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**Distribution in Aug 2014**

NB: the editorial content for this issue should be relevant for reading in mid-Aug thru to end of Oct 2014 and beyond

Send your copy as an email attachment and keep photos separate to: mbcnews@cbmcommunity.org.uk

OR POST TO:
MBC News,
c/o 11 Inchgarth Road
Cults, Aberdeen AB15 9NJ

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**This is a very tight deadline schedule due to holiday commitments by members of the production team. Giving you as much warning as possible that it is EARLIER than usual... No late calls for this issue.**

**Editorial:**

I have been editing MBC News for the past seven years. This means that I – and probably I alone - have read every word of the last 30 issues. Yet the irony is that I often do not feel well informed about what is going on locally. For example:

- What is happening to the place that used to be Cults Community Centre? How is it being used now? Why are there no adult education classes?

- What is happening at that place that used to be Cults East Kirk? Is it still a church? Can anyone make use of it? How does it relate to the flats next door?

- What is happening to the Marcliffe hotel? Is it still open for business? Is it going to be flats? Offices? When will we be told?

- Where exactly is the line of the new by-pass and when will they actually start to build it? How long will all that take and what will happen regarding the existing (often heavy) traffic? How will the by-pass affect the MBC community? Will we still be able to call ourselves MBC News or will the road signal a division of our communities in this part of Aberdeen?

- We have had lots of information about plans for new housing and lack of infrastructure to support them, but how is it working in practice? How is this affecting local residents with new estates right next door? How are the roads and schools coping and how will they cope in the future?

At least two of these issues are address in this edition of MBC News. But do please write in if you have something to say about any of them. We want your views and experiences.

I am delighted to say that my handmade doll collection – as featured in issue 162 – has found a new home at Culter Heritage Centre which has now reopened for the summer. Do go and see them, as well as a great many interesting exhibits with a local connection. In pride of place, they have Rob Roy himself and he is quite something!

Finally on behalf of the team, I should like to say that we all wish our friend and colleague Eleanor Brennan a swift recovery from her illness. Eleanor is involved in so many aspects of the life of the MBC community that there can be no-one unaware and unaffected by her absence just now. All the best Eleanor, we are thinking of you.

Maureen

Front Cover Supplied by Dan Hodsden - thank you

MBC News Delivery

Thanks to the two volunteers who have agreed to take on two of the three vacancies we have for delivery in the Cults area - your help is very much appreciated.

We still need a volunteer to take on the delivery for:
Part of North Deeside Road (from West Cults Road in Cults to 25 NDR in Bieldside) both South and North sides (45 copies).

It is a great way to get some exercise and put something back into the local community.

If you can help with this delivery please contact Peter Roberts on 868524.
News from the Cults Bieldside and Milltimber Community Council

The Community Council was honoured to be invited to speak to the Cults Over50 Club in the new Cults Kirk Centre last March. Peter Roberts and I gave it our best shot and hopefully some of those in the large audience will decide they have the time and interest to join CBMCC. The new centre is a fantastic addition to the community facilities in the area and we commend the Church of Scotland for its vision to create it.

Our presentation included an overview of Civic Interests other than the community councils, in this case the new organisation of Community Planning Aberdeen (CPA). This body is the partnership between the City Council and other Service Agencies active in the city (e.g. NHS Grampian) that will generate and budget a coordinated community plan for the city. It is a fresh start for TACA (The Aberdeen City Alliance) that had been in operation since 2002 with a similar objective. The new CPA set-up is thoroughly thought out with a Board, Management Group, Thematic Work Groups and a Reference Group, through which the civic and business communities can influence the planning process. The community council is indirectly involved through its representation in the Civic Forum that in turn has seats in the Reference Group and the Thematic Work Groups. Aberdeen City is very good at that type of planning but in the end, performance and success will only be measured on the practicality and impact of the plans and - most importantly - on their prompt scheduling and timely execution.

The Development business is also very good at planning and gets on with the work as soon as plans get through the formal application procedure. In the remainder of the year we will be able to see this process in live action in the CBMCC area.

While building houses of the first phase in Friarsfield is in full swing, the developers have already applied for permission to continue with the next phases. Consultation on this application will have closed when you read this but the Community Council has made representations on planned housing mix which does not include any luxury smaller bungalows and is also short on the affordable housing requirement and on aspects of flooding and access to existing properties. This phase should also see the completion of the spine road linking Kirk Brae with Craigton Road which hopefully will provide the necessary relief for the North Deeside Road.

In a sudden burst of activity the Masterplan for the new township in the Countesswells area has been offered for consultation during April together with planning applications for the first set of 400 houses and the associated infrastructure. The opportunity to create a completely new settlement from scratch is not presