses proposed by Scotia Homes. However, we understand that this planning application was approved by the city council before the meeting on 8/09/2011 for reasons we do not understand. In any event the presentation was well attended and a number of local residents came to the community council meeting in September to express their concerns about the developments. It is important to emphasise that these sites were included in the previous local plan and are not required to follow the same consultation processes required under the new local development plan. Nevertheless, a masterplan will be prepared and we understand that a planning application is likely to be submitted before the end of the year.

There was a general consensus amongst all those at the community council meeting who had been to the presentation at the Cults Hotel that most of the concerns were in relation to the infrastructure. As with the development of Oldfold Farm, the state of the schools was a major issue including the need for a significant refurbishing of Cults primary school. We hope that the proposed meeting with the Education Department will address these issues.

We understand that the transport assessment being undertaken by Fairhurst on the North Deeside Road will look at the junctions along the road from Peterculter to Cults including the impact of Friarsfield on Kirk Brae. The roads around the site are a major concern with the proposal to close Jacobs Ladder and put a new road through the site. It is understood that the developers need to build and sell some houses first to fund the new roads. The alignment and timing of the house building to the delivery of the roads is very unclear. We need far greater transparency and detail on all the road issues. The promise that the infrastructure will be 'alright on the night' is not good enough.

Finally there are issues about the drainage of the site. The developers are aware of these problems and assure us they are being addressed.

Like many local residents we remain very sceptical about the ability of the local authority to deliver the infrastructure at the right time, the right place and to the necessary standards. We will endeavour to work with the City Council and Developers on these issues but if local residents have points they wish to raise please contact a community council representative or me at p.reiss@btinternet.com or 01224-734592.

#### **AWPR**

Many local residents will have concerns about the decision of William Walton and Road Sense to continue their legal challenge. The CBMCC shares those concerns, mainly that the continuation of the legal process will merely increase the costs.

However, in August 2008 the CBMCC made a written submission to the public inquiry. Although we were raising questions on the road we were classified as objectors/protestors. In particular, we highlighted issues on the cost of the road, how it was going to be paid for, the integration with public transport projects, the impact on reducing congestion in the city, the quality of the environmental assessments and a number of additional local matters. Frankly we did not receive satisfactory answers to our questions. Indeed many were deemed to be outside the narrow scope of the public inquiry. We do not think that the restricted remit did anything for the integrity of the public inquiry process.

At the inquiry it was announced that the road would cost £348m based on 2003 prices. The Scottish Government knew five years ago that the road was never going to cost £295m - £395 and that by the time the road might get built (2013) the costs would be 10 years out of date. Since that time the true cost of the road has been constantly hidden. We are now at a stage where we still do not know how much the road is going to cost, or how it is going to be paid for, particularly the 9.5% from the city council. One must question what, if anything, the decision makers will hold themselves accountable for in reducing congestion In Aberdeen. These issues remain as relevant today as they were five years ago. We need a much greater focus on accountability and transparency from our politicians.

**Peter Reiss - Chairman** 

## Community Council Members

**Contact Details** 

Peter Reiss (Chair)	734592
Guus Glass (Secretary)	864925
Graham Payne (Treasurer)	868827
Christine McKay (Planning Liaison Officer)	867479
Eleanor Brennan	862262
Gillian Buchanan	865125
John Etchells	867235
Martin Harris	868580
Harriet North-Lewis	868595
Andy Pyle	868060
Anne Rae	864646
Derek Robb	868797
Nigel Williams	862639

**Email: cbmcc@cbmcommunity.org.uk Mail address:** Community Council, c/o
Secretary, 5 Millden Road, Cults AB15 9LJ

Other useful contact details

- Cllr Marie Boulton 522178 / 734712
- Cllr Aileen Malone 522356 / 862189
- Cllr Alan Milne 523148 / 867816
- Police (non emergencies) 0845 600 5700

## Upcoming CBMCC Meetings 4th Thursday of the month (not July or Dec)

All meetings are 7pm – 9pm All are welcome to attend





## Something for everyone at your local community church!

### www.dcfchurch.org

Binghill Drive, Milltimber, AB13 OJE Church Office: 01224 733979

#### **WORSHIP SERVICES**

9:30am & 11:30am Family Service with crèche, Junior Church, \$1-2 Bible Class and Celebration Group (11:30 Service only) 6:00pm Evening Service with Communion 2<sup>nd</sup> & 4<sup>th</sup> Sunday monthly

**NEW SESSION JANUARY 2012** 

You are most welcome to join us for a 7-week

course at COMMUNITY NIGHT in the church,

re-starting in January 2012, meeting Tuesday

community one

#### Join us for our Christmas Celebrations

Sunday, 18th December, 9:30 & 11:30am

- Junior Church Family Service -
- Saturday, 24th December, 6:30 & 8:30pm - Christmas Eve Carol Service -

Sunday, 25th December, 10:30am

- Christmas Morning Family Service -



For further information on Worship Services and activities please go to www.dcfchurch.org

Robert Hamilton, our Care Pastor, is happy to meet for a chat,

perhaps to be a listening ear, offer help, share a pastoral prayer, or just get a chance to meet and say 'hello'. Call Robert on 07595072090 or in the church on 733979.



If you are soon to be married, or are already married and would like to enrich your marriage, we offer Marriage & Marriage Preparation courses. Phone the Church Office.

#### **EXPLORERS & CHALLENGERS**

We're back on Wednesday evenings!



P1-3 6:30-7:30pm

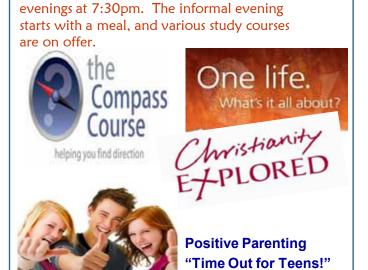


Come along - and bring your friends!

P4-7 7:30-8:30pm



You will be made most welcome at our over 50s social group special events, outings, Coffee Mornings (2<sup>nd</sup> Monday of the month) and more!





A warm welcome awaits you Thursday mornings (during term-time) 9:15am-12pm Coffee/Tea & Tray-bake (donation £2)





All artists most welcome! Every 2<sup>nd</sup> & 4<sup>th</sup> Thursday monthly in Café One, 2:30-4:30pm. Creativity in art enjoyed among artistic friends, with time for coffee and a chat too!

#### PARENTS, BABIES & TODDLERS

We would love to have you join us here in the church with your little ones for our fun, lively, friendly Tuesday mornings, 9:45-11:30am. Phone Morven on 744829 or just come along.

#### MISSIONARY CRAFT WORKSHOP



We meet in Café One every 2<sup>nd</sup> & 4<sup>th</sup> Wednesday monthly, 10am-12pm to make useful gifts to send to children and missionaries working abroad. We would be pleased to have you join us.

## Aristacut has been in Cults for 34 years!

Some of the services we offer... Ladies & Gents Hairstylist OPI Manicures

Hair up & Bridal
Threading (Removal of facial Hair)

Wig & Hair Piece Styling Ladies & Gents Facials with Liz Earle products

Yuko Chemical Straightening Make Up

Opti Smooth Hair Straightening Hair Strengthening Products

**Coming soon:** Nail wraps, Gel Varnish, Eye Lash extensions, Ear Piercing, Clip in Hair Extensions, Clip in Hair Pieces (fringes & patches).

Aristacut are official stocklists of: Matrix, GHD, OPI, Amargan, Bioluster, Tangle Teezer, Denman



We also stock 22 momme silk pillowcases, one of the highest standard of silk pillowcases available. These prevent 'bedhead' help to keep your hair style for longer and prevents hair breakage especially regrowth after illness or treatments etc i.e chemotherapy.

Buy any product and get your loyalty card.
Accumulate your points and get a choice of free services... Recommend a friend and get 100 loyalty points added to your card... register with your email and recieve our deal of the week.

To view a full list of our services and products please visit our website. (details below)

Jackie has been part of Aristacut since it opened in 1977 and has a wealth of hair and scalp knowledge. She is as passionate about hair today as the day she started! Jackie loves to rectify peoples hair problems with the help of her staff who all specialise in different areas. Aristacut have a friendly, knowledgable and helpful team.

#### Call 01224 861313

email - aristacutreception@hotmail.co.uk visit our website www.aristacut.co.uk 326 North Deeside Road, Cults, Aberdeen AB15 9SE (we are located between the Cults Hotel and the Post Office)



## Bruce Decor Limited



Painting and Decorating Service

1st Choice for all aspects of painting and decorating Commercial and Private work undertaken Specialists in Wallpaper Hanging Quality workmanship guaranteed Over 25 years experience

Telephone Kingswells: 01224 - 279459 or 07940 012679

E-mail: brucedecorltd@btinternet.com





City & Guilds **Advanced Crafts** 

## PAINTER & DECORATOR Services tailored to suit your home

Mobile 07939 150 858

For a free consultation call **Milltimber - 732 070** 









"Our design set Anson Mackay a huge challenge that was accurately interpreted and professionally executed, resulting in a beautiful garden we will enjoy for years to come.

Ann and Trevor Rosbrook

For further information on our services take a look at our recent feature in the Feb/March issue of Trend Magazine. www.ansonmackay.co.uk



Anson 01224 790021



#### News from Coucillors Boulton & Milne

With the summer now behind us, autumn upon us and winter fast approaching, our various departments across the council are either clearing up or gearing up for the next bout of weather.

The summer was busy with planning applications coming through from the adopted Local Development Plan and the prospective plan which is currently sitting with the Scottish Government. A development at the back of Earlswells for nine large houses caused concern amongst residents but with a combined effort by all parties to find compromises, an acceptable development was achieved, accepting that not all concerns were overcome for everyone. A further meeting has been held regarding the proposed 550 housing development at Oldfold Farm in Milltimber. The meeting was attended by invited guests and was run by a third party; participants were from groups representing the community and individual residents, Aberdeen City Council officers representing education, roads, environment and planning and of course CALA. The meeting allowed views to be expressed and foundations to be laid for further discussions and negotiations between all parties. This has been the first meeting of its kind in the new master planning process which has been designed to engage the community in having an input/ impact on what will hopefully be delivered on the development site. Another development has come through from the adopted Local Development Plan for a site at Friarsfield in Cults for approximately 280 houses. A meeting/exhibition was held at the Cults Hotel in September hosted by Stewart Milne Group and Cala showing an outline proposal for the development. The meeting was attended by many local residents who raised concerns over the capacity of the local schools, as well as the local road networks ability to facilitate additional traffic. It is important to engage in the process and express your views both in terms of concerns and support.

Capacities at local schools are still giving cause for concern, certain years are full and children who have moved into the area have to go onto a waiting list. The question that most people are asking is, are the schools full to their physical capacity or are they full to the staffed capacity? Looking at the rolls for the local schools suggests that the schools still have some physical

capacity but that certain year groups do not have the staffing capacity but certainly the forecast for the next few years is that the physical capacity will be breached too.

A community effort by residents, businesses and even a councillor saw the transformation of the shrub bed in front of the Cults Hotel. A small group of people, mainly ladies, chopped, dug and hauled at old shrubs and their very strong roots to make way for new plants (which were ordered and paid for by some of the local businesses); the Council removed the debris and provided the compost. We hope that the "new" shrub bed will be appreciated by all and provide a pleasant gateway into the retail area of Cults (see photo in last MBC News).

On the note of community involvement, the initial meeting was held with volunteers for the 'Community Task Force', where it was provisionally agreed that we would target the four shrub beds along the North Deeside Road from Cults to Milltimber. The first shrub bed has obviously been attended to and we will do our best to maintain it, the remaining three beds will not received such dramatic transformations but the intention is to prune back the shrubs, clear out litter and hoe the ground and perhaps apply some compost. It is still not too late to volunteer; all you have to do is email mboulton@aberdeencity.gov.uk. The Council's environmental team has offered to "train" volunteers on which shrubs need to be pruned back, when and how hard.

On the subject of pruning we are still receiving complaints regarding protruding shrubs onto footpaths. Could we ask once again that people ensure that they cut back their shrubs.

As this is the last MBC of the year, we wish you all a Merry Christmas and a Happy New Year.

Councillor Marie Boulton - Independent Alliance Councillor Alan Milne - Independent Alliance





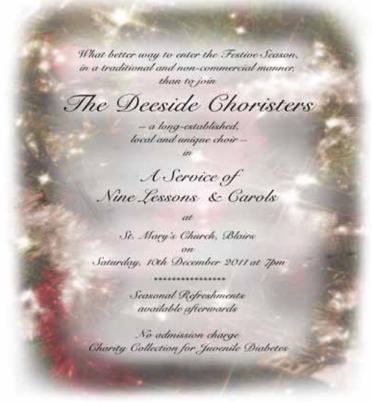


## Milltimber Gardening Club

At one of the meetings of Milltimber Gardening Club Mr Scott, of Aberdeen City Council Environmental Department, gave a talk on encouraging people to take part in Community projects..

The Club decided to plant climbing shrubs in the garden of Tor-Na-Dee Care Centre as their contribution to the Community. Pupils at Milltimber Primary School were asked to take part and Neil Paterson, of the Community Service Order Department of Aberdeen City, provided a team to dig over the area. Thanks to a bequest by a late resident of the Care Centre, Manager Maureen Barrett provided the funds to buy the shrubs.

Fortunately it was a dry day in May when members of the Gardening Club and primary school pupils congregated to do the planting watched by some of residents. The garden is a peaceful place and the long fence has been enhanced by the thriving shrubs.





### LANDLORDS!

Are you looking for leasing specialists to manage your property or portfolio of properties? Leasing property can be a worrying experience. Let us take away the pain of leasing by matching the right tenants to your property – it's what we do!

We operate a **NO LET NO FEE** policy

Drop in or call us, we'll be happy to help: Bon Accord Leasing, 11 The Courtyard Cults, Aberdeen, AB15 9SD

T: 01224 739771

E: office@bonaccordleasing.co.uk

www.bonaccordleasing.co.uk









June Hodge Tel no 07715 454 165 junehodge@btinternet.com

#### INDEPENDENT MORTGAGE ADVICE

Moving Home First Time Buyer Remortgage Buy to let Mortgage

With a combined career of over 30 years in Financial Services we have a wealth

of experience in advising and meeting the needs of our clients

We can source a mortgage for you from the Whole of the Market together with exclusive deals offered to brokers like ourselves through our association with Legal & General Mortgage Club. We will recommend the most suitable mortgage once we have assessed your needs and affordability, it will be the one that best fits your individual circumstances. We can also advise on and arrange protection for your mortgage. For insurance business we arrange policies exclusively from Legal & General.

Our main aim is to provide a flexible and personal service with evening and weekend appointments if required.

Your home may be repossessed if you do not keep up the repayments on your mortgage

We usually charge £250 for arranging a mortgage, the actual amount payable will depend upon your circumstances.

Please call or email to arrange a mutually convenient time to meet.

Cults Otters Amateur Swimming Club

## "Swim Fit"

Fun activities for general fitness & to develop swimming skills for children aged 8 -14

Saturdays and Sundays from 3.15 pm - 4 pm During school term-time only at Cults Academy Pool

- Life saving skills
- Fun and games to build up fitness (not lots of lenaths!)
- Learn to dive

Need to have completed minimum of Aqua 3 and be able to swim 50m front crawl and 50m breaststroke

For more details, please contact:

Sonia Richardson on 01224 316 854 LTS@cultsotters.org.uk

www.cultsotters.org.uk





**Cults Otters Amateur Swimming Club** 

## Learn to Swim Classes

For beginners and improvers For children aged 4 and above

#### **Cults Pool:**

Monday 4 - 6 pm Wednesday 6.30 - 7.30 pm

Friday 4 - 5 pm

Camphill Pool:

Saturday 12 - 4 pm Sunday 12 - 4pm Saturday 9 - 11 am Sunday 9 am - 1 pm

Aqua 1 - 3 and Development 1 & 2 Classes
Places also avaiable for competitive swimmers
Visit our website for further information

For more details, please contact

Jo Gibson on 01224 868 124 LTS@cultsotters.org.uk

www.cultsotters.org.uk



S C D T T I S H swimming everyone can swim!

#### News from Councillor Aileen Malone

#### Local Plan - Friarsfield

On the 8th September CALA & Stewart Milne Homes held a combined public exhibition in the Cults Hotel on their proposed Friarsfield development. This is the first in what I hope will be many public consultations for the proposed 280 new homes. The Friarsfield development is currently scheduled to have a Development Framework, which is a step away from a masterplan. This site is part of the previously agreed but still current Local Plan.

The exhibition raised many concerns amongst residents. I have welcomed the considerable amount of correspondence from local people. There are gueries and complaints about the following issues.

- \* Local road network capacity and need for improvements
- \* School Capacity
- \* Medical centre
- \* The proposal from the developers to close Jacob's Ladder
- \* Road safety in the Kirk Brae area

I will do all I can to have these issues addressed. Developers should hold further public consultations as residents need more information. Please keep in touch with your comments and I will continue to do what I can to help local residents.

Scotia Homes, submitted an early planning application for 10 private detached houses in the adjacent field at Friarsfield Road. A site visit took place on 26th August. Unfortunately, all discussions during the site visit regarding the road access to this development fell on 'deaf ears' and I am sorry to say that permission was granted.

#### **Oldfold Farm**

I also attended the planning workshop held by CALA on the proposed development at Oldfold Farm. This is another proposal that is causing considerable local concern. This includes 550 mixed tenure housing, five hectares of land for employment opportunities and a new primary school. The workshop, held on 7th September, was the next stage of community engagement. Several invited groups and individuals were selected to offer opinions about various aspects of the development. There were many issues that need to be addressed by the developer. I am keen to hear from local people so that I can relay and represent local concerns.

#### **Development Management Sub Committee**

To enable me to attend with voting rights I substituted for a colleague on the site visit for nine houses at Earlspark, Bieldside, on the 26th August. I am pleased that the visiting committee agreed to my request to refer this back to the committee for further consideration. This gave officials the opportunity to work with the developer to amend the plans and to address problems about the impact on neighbouring properties on Earslpark Circle. Residents also complained about road safety and speeding problems in the area and said that traffic calming is needed. I am delighted that Stewart Milne homes will fund traffic calming measures on Earlspark Avenue.

This issue now goes to the Development Management Sub Committee on the 29th September for a decision.

#### **Winter Maintenance Plan**

I know we are still only in October and we do not want to think about what may lie ahead of us during the next few months. However, the Council has given consideration to its Winter Service Plan. The information on routes etc is now online at: http://www.aberdeencity. gov.uk/transport streets/roads pavements/roa winter main.asp

This webpage inclues a facility for reporting problems, weather, news updates etc. The aim is that residents will be able to find out exactly when a street will be cleared. Salt and sand have been stockpiled to levels exceeding that of last year. Hopefully this will see us through what by all accounts is likely to be another severe winter.....Roll on sprina!

#### **Cults Square**

As the city's Housing & Environment Convener, I have supported community involvement in local projects throughout the city through the "Community Gardens Scheme". Several areas have started residents groups and these are now running well. Though budgets are tight, the Council always needs to try and assist local people in any way possible. If you would like more information on running such an activity, the contact is Mr Steven Shaw, Environmental Manager on 01224 489273 email: stevens@aberdeencity.gov.uk

#### **Double Yellow Lines**

Several residents raised concerns with me about traffic safety at the junctions of Quarry Road/North Deeside Road/ Manse Road and at the lay-by on Kirk Brae. The Council has investigated the situation and the result is a solution with "no waiting" restrictions at both locations. This is a compromise to try to find the best outcome to aid traffic safety. It is now vital to monitor these safety issues to see what more can be done.

Can I wish you all a very Happy Christmas and hopefully we will not have severe a winter? If you need to get in touch with me regarding any issues, please contact me at the following. I look forward to hearing from you.

Councillor Aileen Malone Town House **Broad Street** Aberdeen AB10 IFY

Office: 522356 Home: 862189

Email: amalone@aberdeencity.gov.uk



### **QUALIFIED** CHIROPODIST/PODIATRIST

Yvonne M. Thomson MSSCh. MBChA. H.P.C. Registered

Home Visiting Practice Est 1998

New Patients Welcome Tel: 01224 - 869509

MEMBER OF THE BRITISH CHIROPODY AND PODIATRY ASSOCIATION









## A WEALTH OF **EXPERTISE ON YOUR DOORSTEP**

Vincent Heneghan offers specialist advice in a wide range of areas including:

- Investment Growth
- Retirement Planning
- Inheritance Tax Saving



For further details contact:

Vincent Heneghan

Tel: 01224 202400

Mobile: 07710 471815 Email: vincent.heneghan@sjpp.co.uk Web: www.sjpp.co.uk/vincentheneghan



## Aberdeen Waldorf School

Teaching through head, heart and hands



Mainstream Steiner Waldorf Education for the Early Years

Parent and Toddler Group

N/ednesday 9.45am - I I.45am

Kindergarten for 3 - 6 year-olds

8.30am -12.30pm Monday to Friday

Aberdeen Waldorf School Craigton Road, Cults Aberdeen, AB I 5 9QD Tel: 01224 868366 www.aberdeenwaldorf.co.uk

Registered Scottish Charity No. SC012895



## **Cults Primary PTA Update**

The start of the new school year seems like a long time ago now, because the PTA

has been so busy.

With help from a range of local employers, the PTA was able to fund the purchase of a Notebus (laptop) Trolley during the summer holiday. The equipment was finally put into use in September and is already making a huge difference to our children's access to IT. We are planning a "thank you" event for the organisations that contributed to the trolley and will report again on this in the next edition of MBC News.

The PTA was delighted to be able to provide three new TVs for the school (for each of the Green, Blue and Red units) at the start of the new school year. We are enormously grateful to Dick Karpinski & Partners, who installed the TVs and associated equipment quickly and efficiently and at a rock bottom price. All the TVs are in steady use and staff and children are delighted with their "new" AV rooms! Our AGM was well attended and gave us the opportunity to share a final summary of our 2010/11 activities. We've also secured a few new "committee members" (event co-ordinators) who will take charge of some of the new events that are planned - some are fundraisers, others are just for fun!

Our photography fundraiser with Joanna Stewart, in September raised £XXX. We were delighted with the service and quality of the pictures provided by Joanna, and will definitely run this fundraiser again. Our 200 Club also got off to a good start in September, yielding £72 in prizes for three lucky parents. The 200 Club is open to anyone connected with Cults Primary School and is a simple means for the PTA to raise funds, whilst offering "members" the chance to win cash prizes. New members are welcome and can join at any time; the membership fee is simply pro-rated to the number of months left in the school year.

November is set to be a rather manic month. Our annual Scholastic Book Fair will run throughout w/c 31st October. Last year, the book fair generated £2400 in book vouchers for the school, saving the PTA from having to provide cash, and allowing the school to purchase books as and when it chose throughout the year. We hope to raise a similar sum this year.

Our Christmas Fair will take place on Thursday 10th November (7-9pm) and will



include loads of new sellers; various beauty treatments (hair, nails, henna tattoos, massage etc.) as well as some demo events including yoga and zumba! The price of the entrance ticket includes a complimentary glass of mulled wine or cider, and mince pies. We hope that the whole community will take the opportunity to come and see what fabulous goods and services are available locally, and that we can help you find new and interesting Christmas presents for loved ones!

Our next Bag2School drop-off is on Saturday 19th November (10am - 12noon). If you are having a pre-Christmas clearout, please consider bringing your unwanted clothes, belts, bags, shoes and soft furnishings to the school. The items will be collected by the Bag2School organisation and will be sold on in Eastern and Western Europe, Africa and Asia or recycled for use in bed manufacture, socks, blankets and the industrial wiper trade. The school receives commission for each tonne collected.

We are introducing a new event at the end of November - our Family Ceilidh. On Saturday 26th November, we are set to enjoy a family afternoon out, (re-)learning our Scottish Country Dance steps! We plan to have singing, dancing and bagpipes - and celebrate our Scottish heritage. Judith Riddoch will be MC'ing the event and we are all really looking forward to it!

Cults Primary PTA is now on Facebook (search for Cults Primary PTA, and "Like" us, to receive regular updates via your newsfeed). Our meeting minutes, newsletters etc are all published on the school website at <a href="http://www.cultsprimary.aberdeen.sch.uk/page15.html">http://www.cultsprimary.aberdeen.sch.uk/page15.html</a>.



Cert. Pilates. Inst. MAPPI Experienced physiotherapist

### PILATES CLASSES

PETERCULTER SPORTS CENTRE

Mon & Tuesday afternoons
Tues & Thursday evenings
CAMPHILL SCHOOL MURTLE
Wednesday evenings
CULTS CHURCH
Friday mornings

Contact details solveig@pilatesaberdeen.com www.pilatesaberdeen.com 01224 861421





1 Kirk Manor Court, Cults AB15
9SF 2 Bedroom (McCarthy &
Stone) Retirement Apartment
Ideal Location in the Aberdeen garden suburb
of Cults. For Sale: In region of £295,000
For Rent: In region of £750/month
Tel. 01224 861745 / Mob. 07743
402680

ronald.duguid@btinternet.com



## **Winter Tennis at Cults**

As November arrives, Cults Tennis Club members are looking out their thermal layers, fleeces, gloves and hats to combat the chill of the winter weather. Tennis continues in all seasons provided the courts are free of snow and ice. Coaching takes place after school and on Saturday mornings for children. Beginner coaching sessions for adults are on Tuesday mornings and Sunday evenings. Social activities are ongoing. The fireworks display for November 5th is followed in December by a members' Christmas meal. On the Saturday prior to Christmas there is a traditional afternoon with mulled wine and mincemeat pies in the clubhouse after tennis.

2011 has been a successful year for competitive Cults players. The Ladies Team won the North East Regional Finals in June and the Mixed Doubles Team retained the Fleming Trophy in September.

There are some brilliant junior players in the club and two in particular deserve a mention. Morven Duff and Adam Irvine have played in several tournaments including the local City of Aberdeen, North East Tournament and Cults Club Championships, winning many categories and trophies. Adam played in the Nairn and Moffat tournaments and reached the finals in both. In the Road to Wimbledon National Tournament Morven was successful in the preceding rounds and had the opportunity to play and played well at Wimbledon.

In the event of idyllic cold dear blue sky North East days, come and join us at 1.30pm on Saturdays and Sundays for a few sets of tennis.

For full information of activities go to the website at <a href="https://www.cultstennisaberdeen.co.uk">www.cultstennisaberdeen.co.uk</a> Also search for 'Cults Tennis' on Facebook for the latest news.







#### CULTS LAWN TENNIS CLUB

- Friendly local club
- Excellent facilities including 6 floodlit artificial grass courts
- Professional coaching team headed by Gareth Rennie
- Extensive coaching programme available throughout the year for all members (Junior and Senior)
- Weekly session for both social and competitive players
- Social events and club tournaments

Contact the Secretary Maggie MacLennan on 861485 for membership details Contact the Coach Gareth Rennie on 07714753607 for coaching details

www.cultstennisaberdeen.co.uk

### **Cults Cubs**

Cults Cubs have 36 cubs in the pack which meets on a Thursday night in the Cults Scout Centre.

In the Autumn session we have been working on Challenge badges as well as having a great activity day at Templars park in mid-September. The Cubs have been developing compass and tracking skills as well as learning about aircraft.

Two pack teams took part in the District five-a-side competition and in late October the pack went on a visit to Transition Extreme to try out climbing, bmx'ing and skateboarding.

The Cults Cubs presented £600 to Iftikar Mian of Emergency Medical Aid Trust. The money was raised from a sponsored silence and has been used to build a home for a family who lost their house in the Pakistan floods.

We will end the year with a trip to Peterculter pantomime (if they'll sell us tickets!) and our legendary Christmas party.

We have a busy waiting list of both Beavers and young people new to Scouting but if you would like to add a name to the list then please e-mail john\_b\_evans@me.com.



### **Cults Scouts**

It came as a surprise to find no less than 18 brothers (see photograph) at the annual Scout adventure week held near Aviemore. The brothers were among the 47 Scouts who attended the week under canvas. The nine pairs of male siblings was the highest ever record in camp. One set of brothers even had their sister at camp as well. If all the brothers in Scouts had been in camp, the total would have reached 26 brothers. Amazing! Maybe all these brothers and three sisters will attend next year's adventure week at the National Scout Activity Centre, near Edinburgh.

Over the past few months, there has been a steady increase in the number of applications to join Scouts. Although it does sometimes take a long time due to the large number of scouts, we do eventually find a place. Demand for places far outstrips supply. The many activities, camps and other events attended by scouts have resulted in an increase in the number of awards gained and much progress through the scout programme, including nine Scouts gaining the Zodiac Bronze Award, one of the top camping challenge awards.



# What is happening with 'Cults Community Centre'?

It is wonderful to see the facilities at Cults Sports Centre up and running. On Saturday and Sunday mornings the 25 metre swimming pool welcomes individuals and families, from the very young to the very old. Other facilities include an Astroturf pitch, Fitness Studio, two sports halls and a dance studio. There are also meeting rooms currently used by local groups and classes. All this is run by Sport Aberdeen and for the moment, its future seems secure.

Many of you enjoying these newly available facilities may be wondering what is happening to 'Cults Community Centre' and what is going to happen in the future. In an effort to save money the Council recently reorganised community learning and shed a large number of staff. Those who are left have to cover large and disparate areas of the city. Capacity Building Officer Fiona Gray has been tasked with supporting various Management Committees and Steering Groups, including Cults, which are now becoming responsible for running community centres and community learning programmes.

My understanding is that 'Cults Community Centre' does not consist of a building but the programme of groups and activities which have been taking place at Cults Primary, Cults Academy, Cults Sports Centre and premises in Milltimber and Peterculter for many years. At present 'Cults Community Centre' has a steering group of approximately 15 people – representing the various groups and classes which use 'Cults Community Centre' and afterschool care for children - and is trying to become a management committee. This involves drafting a constitution and business plan which meet with Council approval and electing officers (chairman, secretary, treasurer etc.) so that they can take responsibility for the community education programme in Cults, Bieldside, Milltimber and Peterculter. There is some clerical help available and funding for the transition period but it is hoped to be up and running by April 2012. In the meantime activities continue as usual.

One advantage of the Cults situation is that the Management Committee will not be responsible for the buildings used for classes and groups. Also the community reception area in Cults Primary will soon revert to school use. The Committee will be expected to organise the programme, recruit and pay staff and develop new opportunities for further education in the future. Fortunately there are many capable people in the area willing to give up their time to ensure that this valuable facility remains in our community.

Maureen McLennan



Dog Walking and Pet Sitting Service

If your pet is a V.I.P. to you. They are a V.I.P. to me too!!

Call Lorraine on

01224 - 734 139 or 07875 542 284





Adrills £2.50

MULLUS & S.S.S. Concessions & 1.50

Children £ 1.50



## **Cults Academy PTA**

... is a vibrant group of parents, teachers and pupils who work together to raise valuable funds for our school. Last year we raised over £4000. A big thank you to everyone who supported our events.

This year the PTA are organising a **Christmas Gift & Craft Fair** which is a wonderful, festive occasion where shoppers can buy unusual, hand crafted Christmas gifts in a relaxed atmosphere and enjoy a complementary mulled wine and mince pie listening to music provided by the very talented pupils.

In the New Year, our annual **Ceilidh** has been organised at **Ardoe House Hotel** where guests can dance the night away to the music of the fabulous band Clachan Yell.

The Summer term will bring a **Car Boot Sale** held in the grounds of Cults Academy which will give everyone a chance to recycle their belongings and pick up a bargain at the same time!

#### **Event Details:**

Christmas Craft and Gift Fair – Thursday 10<sup>th</sup> November 7-9pm

Clachan Yell Ceilidh Night- Thursday 2<sup>nd</sup> March 7.30pm

Summer Car Boot Sale – details to follow

Please come and enjoy these events and help us raise much needed funds for our school.

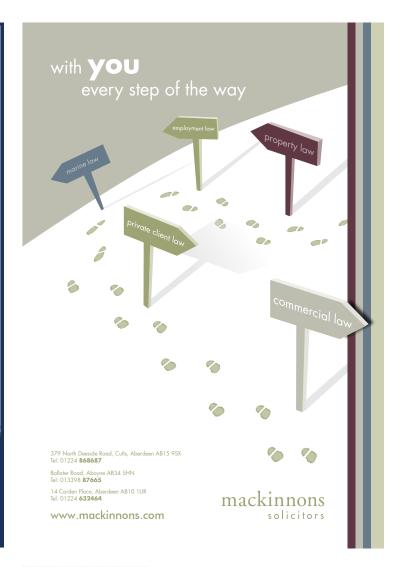
The PTA is always open to new members and helpers. If you would like to get involved please contact Karen Hennigan for details – e-mail: <a href="mailto:karenhennigan@live.co.uk">karenhennigan@live.co.uk</a>



### Affordable computer support for your home or business needs

- 1 Virus and spyware removal
- PC healthchecks
- System start up issues
- Laptop repairs power, screens, keyboards
- **Internet & email setup**
- Wireless networking and security
- Hardware and software upgrades
- **Data backup and recovery**

Call now on 01224 531166 visit www.contlaw.co.uk or email andrew@contlaw.co.uk





- ▲ Alterations & Extensions
- Architectural Services
- ▶ Planning Approval
- **►** Building Warrant
- ▶ Project Management
- ► Free Initial Consultation

Graeme Thom

m:: 07971 194 770 graeme@ASPECT-bs.com The Old School **GARLOGIE** Westhill Aberdeenshire AB32 6RX

www.ASPECT-bs.com t:: 01224 746 855

**ASPECT Chartered Surveyors** 



### People in Milltimber, Bieldside and Cults can become community champions by helping ChildLine be there for children and young people.

A vital helpline is asking people in Milltimber, Bieldside and Cults to be a community champion and help children in need of help and advice. The ChildLine service in Scotland needs more volunteer counsellors at its Aberdeen base.

The ChildLine base has already answered thousands of calls and online contacts from youngsters in need of help and advice.

Young people can contact the service by phone but they can also access help through the ChildLine website where they can have a 1-2-1 chat with a counsellor, send an email to ChildLine, post messages on the message boards and get lots of advice and information on any issue.

Elaine Chalmers, Head of ChildLine in Scotland, said: "We urgently need people from the Milltimber, Bieldside and Cults community to become volunteer counsellors and counsel children and young people in need of advice and support.

"The great thing is anyone can volunteer - you just need to respect and value children and have a commitment to help. You don't need any experience of counselling or working with children as we will provide full training.

She added: "With more volunteers we can be there for more children whether they choose to contact us online or on the phone. Volunteers are at the heart of what we do and by joining us you can help make a difference to the lives of children and young people."

To find out more about becoming a ChildLine volunteer counsellor please get in contact with Kerri Stewart, ChildLine Aberdeen volunteer coordinator on 0844 892 0200 (in Aberdeen). Alternatively email volunteering@childline.org.uk or visit www.nspcc.org.uk

#### Case study: Kelly aged 13

Kelly lives in a very rural area. She contacted ChildLine online as a result of being bullied on the school bus by a gang of girls from another village. She dreaded the journey to and from school and had persuaded her mum she was too ill to go on a few occasions.

It sounded quite nasty, Kelly had money taken from her, was constantly ridiculed and had been kicked and punched. On one occasion her mum had met her at the bus stop with her dog and the girls had said they were going to get the older brother of one of them to kill the dog.

What stood out was Kelly's isolation and vulnerability. She didn't have a mobile phone as there was no signal and the home phone only took incoming calls because there had been a problem paying the bill. Kelly used a computer at school to contact ChildLine.

Kelly talked to a counsellor about ideas as to how to make the journey safer. She decided she would sit near the driver whenever possible. Maybe if the girls knew someone was looking out for Kelly they would pick on her less.

Kelly decided to tell a teacher at school what was happening. This took a lot of courage as Kelly was afraid the bullying would get worse. The name calling continued but she was no longer attacked by the girls. Kelly and the counsellor found a way forward that she felt OK about and she knew she could contact ChildLine again if she needed to.

"This sample case draws on what children tell ChildLine but, to protect confidentiality for young callers, it does not describe a specific case".



The August walk started at Glen Shee car park and first gear was used to make the stiff climb from the car park straight up the track to Glas Maol. The walk continued across Cairn of Claise, Tolmount and Fafernie until the group climbed to the summit of Carn an t-Sagairt Mor where the newly formed plane spotters group decided to search for the wreckage of the Canberra. We had great views all day and although the sun did not shine much, the visibility was good to the north and across to Lochnagar. The walk down and out along the Ballochbuie Burn was uneventful until a small group of walkers discovered some bee hives in the Ballochbuie Forest. One of the group members, who really should have known better, allowed his curiosity to get the better of him and approached the hives. This annoyed the residents who pursued the group angrily down the path at speed for some distance. Fortunately the only member stung was the chief culprit, and this event brought an unexpectedly energetic close to a great day's walk, finishing up at Invercauld.

New members are always welcome. Why not come along and see for yourself what a varied programme we offer. The club website http://www.cultshillwalkingclub.org. uk/ has details of the club walks and other activities or contact. Chairman, Andy Roberts on 01224 733710, andylacyroberts@hotmail.co.uk or Membership Secretary John Adams on 01224 868402. Email: john@adamsnet.co.uk

	<b>Evening meeting</b> Cults Community Centre 7.30 pm		Sunday Walk Various pick up points	
3 Nov	<b>Granite</b> Talk by David Millar	13 Nov	<b>Creag An Sgor</b> 9 or 15 km	
25 Nov	Quiz Night at Kippie Lodge 7.30 for 8.00 pm Why not come with friends and enter a team			
1 Dec	Wildlife Crime Talk by Andy Turner	11 Dec	<b>Hill of Fare</b> 11 or 14 km	
12 Jan 2012	<b>Explore Patagonia</b> Talk by Jackie Hatchwell	15 Jan 2012	<b>Kerloch</b> 15 km	

## the Oven Valet Oven Cleaners

Doing the jobs you hate! Bringing the sparkle back to your oven using non



toxic, non caustic products in your home.

01330 823079 07920 483 233

www.theovenvalet.com info@theovenvalet.com





**Exercise to Inspirational Music Improve Fitness, Flexibility and Strength** 

#### Have fun!

Hillview Community Church – former IBC, Cults
Pay per class – No termly fee

See listing at back of MBC News for class times. Visit <a href="https://www.FSAberdeen.co.uk.or-phone-01224-861450">www.FSAberdeen.co.uk.or-phone-01224-861450</a>

## ABERDEEN AESTHETICS

By Vicsan

Treating Facial Lines and Wrinkles
Facial Rejuvenation
Restylane

Treatment for Underarm Sweating
Skin Care
Dermaroller

For a consultation with fully qualified Medical Practitioners please contact:

#### Orkid

85 North Deeside Road Bieldside Tel: 864444

www.vicsan-aberdeen.co.uk

## Tor-na Dee through the years

Locally, it's better known as the Tor-na Dee Hospital. But the large granite building now called Woodland Grove has had many names, seen many faces and known many functions. Until its renovation into luxury apartments in 2010, its main purpose was health. Over the years, residents have included the Victorian elite, war veterans suffering from TB and local



convalescents. Today, as Woodland Grove, it attracts affluent homeowners. Whilst its medical days are over, the beautiful Victorian granite structure and green grounds still echo its past days of health promotion and rejuvenation.

The story began in 1899. In Milltimber, a new development had been privately commissioned by Reverend Dr Alexander Stewart. Dubbed 'The Deeside Hydropathic', it was officially opened on 31 May 1900 by the Lord Provost of Aberdeen and became a centre for hydrotherapy, the healing of the body via a series of water-based treatments. Its function reflected a contemporary Victorian fashion for hydrotherapy which spread through England and Scotland during the 19th Century.

Guests to the Deeside Hydropathic could use a variety of baths and make use of the croquet lawn, the bowling green and tennis courts within the grounds. An early advertisement invites visitors to enjoy "the privilege of salmon and trout fishing in the River Dee" and the close proximity to "Balmoral Castle, Her Majesty's summer residence." Its location was undoubtedly a selling point for those wishing to improve their health. Residents were promised the experience of Deeside's climate, "the most healthy and bracing in Great Britain."

By the time of Dr Stewart's death in 1909, the Deeside Hydropathic was fully established as a retreat for healthy minds and healthy bodies. The site was a true blend of leisure and health, but sadly, this Victorian idyll was not to last.

World War I brought conflict on an unprecedented scale, and with it, a legacy in the form of disease. TB was endemic amongst returning troops, leading to an urgent demand for beds. Together with the British Red Cross Society, an Aberdeen consortium bought the Deeside Hydropathic. In 1918, following extensive refurbishment, it was converted into the Tor-na Dee Sanatorium. An additional wing was added in 1920 to cope with the high number of patients.

To the west, in Banchory, the Nordrach-on-Dee Sanatorium, later known as Glen O'Dee, also treated TB patients. It was slightly larger than its Milltimber counterpart. Somerset Maugham's 1938 story **The Sanatorium** is based on his own experiences as a patient there.

In 1945, after yet another war, the Scottish branch of the Red Cross acquired both the Tor-na Dee and Glen O'Dee sanatoria to provide treatment for TB sufferers returning from service. Both were transferred into the ownership of the NHS in 1955. As TB cases dwindled, the Tor-na Dee Sanatorium began to admit sufferers of any type of chest disease. In 1960, it became the Tor-na Dee Hospital and by 1988, it was a convalescent hospital.

In the years leading up to the Millennium, there were rumours of closure due to financial trouble. It had finally closed its doors to patients by December 2002 and no-one knew what would become of the old building.

In 2010, after falling into redundancy as a medical establishment, the Victorian building found a new lease of life as Woodland Grove, luxury housing for the over 55s, a joint venture between Bancon Homes and CHAP Homes. The main building was re-constructed and divided into apartments. The old hospital rooms and wards were transformed into living space for affluent older people wishing to downsize. The extensive grounds - with coniferous trees and grassy areas - have been retained and continue to benefit from that fresh and 'healthful' Deeside air.









Established 1971

## For Children $1\frac{1}{2}$ - 5 yrs

Playgroup: Mon to Fri 9.15 - 11.45

Lunch Club: Tues 11.45 - 1.00



Friendly, qualified playgroup team.
Secure outdoor play area.
Funded and non-funded places available.
Flexible number of sessions accommodated.
Child care vouchers can be redeemed.

For more information or to arrange a visit contact Amanda on 07502-126363 or

email cultsplaygroup@gmail.com

Member of the Scottish Pre-School Play Association In Partnership with Aberdeen City Council

## **Cults Playgroup News**

In anticipation of the planned redevelopment of the site of the former Cults East Parish Church and its halls, during the late spring and summer months Cults Playgroup made the move along the road to the North Hall of Cults Parish Church on Quarry Road. Although the distance was physically only a matter of a few hundred yards, we had many years of accumulated toys and books to cope with in planning the move to a slightly smaller location. Through the tireless efforts of the playgroup staff, willing parent helpers and some severely put upon members of the church, the move was successfully completed between the end of the summer term in June and the beginning of the new term in August. We did require to fund a new outdoor shed and fence for the premises. If any supporters of the Playgroup wish to donate a £1 towards our fundraising, we now have in place a text donation service, simply text CPLA11£1 to 70070.

The playgroup is for children between 2½ and 5 years old. We are running very happily in our new location, with the children currently working on themes of colour, the sea and dinosaurs. We are open every morning of the school term, from 9.15am – 11.45am Monday to Friday with a lunch club until 1pm on a Tuesday. We also run a 2's Group (ages 18months to 2½yrs) on a Monday morning. The roll is not quite full so anyone interested should feel free to contact the Playgroup Manager Amanda Furrie on cultsplaygroup@gmail.com.









We'd love you to join us at the mums and babies/toddlers group on a Tuesday at 9.45 to 11.30 during term time in the main hall of Deeside Christian Fellowship Church, Milltimber. We play with great toys, have a snack and sing some songs (and the mums have a coffee too!).

For more information call: Morven on 01224 744829

For more information call Morven on 01224 744829





### MBC Festival – Kid's Come and Try

We are delighted to report that the 2011 MBC Festival's new event – Kid's Come and Try – was a complete success. Cults Primary School is an ideal location for an event such as this, with lots of discrete spaces for the various "groups" to set up camp. The weather stayed nice all afternoon; and the school and grounds were buzzing with lots of local families in search of new and interesting activities to participate in.

We are grateful to the following organisations who gave their time and expertise freely for a fantastic community event:

- Gary Smith and his team from Babibelz (Street Drummers)
- · Ian Wilson Football
- Dave Cormack from Cults Cricket Club
- Lisa Taylor Dance staff and pupils
- Gareth Rennie from Cults Tennis Club
- Clare Haggart and the team from Phoenix Youth Theatre
- Juddith Riddoch's Scottish Country Dancing class
- Ronnie Watt's Karate Group
- Jilly Orr for the French lessons
- Spanish presentation by Rosario MacLean
- Cults and Milltimber Brownies and Rainbows
- Jo Gibson and the team from Cults Otters
- · Sally, who brought Holly the pony from Oldfold Stables



Cults Primary PTA provided refreshments, and raised £100+ towards school funds. We are sure to repeat this event in future Festivals; if you have ideas for improvements or want to get more involved – please contact Tracey Davidson via MBC News.



2

## Aberdeen Deeside Rotary Club events at the MBC Festival

As we have done in previous years, we had a Walk/Run along the old railway line starting at Cults and doing either five or 10 kilometres. It was held on Sunday 21st August and the weather was fine. We had over 60 people competing aged from 3 years to over 65. Most people were sponsored and the main beneficiary was Heart Chest and Stroke Association who will receive £1,000 and the rest of the money will be spent in Rotary charities both local and international. It was a fun day for all who attended.

On 26th August we ran for the first time a Car Treasure Hunt which again started in Station Road, Cults. This was in place of a fun morning at the Cults Outreach Centre where we previously had various games and a bouncy castle. We had a decent turn out from our club but unfortunately no other person was there. Again it was a lovely evening for a trip with a radius of around 20 miles ending up with an excellent supper at the Easter Anguston complex. We raised a little money and the Club will donate in total the sum of £400 to the local charity Befriend a Child.

### MBC Festival Art Exhibition

The 2011 MBC Festival Art Exhibition in August was held in Milltimber Community Hall and the items on display depicted many local scenes at different times of the year. Other subject matter demonstrated the interests and the varying artistic styles of the exhibitors who live, work, or participate in art groups in the MBC geographical area. The items submitted for display by 36 artists included framed paintings, mounted work, greetings cards and examples of wood turning.

Despite the modern day busy lives of local residents, art is alive and developing and the results were appreciated by non-painters at the exhibition. As in previous years, visitors were asked to identify the number of their favourite picture on display. The first four items were:

iuiiii	Jei oi tileli	lavourite picture on display.	THE HISCHOUL ILEHIS WEIG.
l.	No. 54	Winter Cruising	by Dave Harkness
2.	No. 80	Tree Frog	by Fiona Emslie
3.	No. 43	Port Scene	by Sandie Youngson
l.	No. 135	Cottages at Johnshaven	by Kathleen Bremner

The Art Exhibition Committee members would like to thank the ladies who run the Toddlers' Group at the Community Centre for providing drinks and tasty food for the visitors, artists and helpers. The proceeds of this action will be used to extend the supply of toys and equipment for the toddlers. Thanks also go to pianists Bill Anderson, Margaret Black and Cath Johnston for kindly giving time to provide music throughout the exhibition.

Artists of Cults, Bieldside and Milltimber – NOW is the time to start preparing for the exhibition in 2012!

## MBC Festival Report 2011

The Art Exhibition in the Milltimber Community Hall was the opening event of the 2011 Festival. Mr Iain Smithers, Headmaster of Cults Primary School performed the official opening with an entertaining speech and music provided by Bill Anderson contributed to a very enjoyable social evening. The exhibition continued over the weekend and refreshments organised by the Milltimber Playgroup proved popular.

<Music in the Sanctuary> held in the Cults Parish Church was included in the Festival programme for the first time. The performance by Kay Ritchie (Flute) and Richard Bailey (Piano) provided a very entertaining end to the first weekend of the Festival. Following the Leprosy Mission Coffee Morning on Saturday 20th August another very successful new event this year was the <Kids Come and Try> afternoon at Cults Primary School. There was an exceptionally large attendance with children trying out the variety of extra-curricular activities available locally.

This was followed on Sunday by the <Fun Run/Walk> along the old railway line organised by the Rotary Club which as usual raised a considerable amount for charity. The <Car Treasure Hunt>, another new event also organised by the Rotary Club, began the very busy final weekend on Friday 26th August. St. Devenick>s <Family Fun Day> followed on Saturday, with Cults Bowling Club Open Day and <Songs of Praise with the Northfield Community Band> on Sunday. The Cults Tennis Club, Zumba Class and American Square Dance Class all held successful <Come and Try> sessions.

More details of some events are in the individual reports and the Festival Committee would like to express their thanks to the organisers of all the events and their helpers for their hard work in making the Festival so enjoyable for everyone who attended. The Aberdeen Deeside Rotary Club can be relied on to provide enjoyable activities while raising significant amounts for charities. Although the loss of the Outreach Centre grounds and halls meant that some of the old favourites such as the children's pet show, calligraphy exhibition and games taster day were missing this year, the Festival still attracted good attendances and we hope could be regarded as a success. The Committee wish again to thank those who provided the venues for the events, the ladies who provided the refreshments, the Community Council for their much needed financial support, the local businesses and press for help with publicity and again all those involved with the organisation of events. Finally, without the public support there would not be a Festival at all and so we thank all who attended the various events.

We would like to take this opportunity to appeal for help in organising any future Festivals. Your comments, criticisms and suggestions would be very welcome.

Please contact John Page, Chairman (tel. 867988) or Joyce Wright, Secretary (tel.867398).



## St Devenick's Church Family Fun Day 2011

The Family Fun Day took place on Saturday 27th August during the MBC Festival fortnight and this year we further expanded our range of activities. Weather forecasts were for rain and high winds so provision was made for keeping visitors dry, utilising three large marquees in the main activity area in the top car park as well as music and dance programmes in the Church and teas and cakes in the Hall. In the event, the day was dry and calm and visitors came in similar numbers to previous years.

Thanks to a lot of hard work by all the volunteers who helped to get the facilities up and running, one o-clock saw festivities begin and an initially small crowd gradually expanded throughout the day. We had a varied programme in the church, including musical performances as well as a dance display by the Junior Scottish Country Dancing Group and this year we also had music in the main marquee, provided by a folk singer and a jazz ensemble, the latter being complemented by a couple of our members who gave solo trombone support later in the afternoon. Visitors had a choice of refreshments in the Hall, or waffles in the catering tent.

The Bouncy Castle and Beat the Goalie competition again took place in the Rectory Gardens and Messy Church was enjoyed by all in a marquee in the car park. This year a clown entertained the children as well as motorists and bus passengers on North Deeside road, to the delight of all. We also had visits from our local councillor, police representatives and our Community wardens.

The general conclusion was that there was a happy and lively buzz all afternoon with everyone enjoying themselves and being involved in a community activity. This year's surplus of £410 went towards victims of famine in Africa and a local charity, Riding for the Disabled.

Many thanks to all those involved in organising and running the event and also to those who supported it and came along to enjoy it. We look forward to welcoming you as our guests next year.





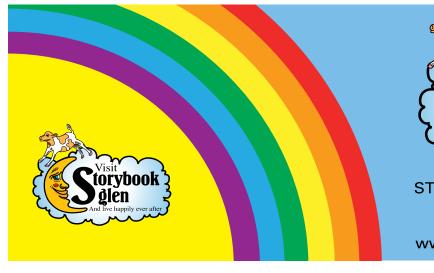
## **KELLY OF CULTS**

In 1902, Benjamin Kelly founded his family bakery business on the principles of Quality, Value & Service. At Kelly of Cults, some things never change.

Visit our Costcutter supermarket in Cults for all your daily grocery shopping needs:

- \* Groceries
- \* Fresh Bakery
- \* Wines & Spirits
- \* Fresh Fruit & Veg.
  - \* Frozen Foods
    - \* Fresh Fish
  - \* National Lottery
    - \* PayPoint
- \* Daily Newspapers
- \* Home Deliveries

Tel: 0845 456 1902 Fax: 01224 869864 345 North Deeside Road, Cults, Aberdeen, AB15 9SX





STORYBOOK GLEN, MARYCULTER, ABERDEEN, AB12 5FT Tel/Fax (01224) 732941 www.storybookglenaberdeen.co.uk



charity shop

57-59 North Deeside Road, Bieldside Tel: 01224 861830 Open Wednesday to Saturday, 10am to 4pm

LOTS OF GOOD THINGS...
AT VERY GOOD PRICES!

Come in and see us for a REAL BARGAIN

FRIENDS OF CAMPHILL MEDICAL PRACTICE
Registered Scottish Charity SC035583



Garden & Landscaping Services



Gardens & Lawns

Hedges, Paths, Fences, Patios & Decking Garden Design & Landscaping Projects Commercial & Residential Friendly & Professional Service



FSB Gordenors Guild Guild Guild Guild Guild Guild Guild Free Estimates Contact Moira on 013398 82496



www.classicabode.co.uk

## Help preserve historic railway

The Royal Deeside Railway Preservation Society was formed several years ago with the objective of resurrecting a stretch of the old Deeside railway line. The thinking behind the project was that, besides being of educational use, it would provide a living historical experience to visitors and would benefit the whole Deeside area by adding another visitor attraction. The original Deeside line was closed in 1966 and work started in 1970 to remove the track and infrastructure. As a result, there was nothing left except the track bed, and the current one mile of operating track we have was built virtually from scratch.

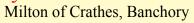
Everything at the railway, from laying the track to making the coffee for visitors, is carried out by a small band of dedicated individuals without whose efforts the railway would not now exist. To continue with development of the railway, we desperately need more volunteers to help in all aspects of the operation - building the track, maintaining and repairing the locomotives and rolling stock, manning the shop and buffet car on operating days, drivers and guards, fund raising, administration etc. You don't need to have any railway experience (clearly illustrated by the current motley crew!) - all you need is a bit of enthusiasm and a «let's give it a go» outlook. If you can help, please get in touch through our website."

www.deeside-railway.co.uk

## **SANTA SPECIALS**

MEET SANTA ON THE TRAIN!

Royal Deeside Railway



EVERY SATURDAY AND SUNDAY FROM 3rd December to 24th DECEMBER

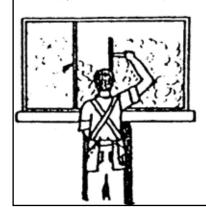
Monday 26th December: Mince Pie Specials Monday 2nd January 2012: Hangover Specials!

First Train I Iam then every half-hour until 4pm

Services operated by Deeside Railway Co. Ltd for Royal Deeside Railway Preservation Society
www.deeside-railway.co.uk

#### WINDOW CLEANER

In MBC area since 1983



Licence/ Insurance Free estimates Sills Clean included Roof Gutters Cleared

Tel: Gordon or Paul 01224 - 825565 or 07762 149712 clean33@talktalk.net



Main Gathering, Sunday, 11am with Creche & Children's Church

Ascend Youth, Sunday, 6 - 8pm

Mainly Music, Thursday, 9.45 - 11am

For information on prayer, small groups, seasonal events and church activities see website

Earlswells Road, Cults, AB15 9NY (behind Cults Primary School) formerly International Baptist Church

www.hillview.cc 01224 868096 info@hillview.cc



The GDFAS season is now under way and the first two lectures were very well attended, entertaining and informative. We warmly welcome all existing members and would be delighted to see visitors who, having come once, won't be able

to resist coming back for more. Please join us for a glass of wine or a soft drink at 6.45, prior to the lecture, which begins at 7.30. Visitors are requested to make a  $\pounds 5$  donation.

#### 2011

November 9 AGM followed by:- The Nymph on the Plinth.

British Public Sculpture

December 7 The History of Stained Glass seen through the

Christmas Story

2012

May 9

January 11 Who Says? Can we Trust the Experts

on good and bad in Art?

February 8 Shafts of Light: The Phenomenon of Mining

Art

March 14 Travel Broadens the Mind: Artists

and their Travels from Van Eyck to Gauguin

April 11 Embroidered with Woodbine and Eglantine.

Elizabethan Textile Furnishings

Angels, Saints and Virgins – the extraordinary

Art of the Hispanic Andes

June 13 Houses and Gardens of the Bordeaux Region

The venue is Robert Gordon's University, The Faculty of Health & Social Care, Inchgarth Road. (If you're coming from the Bridge of Dee, it is the next set of lights on the left after the David Lloyd Centre). For more information please ring Alison on 01224 869639 or Thyra on 01224 481278

## St Devenick's Playgroup and Rising Fives



A big hello from the children and staff at St Devenick's Playgroup and Rising Fives! This term we have been looking at health and wellbeing and the children have been full of ideas and suggestions about how to keep fit and healthy. We've even created a mini-gym at the Playgroup with an exercise bike and other equipment to keep us fit.



For snack one week the children all got creative and made delicious vegetable soup, which was a great success. As part of the topic we have also focused on healthy foods as well as looking at other foods that we should eat less often. After harvesting our wheat from the

Playgroup garden the children used it to make bread and our potato crop was used in the soup. It is fantastic for the children to see the end product of the seeds and vegetables that we planted earlier in the year.

The St Devenick's Playgroup vegetable shop has also been open for business although Kelly's of Cults shouldn't worry too much about the competition. The children played at being customers and shop keepers with some very interesting ideas about retail!

It has also been a busy year so far for fundraising including the famous St Devenick's Playgroup Race Night. The Playgroup Committee is also planning a Pamper evening and a family Ceilidh next year so please look out for details — all welcome!

Our Tots and Toddlers on a Wednesday afternoon from 2pm until 4pm is now being run by Karen, one of our playleaders. It's a warm and friendly group and a great way to meet other mums, babies and toddlers from the area. Call 07956 782805 for more information or just come along!

St Devenick's Playgroup is based on Baillieswells Road, Bieldside. Playgroup sessions run from 9.20 to 11.50am on Monday to Friday with lunch club on a Wednesday. Rising Fives sessions are from 12.30 to 3.00 on Tuesdays and Thursdays. If you would like to find out more about Playgroup or Rising 5's, please call Playgroup on 07931 223545 or phone Julie on 868644. Our website address is <a href="http://beehive.thisisnorthscotland.co.uk/stdevenicksplaygroup">http://beehive.thisisnorthscotland.co.uk/stdevenicksplaygroup</a>

Finally, we'd like to wish everybody a Merry Christmas from St Devenick's Playgroup and Rising Fives!

## Amber Kindergarten

Camphill Early Childhood Centre

Open Monday - Friday : 9.30 - 12.30 ages 3-61/2y

Purpose-built kindergarten

Large, outdoor play area

Homely atmosphere

Daily nature walks

Weekly artistic and craft activities

Well trained and qualified staff

In partnership with Aberdeen City Council

Part funded places available

For further information or to arrange a visit please contact: 01224 - 865893

## St Devenick's Playgroup



#### Bieldside

Established for over 30 years Member of the Scottish Pre-School Play Association In Partnership with Aberdeen City Council

Monday – Friday 9.20am - 11.50am $2\frac{1}{2}$  to 5 years

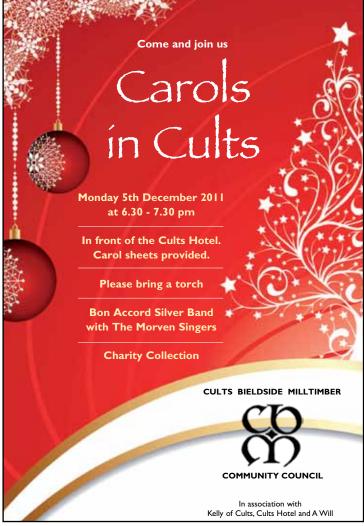
(not required to be potty trained)

Friendly, Qualified Staff,
Funded and Non-Funded Places Available
Healthy Eating Policy, Outside Play Area and Garden
Lunchtime Club – Wednesday 11.50am to 1.00pm

Rising Fives - Tuesday and Thursday 12.30pm to 3.00pm with Rising Fives Lunchtime Club from 12.00pm Tots and Toddlers - Wednesday 2.00pm to 4.00pm

Playgroup 07931 223545 or Julie Tel 868644

http:\\beehive.thisisnorthscotland.co.uk/stdevenicksplaygroup





## St Devenick's Church Bieldside

Find us on the main North Deeside Road at the corner of Baillieswells Road, by the traffic lights.

Everyone is welcome.

Our aim: to know God and to make him known.

Winter is closing in on us and the days are rapidly shortening, mirroring what seems to be happening in the economies of the western world. Let's hope that spring and new beginnings also will follow. As Christians our hope is rooted in who we believe God is. I recently read these words: God is one great, inexhaustible and eternal experience of all that is good and true, beautiful and right. The abundance of his love and generosity are inseparable from his infinite joy.

This is why Christmas is a time of great celebration. At the darkest time of the year and often in the darkest times in human history, God has shown again and again that we are not alone, left to our own devices. It is in his promises to us that we can find our hope in these uncertain days. Why not visit one of your local churches this winter time and be reminded of our reasons to celebrate.

#### We invite you to:

#### 'Bill Adair in Concert'

Thu, 24th November 7.30pm:

An evening of folk and blues music in aid of Children in Need

#### **Christmas programme:**

Sun, 18th December

10.30am Carol Service

3.30pm Messy Church

Tue, 20th December

6.00pm Christingle

Wed, 21st December

7.00pm Service for the Bereaved

Sat, 24th December

11.15pm Watchnight Service

Sun, 25th December

8.30am Holy Communion 10.30am Family Service

11.15am Holy Communion

#### Weekly worship

#### On Sundays

8.30am Holy Communion 10.30am Main Sunday service

1st Sunday of the month:

Family Service

2nd and 4th Sunday of the month:

Holy Communion

3rd and 5th Sunday of the month:

Morning Worship

**Crèche, Junior Church** for ages 3 to 11 years, and **Youth Church** for 11+ run at the same time as the main service on Sunday mornings.

#### **On Thursdays**

10.30 am Communion in the Lady Chapel

#### The Mix

For young people from age 10 upwards

On Saturday evenings in term times, except the last Saturday each month.

If you would like information about us or any of our activities, please contact

Paul 01224 861552

email paul@stdevenicks.org.uk;

or the Church office 01224 863574, (open Mon, Wed and Thu mornings during school term)

email office@stdevenicks.org.uk;

or www.stdevenicks.org.uk

### KIPPIE LODGE SPORTS & COUNTRY CLUB

To all Kippie Lodge members in the MBC area - Kippie has a packed schedule over the Festive Period, from Party Nights, Christmas Carverys and Christmas Day Lunch. Keep updated and visit our website.



Tel: 734747 or visit www.kippielodge.co.uk

Kippie Lodge in the heart of your community North Deeside Road, Milltimber.

### Classes at Peterculter Village Hall, The MCA Hall Milltimber & Broomhill

Book a block of 10 classes and only pay for 9!

**Tuesdays** 

18:30-19:30 Ruthrieston West Church, Broomhill (starting Tues 3 May)

MCA Hall, Milltimber 20:15-21:15

Wednesdays

18:00-19:00 Ruthrieston West Church, Broomhill

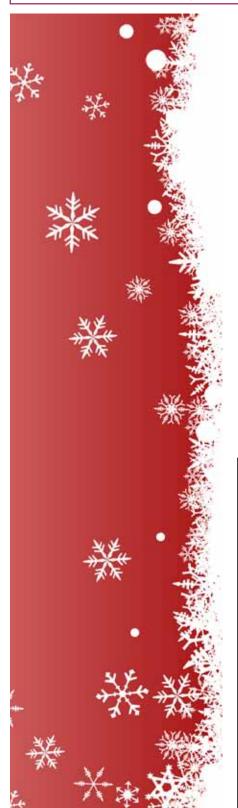
**Thursdays** 

10:30-11:30 Peterculter Village Hall (starting Thurs 21 April)

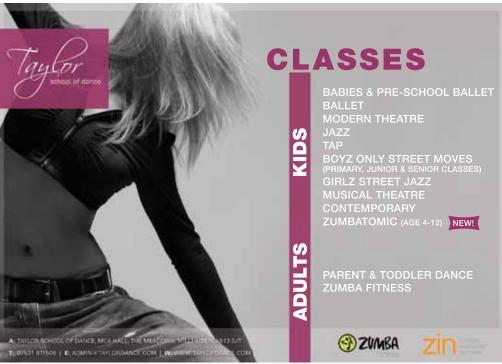
For more information, please contact Karen Ross/Lisa Sangster:

E-mail zumbafitness@taylordance.com Tel: 07531 811506 Visit: www.taylordance.com











We are an independent whisky and spirit specialist located in the west end of Aberdeen City Centre. We pride ourselves on our extensive range of over 1000 products from rare and everyday malt whiskies to weird and wonderfull spirits. With regular instore tastings and expert knowledge, we offer a relaxed and enjoyable experience.

- · Aberdeen's only whisky and spirit specialist shop
- Regular free instore tastings with friendly and expert advice.
- Over 1000 products from everyday whiskys to more unusual and specialised spirits
- Great range of gift ideas

### ABERDEEN WHISKY SHOP

474 Union Street, Aberdeen, AB10 1TS Tel: (01224) 647 433 www.aberdeenwhiskyshop.co.uk





# Late Night Christmas Shopping Nov. 24th & Dec. 8th 7-9pm

Christmas fayre & gifts in the Store & Giftshop from the beginning of November

visit us in Bieldside, Aberdeen

Newton Dee Store ~ Cafe ~ Gift Shop ~ Bakery

www.newtondee.org.uk tel: 01224 868609 or 868262

## Camphill Medical Practice

An integrated NHS practice with a holistic approach to healing



Conventional medicine and primary healthcare are complimented by Anthroposophic healthcare



Anthroposophic healthcare uses natural and homeopathic medicine artistic therapies counselling and massage integrated with

conventional medicine



www.camphillmedical.org.uk

Camphill Medical Practice, Incorporating the
Camphill Wellbeing Trust
a Scottish charity (SCO16291)



## Camphill School Aberdeen

Since I last wrote we have enjoyed one of our most successful Open Days with hundreds of visitors at the Estate. This year there were many new families with young children; they loved to play in the playground and enjoyed the many activities on offer, listening to the Culter Pipe Band and eating ice cream. The sun shone and all in all it was a wonderful family day out.... it is good to have such strong links to our local community. Next year it will again take place on the Saturday afternoon of the September bank holiday weekend and we look forward to seeing you then!

The start of the school year has again seen many new co-workers arriving from across the world. Troublesome however have been the new regulations from the UK Borders Agency which has put restrictions on the work/life balance for our non EEC students who wish to study the BA in Social Pedagogy which we run in partnership with the University of Aberdeen. This has resulted in there being no intake into the new first year, impacting on ourselves and our ability to train people here in Scotland who are then take what they have learnt back home, often to countries where there is little or no provision for those with special needs. On a more positive note we hope that our representations to the regulatory body will mean that the BA in Social Pedagogy will remain an accepted qualification for the kind of work we do in Camphill.

This term the Pupil Council has been busy in its efforts to promote Camphill School Aberdeen as an Eco School. Four topics have been chosen for the school to work at: Saving energy, Water usage, Litter and Waste minimisation. The pupils are working hard to achieve our goals and fly the flag! Last week the eco committee organised a healthy picnic as past of the national 'One Planet' day and we all enjoyed food only grown or prepared on the Estate. We are also hoping to build a greenhouse out of two litre plastic bottles; so please look out for collection points.

Looking towards the future Dr Olga Bogdashina, will return after the successful day last year and lead a day workshop on **Communication Issues in Autism and Asperger Syndrome** on Tuesday 15<sup>th</sup> November. Contribution for the day will be £80 and tickets and more information are available via the school office <u>i.ferries@crss.org.uk</u>

Laurence Alfred



## We are looking for new singers!

We are a group of ladies who meet every Monday to practice, socialize, perform & sing a cappella harmony, barbershop style.

Join the chorus, join the fun!

Come to our open evening on January 30<sup>th</sup> from 7.30 to 9.00 pm Drumoak Church Ha**ll**, Drumoak AB31 5EF

to find out more visit www.cityofroseschorus.co.uk

## Advice from Grampian **Police**

Over the last few weeks I have noticed a drop in temperature; it's raining more than ever and it is now dark when I drive home at the end of a night shift. Its official, autumn is upon us and winter is just around the corner. This article provides an opportunity to advise residents in the Cults, Bieldside and Milltimber areas to use the time to carry out an annual review of crime reduction and safety related issues.

On the road: We all remember the severity of last winter, so if your motor vehicle needs some maintenance, carry out early checks. This may spread the associated cost but more importantly, it will minimise the risk of you or members of your family being stranded in bad weather.

This is the best time to dust off the winter equipment that you should keep in your vehicle. A torch - a <wind up> type being the best option as there is no requirement to check the batteries; a spare blanket, small bag of salt or grit and a shovel or foldable spade. Having these items prepared well in advance and even placed in the boot of your vehicle now, will ensure you are fully prepared and improve your general safety on the winter roads.

Another important consideration is that of fitting winter tyres. A considerable number of motorists the police

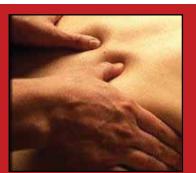
encountered commented that tyre dealers had had trouble meeting the demand at short notice. If you intend to make use of them, then consider ordering them early.

**In the home:** As the nights draw in, use the time to fit that security light you were meaning to do all summer. Have your home alarm system serviced and if you are out in the evening, consider fitting a timer switch to a lamp in the house. If it looks like you are in, an opportunist thief is more likely to move on to easier prey.

A recent spate of break-ins to garden sheds and garages in several communities of Aberdeen including Culter and Cults highlights the need for good locks to be fitted. At present bicycles are the target of the thieves and with the approach of the festive period this increases the demand for them. Why allow others to make Christmas presents of your property?

Other safety issues: I would also like to highlight a number of important child related Road Safety and antisocial behaviour themes. If your child walks to school, ensure they wear something reflective. A flashing LED light attached to a school bag is ideal so that they can be seen from a distance by motorists.

It is equally important to ensure lights are fitted to bicycles and that brakes are working efficiently as many road accidents are caused by children being unaware of their surroundings when cycling on some of the busier sections of roads in unsavoury weather conditions.



## Massage can help...

RelieveStress&AnxietySports InjuriesSciaticaBack Pain

Adhesions&ScarTissueArthritisHeadaches&MigrainesSleepingProblems Low EnergyImprove Blood CirculationRelaxationLower Blood Pressure & many more...

**MASSAGE THERAPY KINGSWELLS** Call 07818093973

Day & Evening Appointments Available

Kingswells, Aberdeen

Help yourself or help others, Gift Vouchers Available

Jules Hunter DSM DOSM DIHM SMTO

**Massage Therapist** 

## AVAILABLE TO RENT - BEAUTIFUL HOLIDAY Villa in South East Spain

This 2 Bedroomed, 2 Bathroomed attached villa on a 5 Star Golf Resort at Hacienda del Alamo, is just 40 minutes drive from Murcia Airport/or 80 minutes from Alicante Airport. The traditional town of Fuente Alamo is just 5 minutes drive away. The property has Air conditioning, Stone built BBQ in the pretty garden, is just steps away from the communal pool and is fully furnished to a high spec.

> For further details and rates please email: jan@murciagolfing.com

## Jacqueline Zuurendonk BsC, MCSP

CHARTERED PHYSIOTHERAPIST

Sport Physiotherapy Back-Neck Injuries Cranial Sacral Therapy

Telephone: 01224 - 865690

As we move towards November this introduces the annual sale of fireworks which are easily obtained. It is well known that about this time of year calls to Grampian Police increase from residents who have genuine concerns for their own personal safety and that of their property due to the irresponsible behaviour of some individuals who seek enjoyment of endangering others.

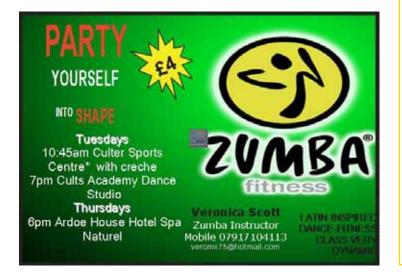
Although the first snowfall provides good fun for youngsters, Grampian Police urge all parents to speak with their children about irresponsibly throwing snowballs. A snowball thrown at a passing vehicle or pedestrian may could result in serious consequences should the motorist lose control or pedestrian be injured.

Finally returning to road safety, always allow additional time for travel purposes. If you drive in a hurried manner then you clearly increase the risk of being involved in or causing an accident. Please stay safe on the roads over the coming months. As a committed member of your Local Policing Team, I enjoy the opportunity to meet residents from my area, although preferably not at the scene of a road traffic accident or as the victim of crime.

#### **Constable Shaun Fowler**



Keeping our communities safe





#### **SERVICES:**

**S**ervices will be held at each Sunday at 10.30am.

#### WHEN THE SUN GOES DOWN:

Reflective, meditative, evening worship on the first Sunday of each month at 6.00pm.

#### **BAPTISMS AND WEDDINGS:**

We are always pleased to receive enquiries.

#### **HUB CAFÉ:**

The Hub Café is located at the Worship Centre, 1, Quarry Road. Enjoy light lunches and home baking and the company of friends, every Tuesday and Wednesday from 10.00am to 3.00pm.

#### **CULTS 050:**

The O50 meets at the Worship Centre, 1, Quarry Road. Lunch from 12.00 till 1.00pm and speaker from 1.00pm to 2.00pm each Wednesday. For more information, see the church's web site.

#### **CHRISTMAS TREE FESTIVAL:**

Dec 12<sup>th</sup> – 18<sup>th</sup>, 12.00 noon to 8pm.

**WORSHIP DURING THE CHRISTMAS SEASON:** Watch the big, bright poster at the front of the church!

**MINISTER:** Ewen Gilchrist, 1, Cairnlee Terrace, Bieldside, Aberdeen, AB15 9AE. Tel: 861692.

**YOUTH WORKER:** Rachel Ann Atkinson. Em: <u>rachelann.</u> <u>atkinson@gmail.com</u>

Mob: 0758 6421 404.

**CHURCH OFFICE:** Cults Parish Church, Worship Centre, 1, Quarry Road, Cults, Aberdeen, AB15 9EX. Tel: 869028. Em: cultsparishchurch@btinternet.com.

**SANCTUARY:** Cults Parish Church, Worship Centre, 1, Quarry Road, Cults, Aberdeen, AB15 9EX.

**WEB SITE:** www.cultsparishchurch.co.uk

## Music in the Sanctuary

The second recital series continues with following:

20.11.11. Iain Hall (cello) and Freya Hall (Violin and recorder)

22.01.12. Jean and Peter Webster.

19.02.12. Aberdeen Sinfonietta. Quartet led by Brian Dargie.

Time. 2.30-3.30 pm

Admission. Free. Donations gratefully received, the net proceeds from which will be shared between: Sightsavers, Instant Neighbour and the New Arc.

Refreshments served after the recital.

We look forward to seeing you.





## dentalinspirations

opened their new dental practice in Cults on Tuesday 3rd May. Chris Pumford BDS a long standing partner of Queens Road Dental Practice and his team have moved. Chris said, "After many years of working in the City Centre, I am delighted to be setting up my new practice in Cults, and be part of the community of which I will endeavour to provide the highest quality dentistry in a relaxed and caring environment". The practice ethos is all about preventative dentistry, listening to their patients needs and helping them achieve their ultimate desire.

A beautiful smile creates confidence and gives us a sense of wellbeing and improves our general health. We work in partnership with our patients to inspire them to achieve their aspirations. State of the art techniques are used from white fillings, crowns, bridges, veneers, tooth whitening, invisible braces and dental implants.

At **dental inspirations** we are committed to preventative dentistry. All our plans are designed to help you reach optimum dental health, helping you understand how to look after the health of your mouth and keep it free from tooth decay and gum disease.

Over time, patients who participate in a preventative programme of regular examination and hygiene are shown to have a much reduced need for treatment.

We also have a range of plans to suit individual needs. Our plans will benefit you with no registration fee; a welcome bag of dental sundries; comprehensive dental health assessment; preventative care for long term dental health; hygiene therapy tailored to your needs; oral cancer screening; affordable monthly payments (starting from £7) and

worldwide dental accident and emergency cover.

We would like to welcome you and your family to our practice.



395 North Deeside Road, Cults, Aberdeen AB15 9SX

Tel: 01224 860220 Fax: 01224 860229

Email: info@dentalinspirations.co.uk www.dentalinspirations.co.uk

A Range of **Dental Inspirations Plans for every** member of the family







## Culter Youth Football Club News

CYFC was established in 1983 and presently has 18 teams and over 300 players and qualified coaches and provides coaching and football opportunities to players in aged 5 to 19. CYFC prides itself on providing football opportunities for many children with most age ranges having more than one team.

#### **New Season**

Continuing to grow, we welcome two new teams created this season at U10 and U11. This increases the total numbers of CYFC teams to 18. Even though the season is still early, CYFC already have some teams in the top positions. Good luck to all the teams for the 2011-2012 campaign. Jim Leighton, the Aberden goalie legend continues to coach the Culter keepers every week who have been improving in leaps & bounds.

#### **New Pitch**

A large Mower has been purchased and put to good use on CYFC's new pitch at Crombie. David Whitson did a great job mobilising the U8s squad and their parents to help tidy up the pitch before the autumn application of fertilizer. The Club is looking to acquire a large Shipping Container to store all its football gear and equipment as the current container has started to leak water. Please contact Phil Bellis below, if you can help sponsor a container.

#### **Joining Culter Teams**

Most Culter teams hope to strengthen their squads so if anyone is interested in joining us they should contact Phil in the first instance.

Please contact Club Secretary, Phil Bellis (07714 159419 or phil.bellis@virgin.net) regarding any of the items mentioned above.

See Club website at: www.culteryouthfc.co.uk



# cutting<sub>EDGE</sub>



Telephone: 01224 744911 Email: sales@cutting-edgeltd.co.uk www.cutting-edgeltd.co.uk



Cutting Edge... the ultimate bathroom and wetroom specialists in Aberdeen. We will transform your bathroom into a luxurious space of tranquillity and relaxation.

Re-designing or replacing your bathroom can seem like an impossible task, but we have the knowledge, expertise and skill to take your idea from a dream to reality.



We pride ourselves for our First Class Customer Service (pre and post installation), outstanding workmanship and attention to detail. We will offer you advice on a wide range of products, ensuring that your bathroom / wetroom meets all your personal requirements including affordability. As part of our complete bathroom solution we can also provide under floor heating and entertainment for your bathroom including music systems and water proof plasmas.



PETALS OF PETERCULTER

Flowers for all occasions

- Gift Bouquets
- Weddings & Celebrations
- Corporate Contracts
- Reception Vases
- Openings & Events
- Funerals
- Deliveries

299 North Deeside Road, Peterculter, AB14 OUL

Tel. & Fax: 01224 733222

Part of the Kelly of Cults Limited family





## **Alfie's story –** Please help

We are a family in Peterculter trying to raise awareness of my son's rare condition. Alfie, aged 4, was diagnosed with Lymphangiomatosis at the age of 18 months by Great Ormond Street Hospital. We were told that very little was known about the disease because it was so rare. The disease affects mostly infants and young children but can affect adults. In Alfie's case the lymphatic cysts/tumours (benign) are in his right leg, pelvic area and are spreading into his spine. These cysts are capable of massive expansion, some of which may be life threatening because of the damage they do and the complications they cause. In some cases surgery can remove the cysts but in Alfie's case this cannot be done. The cysts in his leg cause it to be very swollen and because of this he has never been about to walk and may have to spend the rest of his life in a wheelchair. Alfie is treated just now with steroids and chemotherapy to try and slow down the expansion of the cysts. This treatment can only be used for a short time. There is no support network or research

done in this country. About a year ago we came across a charity in America, The Lymphangiomatosis and Gorham's Disease Alliance 501(c)(3) which helps sufferers worldwide. Their aim is to give patients support and try to bring people together so they don't feel so alone, (We believe there are 10 families within the UK, two we have made contact with through the Alliance.), give access to information on the condition and put suffers in touch with hospitals that have experience in the condition. They are working with some of the top children's hospitals in America and Europe to find a cure.

We nearly lost Alfie last year because he started to bleed internally and the leg became infected. After a four week stay in Great Ormond Street we decided that it was time to do something positive to help our son. Whilst Alfie's condition is stable we are trying to raise as much awareness as possible about the condition. We wanted our first fundraiser to go to a local charity and because Alfie has spent a lot of time in Royal Aberdeen Children's Hospital we thought that the Archie Foundation was the perfect charity to donate our money to. As I run to keep fit I registered for the Crathes Half Marathon which took place on the 17th September. I asked a few friends if they wanted to do it and before I knew it I had 11 other people wanting to run to help raise awareness and funds for the Archie Foundation. The support and generosity we have had from friends, family and the local community has been overwhelming and we have raised a massive £8,000.

Our future fundraising efforts will go to the Lymphangiomatosis and Gorham's Disease Alliance 501(c)(3) to help them fund a tissue bank. Please take five minutes to check out our website <a href="https://www.alfiemilne.org.uk">www.alfiemilne.org.uk</a> or our face book page Alfie Milne/Lymphangiomatosis. All future fundraising events will be advertised on our website. Please help us to help Alfie.

### Culter Hillwalking Club: Morven Walk

It was a slightly overcast, autumnal day. We parked at the junction of the A97 and the Migvie Road and climbed steadily through woods and across moorlands. An hour's walking took us to Badnagoach where we stopped for coffee under a tree and the rain began to fall gently. All togged up with waterproof gear, we set off once again and turned south and skirted a forest and crossed a burn full of foaming, peaty water. It stopped raining and the sun came out.

From Corbies Nest we left the footpath and waded into the heather, climbing towards the bealach, north-west of Morven. What do you need to climb a hill overgrown with heather? Gaiters and very long legs! Climbing uphill through a mile of heather was very hard, tiring work. At the bealach, the heather died away and we came to the ridge path. We saw several running hares and black grouse which flew away with their startled cries. We stopped for a well-earned lunch and then made our final ascent.

At the summit there is a tin box and a comment book. We stayed there for a bit, admiring the views and writing occasional comments, but a chill wind was blowing so we decided to move on along the plateau and then down through the heather. We startled a flock of ptarmigan and they disappeared over the crest. Before too long, we came across a line of shooting butts and a path of sorts which we followed as it wandered over rocks, sodden earth and bog. We passed several harebells, isolated on a mountain side of purple heather. At Preas Whin there is a small shooting hut and a metal sculpture of an eagle, seemingly about to launch itself off a rocky outcrop.

From Preas Whin, the path took us across a moor, through a forest and back to our cars. Familiar and well-trodden hills can take on a new lease of life when tackled from a different direction. It was a good day on the hills.

If you would like to know more about the Culter Hillwalking Club, our website is www.culterhillwalking.org.uk

Barry Hood





Just Gems 322a North Deeside Road, Cults, Aberdeen, AB15 9SE Tel: 01224 543717



Find us next to the Cults Hotel

www.just-gems.co.uk

## **Culter Theatre Club**

## 'Sleeping Beauty'

We are in full swing preparing for this year's pantomime "Sleeping Beauty" which promises to be a magical adventure for all the family. With a cast of colourful characters, plenty of toe tapping songs, amazing special effects not to mention a delightful love story, there is something for everyone in this production.

The pantomime will take place in Culter Village Hall from Wednesday 7th December through to Saturday 10th December with evening performances at 7.30 pm and a matinee on the Saturday at 2 pm. Tickets are on sale from Culter Village Hall (734371), priced at £10 for adults and £5 for concessions.

Suzy Berstan
On behalf of Culter Theatre Club



LOOKING FOR THAT SPECIAL CHRISTMAS GIFT?

Why not treat someone to a Maryculter House Hotel Special Event Voucher

Wine Tasting: Murder Mystery: Whisky Tasting: Medieval Evenings

The perfect local gift this Christmas

Contact Margaret on 01224 732124 Email conferences@maryculterhousehotel.com WWW.MARYCULTERHOUSEHOTEL.COM www.maryculterhouseweddinghotel.com



## Friends of Roxburghe House Grampian

The Friends of Roxburghe House Grampian here in Aberdeen have in recent months been involved in developing a web site. It aims to better inform patients, families and the wider public about the wonderful facilities and many activities that take place to support staff and patients.

This has only been possible with the goodwill of our supporters who have offered their specific skills and talents to make the web site become a reality within a very short time scale. The Friends do not actively fundraise themselves. The business committee of the Friends ensure that the many donations made very generously by individuals, families, schools and organisations are put to best use for the benefit of patients, families and staff.

Please visit the web site to view the wonderful photographs and read more about what the Friends of Roxburghe House Grampian do. There will be an official launch of the web site in due course but meantime do follow the link below to find out more

http://www.friendsofroxburghehouse.co.uk/

Liz Crisp, Friends of Roxburghe House web site coordinator





Designer cuts and colouring for all the family at Linda's Hair Studio.

Milltimber's new and trendy studio.

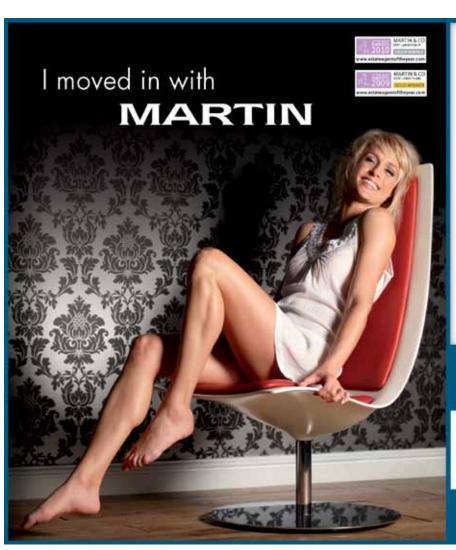
Colours from: £45.00 Kids under 13 years: £8.50

SPECIAL OFFER: Over 60's - Cut and Restyle: £27.50

**Home Visits by appointment** 

Linda has training and experience from Vidal Sassoon and Toni & Guy

Tel: 01224-733250 or Mob: 07947 437 536 9 Braehead Terrace, Milltimber AB13 0EB



Why are so many people moving in with MARTIN? Is it the huge choice of properties, expert local knowledge, or hassle free service?

At MARTINS CO we believe it's because we always go the extra mile. Maybe that's why so many people are moving in with us, and why we're the UK's No. 1 letting agent.

## Here are a few more reasons to move in with MARTIN:

We'll help find a property to suit your needs and budget
We'll ensure the 'move in/move out' process is quick and easy
We'll arrange viewing times to suit you, not us
We'll always make sure our properties are in good condition
We'll deal with the landlord so you don't have to
We'll take care of all the legal stuff

We'll find the right property for you Contact your local Martin & Co office or log onto the website www.martinco.com

### MARTIN&CO

the UK's N°1 letting agent

01224 636500

123 Rosemont Place, Aberdeen AB25 2YH aberdeen@martinco.co.uk



50% Discount on your Initial Fee

New Landlords and Tenants Simply quote PHD7

## St Dev's Sunday Club

10.30-11.30am

This is an opportunity for parents to drop their children off at the St Devenick's Church Hall for an hour of...

crafts

bible stories

Shack

games

Sunday of the month when there is a 45 minute Family Service in the church.

Although parents are welcome to join us for our church service which starts at 10.30am, this is not expected of them.



## BILL ADAIR IN CONCERT: AN EVENING OF FOLK MUSIC



Bill will be singing a mixture of folk and blues music from Scotland and abroad. There will be refreshments

available. Profits from this evening will go to Children in Need.

#### 24 November 2011

7.30pm

St Devenick's Church, Bieldside At the corner of North Deeside Road and Baillieswells Road

> Phone: 012224 863574 E-mail: office@stdevenicks.org.uk

### **Rotary Club of Aberdeen Deeside**

Eleven year old Rebecca Orr from Cults Primary School won the Primary School Public Speaking Competition run by the Rotary Club of Aberdeen Deeside with her topic of The Blue Whale. This was the first of such events run by the club but showed just how competent and confident our young folk are - and we don't often give them credit. This was a really splendid evening with topics (picked, researched and written by the primary 7 pupils themselves) ranging from Endangered Animals, to Tsunamis, Sailing, Environmental Issues, Rain Forests, Pets, the Harmonica, Westminster Abbey, Golf, Football and the Olympics - truly a mixed but extremely interesting and entertaining bag and delivered to a high standard. Fourteen pupils took part in the competition from Cults, Milltimber and Culter Primary Schools and Milltimber School was a very welcoming host for the event. The trophy of an open book was made by Rotarian Ian Connon and presented to Rebecca by President Mary Lennox.

Now if you want to prove how clever **you** are, come along to the club's next Quiz Night to be held on 28th October in Cults Hotel - it's always a really good fun night with just a little rivalry for the top prizes. Tickets are £10.00 inclusive of a stovies supper (let us know in advance if you wish vegetarian stovies) and can be had from  $\underline{\text{ros.rotary@btinternet.com}}$ . Look forward to seeing you there.

If the kind of events we organise or help with within the community or support



on a wider scale interests you, then why not come along to one of our meetings and see if it>s for you. If you>d like to know more about Rotary and how to join, then please contact President Mary Lennox (mary lennox@btinternet.com or any club member or check out our website www. aberdeendeesiderotary.org.uk. Our motto is "Service above Self" - I feel sure that yours is too - come and see if we can add your fellowship to the mix you'll be made very welcome.



It seems that Summer has come and gone and we are once again into the flu season. If you are over 65 or have had a letter from us inviting you in, please contact the surgery and make an appointment for

your free influenza vaccination. This year we will be running clinics during the week so please get in touch as soon as possible if you have not already done so.

We would like to welcome two new members of staff who have joined us at the Practice recently. Angela Walker joins the reception team and Mairi Middleton joins our Admin team.

Before we know it Christmas will be here. Cults Medical Group will be closed from 6pm on Friday 23<sup>rd</sup> December, re-opening again on Wednesday 28<sup>th</sup> December at 8am and from 6pm on Friday 30<sup>th</sup> December re-opening again on Wednesday 4<sup>th</sup> January 2012 at 8am. Please ensure that you order your repeat prescription in plenty time during this busy period.

It appears that the building work on the flats next to the surgery is nearly completed. Thankfully this will make it easier for staff and patients to get to the surgery.

In the last month we have had 130 people who have not attended an appointment at the practice. If you are unable to keep your appointment with either the nurse or the GP, please give us as much notice as you can to enable us to offer the slot to another patient.

Finally Anne Murray one of our Admin team retires after 20 years working at Cults Medical Group. We would like to wish her a happy and healthy retirement.



## Aberdeen Air Cadets Impress at Annual Inspection

Cadets and staff at 107 (Aberdeen) Squadron impressed Wing Commander Joan Gilbert Stevens, OC North East Scotland Wing at this year's Annual Formal Inspection.

During the evening, the Wing Commander observed and joined in various classes including Radio Communications, First aid and Field craft skills such as identifying objects in a given terrain. Cadets also put on an outstanding show of Continuity Drill combining teamwork and co-ordination, a key element of their training. As well as giving the Wing Commander an opportunity to assess the Squadron's performance, the inspection is also a chance for her to meet new members of Staff and the Cadets themselves.

The Aberdeen Squadron is recruiting now. Anyone interested in joining the Air Cadets or in helping with their training can contact the Squadron for more information on (01224) 590679 (Mon & Wed evenings) or visit their website www.107aircadets.



## The Deeside Shoristers -

#### An invitation from the Deeside Choristers

The Deeside Choristers would like to wish all readers of the MBC News an early but very merry Christmas!

This local youth choir, established over 35 years ago, continues to thrive and provide an excellent musical training for children who love to sing. Indeed, since moving recently to the International School in Cults for weekly rehearsals, there has been an influx of new recruits of primary school age. They are already practising hard for:

 $\sim~$  The Service of Nine Lessons and Carols  $~\sim~$  to be held on Saturday, 10th December, 2011 at St Mary's, Blairs, at 7 pm.

Followed by seasonal refreshments

Admission is free but there will be a Charity collection for Juvenile Diabetes.

What better way can there be to enter into the spirit of Christmas in a traditional and non-commercial way, than to come along to this service and join in the communal singing? The Deeside Choristers look forward to seeing you.

The Choir always welcomes new singers. If you are a tenor or bass, or an enthusiastic youngster, aged seven or above, how about coming along on a Wednesday evening to give the Choir a try? And there are no auditions! For more information, just phone Nancy Paul on 01224 741378.

## WHAT'S ON LOCALLY

In September the Editorial Committee invited the Distributors of MBC News (those who take the magazine to each of the 4,500 homes we deliver to!) to a Thank You Party. Not all could come, but those who did seemed to enjoy themselves. If you could consider being a Distributor, please contact the Head Honcho of Distributors, Peter Roberts. We will then see you at the next Distributors' party!

If you live in the Milltimber area and are over 50, we now have more extensive information on the O50 club there.

By the way, if you are looking for the venue previously known as the International Baptist Church, Cults, it is now called the Hillview Community Church. Don't worry, the name may be different, but the welcome is still the same!

Thanks to everyone who has sent me information about changes to contact details. Please remember also to let me know if you want to add or delete an activity – this listing is only as good as the information you give me.

Enjoy the winter – remember to dress up warmly and get out there and have fun!!

Eleanor Brennan, Tel 862262, email: brennaneleanor@yahoo.co.uk

### **ABBREVIATIONS FOR THE VENUES**

**CA** - Cults Academy

CAP - Cults Academy Pool

**CCC** - Cults Community Centre, Earlswells Road

CPC - Cults Parish Church

**CSC** - Culter Sports Centre

**DCFC** - Deeside Christian Fellowship Church, Milltimber

**HCC -** Hillview Community Church

**KCC** - Kingswells Community Centre

**KMCC** - Kaimhill Community Centre

**MCAH - Milltimber Community Association Hall** 

**MPS** - Milltimber Primary School

PCH - Peterculter Church Hall

**PVH** - Peterculter Village Hall

**SCC -** Scout Centre, South Ave, Cults

SCPT - Scout Centre, Pitstruan Terrace, Aberdeen

SDCH - St. Devenick's Church Hall, Bieldside

SHE - Simeon Home for the Elderly, Cairnlee Road

SMH - St. Martin's Hall, Cairnlee

SPHH - St. Peter's Heritage Hall, Peterculter

SWP - Shell Woodbank, Pitfodels

WRIH - WRI Hall, Kirk Crescent, Cults

**WSC** - Waldorf School, Craigton Road, Cults

## Fitness, Sport and Dance

#### **BADMINTON - JUNIOR, CA**

Saturdays, 1.30 - 5.30pm September to April Contact Dorothy Daldry, Tel: 865984

#### **BADMINTON - ADULT, CA**

Tuesdays, 7.30 - 10.00pm Contact Rob Wheadon, Tel: 323711

BADMINTON - SOCIAL, MCAH Mondays, 1.30 - 3.00pm Wednesdays, 10.00am - 1200noon Contact Marion Anderson, Tel: 732505

#### **CULTS BOWLING CLUB**

All ages very welcome Summer Bowling, Winter Activities Contact David Steele, Tel: 868485

#### **CANOE CLUB, CAP**

Fridays, 7.50 – 10.00 p.m. Saturdays 4.00-6.00 p.m. Contact Jim Kinnear 313149 or Kenny Brown, Tel. 07788-507275

#### **CULTS CRICKET CLUB**

Contact Ian Sutherland, Tel: 742833

#### **CULTS FIT FOLK, HCC**

For men and women over 55. Wednesdays 10.00-11.00 am Contact Ellie Whyte, Tel: 861204

#### **CULTS HILLWALKING CLUB, CCC**

Indoor session 1st Thursday of the month, 7.30 – 9.30 pm Walks on Sundays, 10 days after the meeting! Contact David Milne, Tel. 869643 or Paul Wilcox, Tel. 869276

#### FLEX'n STRETCH, CSC

Thursdays 7.30-8.30pm Varied fitness levels Contact Anne Low, Tel: 868553

#### **BOYS' FOOTBALL CLUB, CCC**

Under 14s football. Wednesdays, 7.30-9.00pm Contact Gillies MacDonald, Tel 861097

#### FOOTBALL IN THE COMMUNITY, CSC

Wednesdays, CSC, 4.00-5.00pm 5-8 year olds Contact Dons in the Community -Tel: 650472 or 650432

#### PRE-SCHOOL FOOTBALL (KCC)

Mon, 1.00-1.30 p.m., 1.30-2.00 p.m., 2.00-2.30 p.m. Fri, 9.30-10.00 a.m. 10.00-10.30 a.m. 1.30-2.00 p.m. (Classes also available at Airyhall Community Centre) Contact Alison McLeod Tel 314669

#### **CULTER YOUTH FOOTBALL CLUB**

Boys' and Girls'Teams, aged 6 to 19 years Training most days Contact : Contact: Mick Thornton 734228 or Gavin Fisher, 734332

### **GRAMPIAN CARDIAC REHABILITATION AS-**

Exercise classes at Kippie Lodge, Milltimber, RGU Sports Garthdee and other venues in Aberdeen Contact Douglas Pacitti, Tel: 01569 763372 e: d.pacitti@gcra.org.uk or speak to the Cardiac Nurse at Cults Surgery w: www.gcra.org.uk

#### KARATE, CCC

Thursdays 7.30 - 8.30pm Fridays 4.30 - 5.30pm Contact Ronnie Watt, Tel: 734607

#### **KEEP FIT CLASS, CWC**

Tuesdays, 10 - 11am Gentle Exercise for the over 60s Contact Pam Henderson, Tel 868862

## FRISKIS & SVETTIS- SWEDISH STYLE KEEP FIT Mondays 7.30 p.m., HCC, medium (Rosey)

Wednesdays 7.30 p.m., HCC, medium (Christine) Thursdays 9.30 a.m., HCC, basic (Gavin) Saturday 11.00 a.m., HCC, medium (Rota) For more information contact Christine, 861450, Gavin, 824722 or Rosey, 310380 Just turn up - no need to sign up for a block everybody welcome

#### **PILATES (CALL SOLVEIG FOR EXACT TIMES)**

Peterculter Sports Centre Mon. afternoon, Tues afternoon/evening, Thurs. evening Camphill School, Murtle Wed. evenings Cults West Church Hall Fri. mornings All classes must be booked in advance. Contact Solveig Dahle Smith, Tel. 861421 solveig@pilatesaberdeen.com www.pilatesaberdeen.com

#### SOCCER FOR 5-12 YEAR OLDS, CCC

Wednesday afternoons, term time only 3.30-4.15 Boys and Girls aged 5-7 4.15-5.00 Boys and Girls aged 8-10 5.00-6.00 Boys and Girls aged 5 and over Contact Ian Wilson - Tel: 07770-996767

#### **SOCCER FOR OVER 30'S, CCC**

Thursdays, 8.30-10.00pm Contact Alistair Brown - Tel: 861314

#### PETERCULTER SPORTS CENTRE

Coronation Road, Peterculter Tel: 732069 Fitness studio, aerobics classes, creche Monthly membership or ad hoc prices

#### **CULTS OTTERS SWIMMING CLUB, CAP**

Open to children aged 4 to 13 Learn to Swim Section & Junior Coaching Sections Contact Sonia, Tel: 316854 or email: lts@cultsotters.co.uk website: www.cultsotters.org.uk

#### **SWIMMING-LIFESAVING CLUB** (ADULTS 14+/ROOKIES/JUNRS 10+)

Mondays 6.30-9.30pm Contact Anne Gwynne - Tel: 868846

#### WEEKEND SWIMMING AT CULTS ACADEMY POOL

9.00-12noon, Sat and Sun Adults £3.45, Children Half Price, Free entry with an Accord card. Swimming will continue during school holidays. Contact Ron Wright, Tel: 867398

#### TAI CHI, CPC

Wednesdays, 7.45-9.45pm Contact Don Wells - Tel: 310904

#### TAI CHI, SMH

Mondays, 1.00-2.30pm Contact Neil or Nicolette - Tel : 01330-850675

#### **CULTS LAWN TENNIS CLUB**

32 Abbotshall Place, Cults See separate item in MBC News for full details Contact Maggie MacLennan (Sec), Tel. 861485 or Gareth Rennie, Mob. 07714-753607.

#### WOODBURN WALKERS - RAMBLING FOR 50+

Meet alternate Tuesdays at Hazlehead Bus Terminus, Travel by hire bus Average walk +/- 7 miles
Contact Eleanor - 317197 or Margaret - 319741

#### YOGA, WSC

Beginners welcome Wednesdays, 7.30 - 9.00 p,m, Contact Fiona Britee, Tel. 868732

#### YOGA, WSC

For intermediate students Mondays, 7.40 - 9.30 p,m, Contact Marian van Oorschot, Tel. 863985 E-mail marianoorschot@mac.com

## **Dancing**

#### ABERDEEN KILT KICKERS AMERICAN **SQUARE DANCE CLUB**

Beginners - Mondays 7.30 - 9.30 pm (WRIH) Contact Sandra Allen, Tel. 715181

#### **CEILIDH DANCING FOR MOTHER &** TODDLERS, PCH

Fridays, 2 - 2:30 p.m. Contact Judith Riddoch, Tel. 865909 Email: judithriddoch@aol.com

## RAGGIE MORRISON'S LADIES CLOG DANCING, SDCH

Ladies of all ages and beginners especially welcome. Meet Wednesdays 7.45 - 10.00 pm Contact Rosemary Crabbe-Wyke - Tel: 07950-086739 or Moira Skingley - Tel: 867801

## DANCE CLASSES FOR BOYS & GIRLS (AGED 3+) MCAH

Taylor School of Dance, MCAH Recreational, Vocational & Adult classes available Classical Ballet, Modern Theatre, Tap, Jazz, Street Jazz, Musical Theatre Dance, Boys Only Street Moves, Adult Tap, Contact Gael Thomson, Mob. 07531-811506 E-Mail - Gael@taylordance.com

KAREN BERRY SCHOOL OF DANCE Classes for children and adults available in Cults and Peterculter For details see the website www.danscentre.com or contact Karen Berry, Tel. 647341

GENTLE EXERCISE, INCL DANCE, CPC Thursdays, 2.30 – 3.30 p.m. Sept. to Dec., Jan. to Mar. Contact Fiona Murray, Tel. 702305

#### **LINE DANCING, WRIH**

Tuesdays, 10.00-11.00am Sept - June All levels welcome Contact Ethel McHardy - Tel: 868538

#### MAINLY MUSIC, HCC

Caregivers and Toddlers (0-4). Dance, rhyme and rhythm. Refreshments and toys. Thursdays, 9.30 – 10.30 a.m. Contact Laura Hayes, Tel. 744295

#### SCOTTISH COUNTRY DANCING, MCAH

Wednesdays - 8.00-9.30pm All ages and beginners welcome Margaret Athawes, Tel. 733622

#### SCOTTISH COUNTRY DANCING, WRIH

Tuesdays, 7.30 – 9.30 p.m. (mid Sept. to end March) Contact Sheila Fyfe, Tel. 868164

#### SCOTTISH COUNTRY DANCING, SDCH

Tuesdays, 4.00 – 5.00 p.m. for primary school children Contact Judith Riddoch, Tel. 865909 Email judithriddoch@aol.com

## **Children & Youth Groups**

#### **AIR TRAINING CORPS**

107(Aberdeen) Squadron, Prince Charles Cadet Centre, Albury Road, Ferryhill, AB11 6TL Parade Mon & Wed 19.00-21.30hrs. Open to Boys and Girls aged 13-17 w: www.107aircadets.org Tel. 590679 e: <u>107@aircadets.org</u>

#### **BUOYANCY SWIM, CAMPHILL SCHOOL, BIELDSIDE**

30 minute sessions, Tues. 12.30 – 15.00 Thurs. 12.30 – 14.00, Fri. 12.30-16.00 Adult and Baby (3-12 months), Adult and Toddler (1-2 years), Adult and Child (2+ years), Pre school (4 years + without their parent in the pool). Contact Julie McQuillan, Tel. 318651, Mob. 07906 863246 or email: buoyancy@btinternet.com

#### CASPER AFTER SCHOOL CLUB, CCC

Contact Marion Skea - Tel: 07762-250550

#### MILLTIMBER AFTER SCHOOL CLUB, MPS

Mon. - Fri., 2.45 to 6.00 p.m. Contact Samantha Birch, Mob. 07890-862774

#### PARENT AND TODDLER GROUP, CWC

Wednesdays, 9.30 - 11.30 a.m. Contact Lindsey Newton: 868727 Thursdays, 9.30 – 11.30 a.m. Contact Andrea Vlaar, Tel: 865470 or e-mail a.vlaar@abcol.ac.uk

#### PARENT AND TODDLER GROUP, DCFC

Tuesdays 9:45 a.m. - 11.30 a.m. Contact Pauline Cordiner, Tel. 730171

#### PARENT AND TODDLER GROUP, MCAH

Fridays 9.30-11.30 a.m. (term times) Contact Susan Ronald, Tel. 735204 Email paulronald@talktalk.net

#### **CULTS PLAYGROUP, CPC**

Mon, Tues, Thurs, 9.15-11.45am (From 21/2 years) Rising 5's - Afternoon Sessions Contact Amanda - Tel: 861982

#### **GAELIC PARENT & CHILD GROUP**

Mon., Wed. and Fri. 9.15a.m. - 11.30 a.m. Gilcomstoun Primary School, Lots of fun with the children while introducing and their parents to Gaelic. Complete beginners welcome. Contact Mairi Morley, Tel. 07900-337122, e: gaelic@aberdeencity.gov.uk

#### **MILLTIMBER PLAYGROUP & RISING 5'S, MCAH**

Mon, Tues, Thurs, Fri., 9.30 a.m.- 12.00 p.m. Lunch dub Tues, Fri. 12 – 1300 pm (Term times only) Rising 5's Fri 1.00 -3.00 (Tues Rising 5's coming soon) Nursery transport options available. Contact Lyndsay Hay, 07519-902470, e: milltimberplaygroup@hotmail.com

Fri 1.00-3.00 (Tues Rising 5's coming soon) Nursery transport options available. Contact Lyndsay Hay, 07519 902 470 Email milltimberplaygroup@hotmail.com

#### PLAYGROUP AND RISING 5'S, DCFC

Mon., Wed., Thurs. 9.15-11.45 a.m. Mon. 1.00-3.30 pm Contact Rhona Magowan Tel: 733350

#### ST DEVENICK'S PLAYGROUP AND RISING 5S, SDCH

Playgroup: Monday - Friday, 9.20am - 11.50 a.m. Lunch club, Wednesday 11.50am – 1.00 p.m. Rising 5s, Tuesday and Thursdays, 12.30 – 3.00 p.m. Contact Julie, Tel. 868644 or Playgroup, Tel. 07931 223545 e: stdevenicksplaygroup@googlemail.com

#### TOTS AND TODDLERS, SDCH

Wednesdays, 2.00 - 4.00 p.m. Contact Michelle, 861755

#### **EXPLORERS P1-P3 GROUP, DCFC**

Wed. 6.30 -7:30 p.m. Contact Luke Dale, Tel. 733979

#### **CHALLENGERS P4-P7 GROUP, DCFC**

Wednesdays 7:30 - 8.30p.m. Contact Luke Dale, Tel. 733979

#### **ASCEND, HCC**

Youth Group for S1-6, Grades 7-12 Sundays: 7.00 -9.00 p.m. Email info@ibcaberdeen.org

#### **GUIDES, BROWNIES AND RAINBOWS** 1st Cults Rainbows, CPC

Mondays, 4.00 - 5.00 p.m. Contact Claire Moore, Tel 869039

#### 3rd Cults Rainbows, CPC

Fridays, 4.30 - 5.30 p.m. Contact Morag Williamson Tel: 867967

#### 1st Cults Brownies, CA

Mondays, 6.15 - 7.30 p.m. Contact Dorothy Forbes, Tel 486357

#### 2nd Cults Brownies, HCC

Tuesdays, 6.15 - 7.30 p.m. Contact Jill Sutherland, Tel 734540

#### 3rd Cults Brownies, CCC

Tuesdays, 6.15 - 7.30 p.m. Contact Jan Mackintosh Tel: 865916

#### 1st Cults Guides, CA

Mondays, 7.30 - 9.00 p.m. Contact: Karen Pether, Tel 734527

#### 2nd Cults Guides, HCC

Thursdays, 7.30 - 9.00 p.m. Contact Anne O'Neill, Tel 861467

#### Milltimber Rainbows, MCAH

Thurs 4.15 – 6.15 p.m. Contact Alison Garden, Tel. 868821

#### Milltimber Brownies, MCAH

Wednesdays, 6.00-7.30 p.m. Contact Elaine McGuffie, Tel. 733636

#### **District Commissioner for Cults**

- Jan Mackintosh, Tel. 865916

#### District Commissioner for Milltimber and Culter

- Elaine McGuffie. Tel. 733636

Divisional Commissioner for Cults, Milltimber and

Culter - - Dorothy Forbes, Tel. 486357

#### **BEAVERS, CUBS AND SCOUTS**

#### Beavers, Cubs and Scouts, MCAH

Beavers - Mondays 4.15 - 5.15pm Contact Fiona Douglas, Tel: 735523

Cubs-Tuesdays 6.30 - 8.00pm Contact Barbara Stroud, Tel: 732591

Scouts - Fridays 7.30 - 9.30pm Contact Geoff Weighill, Tel: 869115

#### 21ST ABERDEEN (CULTS) SCOUT GROUP, SCC

Beavers - Wednesdays, 4.30 - 5.30 p.m. Open to boys and girls aged 6 to 8 Contact Karen Southworth, Tel 869557

**Cubs** – Thursdays, 7.00 - 8.30 p.m. Open to boys and girls aged 8 to 10 Contact John Evans, Tel 07834-521519

Scouts - Fridays, 7.30 - 9.30 p.m.

#### **Deeside Explorer Scouts**

Every second Monday 8.00 -10.00 p.m. Open to boys and girls, aged 14 to 17 Contact Richard Ames, Tel. 592342

#### 65TH ABERDEEN (MILLTIMBER) SCOUT GROUP, MCAH

Beavers - Mondays 4.15 - 5.15pm Contact Fiona Douglas, Tel: 735523

**Cubs -** Tuesdays 6.30 - 8.00pm Contact Barbara Stroud, Tel: 732591

**Scouts - Fridays 7.30 - 9.30pm** Contact Geoff Weighill, Tel: 869115

#### Youth Hockey Coaching

on Tuesday evenings for P4 to S4 by Gordonians Hockey Club at Robert Gordon's College astroturf pitches on Countesswells Road from 5.15pm to 6.30pm. Children from all schools are welcome and sticks can be provided. Coaching resumes on 30th August 2011 for the season

## danscentre

@ Danscentre, Cults, Elrick, Westhill Kingswells, Culter, Craigiebuckler & Rubislaw



01224 647341

enquiries@danscentre.com

Ballet - Jazz - Tap

Contemporary - Boys Only

Hip-Hop - Adult Classes

Higher Dance - Summer Schools

Dance Leadership Award

Vocational Classes

www.danscentre.com

Main hub - 89-91 Hutcheon Street | Aberdeen | AB25 3RS

## **Hobbies and Social**

#### **CULTS 050 CLUB, CPC**

Wednesdays, Lunch from 12.00 Announcements/speaker 12.45

Other activities include bridge and scrabble, walks, theatre, cinema, local history outings, garden visits, art appreciation, a book group – the list is endless! Open to anyone over 50, not only Cults residents Details of activities on the website

http://www.cultsparishchurch.co.uk/O50/Index.htm or contact Lizzie Thomas, Tel. 869413 or Anne Wilcox, 869276

#### **MILLTIMBER 050 CLUB, MCAH**

Meet monthly in the winter on Wed. 2.00 – 4.00 p.m. for talks.

Other social events include walks, cycle rides, theatre visits,

outings, garden visits, lunch outings and city breaks.

Annual favourites are BBQ, Games night and a Christmas Party.

Open to anyone in the Milltimber vicinity. Contact John Park, Tel. 733057 or Robin Dyer, Tel 733850 or website http://www.genbase.co.uk/MilltimberO50/

#### ADULT ART CLASSES, HCC

Wednesdays, 1.30 - 3.30 p.m. Contact Jenny Hunter, Tel. 07751715343

#### **ABERDEEN BRIDGE CLUB**

14 Rubislaw Terrace, Tel : 644773 Monday to Thursday - 7.00-10.00pm Adult Lessons Wed - 7.00pm Sept - April

#### **BRIDGE GROUP, CCC**

Tuesdays, 7.00-9.30pm Contact Irene Main - Tel : 318167

#### **CULTER BRIDGE CLUB, PVH**

Fridays, 1.15 – 4.00 pm Sept.- April Contact Peter Garioch Tel : 324691

#### **CALLIGRAPHY GROUP, CPC**

Thursdays 10.00- 12.00 p.m. (2 x 10 week sessions from Sept & Jan) Contact Isobel Archibald, Tel. 867303

#### THE HUB COFFEE SHOP, COC

Tuesdays and Wednesdays - 10.00-3.00pm

## MILLTIMBER COMMUNITY ASSOCIATION, MCAH

Wide range of activities for all ages. Chair - Andrew Duthie, Tel: 739797 Secretary - Sue Smedley Tel: 732172 To hire the hall: Mob - 07502 040 619

#### **COMMUNITY LEARNING - VARIOUS VENUES**

Day and evening courses in a wide variety of subjects including Italian, Spanish, German, Computing, Art and general interest classes. Contact Alison May, Adult Learning Coordinator, at Cults Community Centre on 868858 or e:GultsAdultLearning@aberdeencity.gov.uk http://beehive.thisisnorthscotland.co.uk/cultscc gives details of courses on offer.

## CRAFT AND NEEDLEWORK CLASS, NORTH HALL, CWC

Fridays, 1.30 p.m. – 3.30 p.m. 10 weeks £50.00 Beginners and more experienced catered for Contact Yvonne Weir, Tel. 732098 / Yvonne.weir@virgin.net

#### **DEESIDE CHORISTERS, CCC**

Wednesdays, 6.30-8.00pm New members most welcome Contact Nancy Paul - Tel : 741378

#### **DRESSMAKING GROUP, KMCC**

Thursdays, 09.30-11.30 a.m. Couture trained tutor Beginners welcome Phone Kaimhill Community Centre, Tel.

#### **FOLK EVENING, CPC**

Monthly on the 2nd Friday, 7.30pm Sept - June, Both musicians and listeners most welcome! Bring your own beverage! Contact Jan Johnson, Tel: 867951

#### **ABERDEEN GAELIC CLUB**

Brings together Gaelic speakers and individuals interested in Gaelic language and culture. The Club organises Gaelic language evening classes and weekend courses in Harlaw Academy, plus social activities. Tel 07779-398289, e-mail clubgaidhlig@googlemail.com or www.aberdeengaelic.wordpress.com.

#### **CULTS LIBRARY**

See separate item in MBC News for opening times and details of thewide range of courses and activities on offer.

#### **CULTS LUNCH CLUB, CPC**

Mondays 12.00-2.00pm (except for July) New members most welcome. Contact Jackie Hatchwell, Tel: 861736

#### **MODEL CLUB - ADULT CCC**

1st Tuesday of the month, 7.30 – 10.00 p.m. Contact Martin Smith, Tel. 01467 642919

#### **PETROLEUM WOMEN'S CLUB**

International friendship club for women connected to the oil industry. Meetings with speaker, 1st Thursday of the month Coffee mornings, 3rd Thursday of the month. Many sub-groups such as ten pin bowling, walks, bridge, golf, dinner club, French conversation and a book group.

Contact Elaine Anderson, Tel. 867736 or Rosalind Barker, Tel. 747802 or email pwcscotland@yahoo.co.uk

#### **ROTARY CLUB OF ABERDEEN DEESIDE**

Wednesday's 6.15 for 6.45 pm in the Cults Hotel. For further information contact the secretary Quentin Tweedie on 01224 868218 email qtweedie@btconnect.com

#### **SALTIRE SOCIETY**

Promotes all things Scottish. Meets monthly on Tuesdays, normally in Rubislaw Parish Church. (See article in magazine for details) Contact D J Robertson, Tel. 484061

#### **SCRABBLE CLUB, MCAH**

Fridays, 2.00-4.00pm Players at any level are very welcome Contact Joan Thomas - Tel : 733218

#### **CULTS STRATHSPEY & REEL SOCIETY, CPC**

Meet every 2nd Wednesday, 7.30 -9.00 p.m. Accordionists and violinists welcome Contact Fred Robertson, Tel. 310970

## ABERDEEN TOASTMASTERS (PUBLIC SPEAKING CLUB)

Meets at Northern Arts Club (NAC), 1st, 3rd, 5th Thursdays of every month - 7.00-9.00pm Visitors are welcome - no cover charge. Website: www.aberdeentoastmasters.org.uk Contact Matthew Mtumbuka - Tel: 861028 Email: matthews@mtumbuka.com

#### SCOTTISH WOMEN'S RURAL INSTITUTE, WRIH

1st Thursday of every month, 7.30-9.30pm (Not July or August) Contact Helen Johnston, Tel: 867726 or Lyn Pithie, Tel: 867614

#### **GRAMPIAN WOODTURNERS, SDCH**

Meet last Sunday in the month, 2.00 p.m. New members are most welcome. Meetings consist of member participation, demonstrations etc., Contact Bill Diack, Tel. 01467-622772





Lease your property with confidence. To find out more phone us on

(01224) 635355



## ABERDEEN PROPERTY LEASING

138/140 Rosemount Place, Aberdeen AB25 2YU



**Dedicated to Leasing** 



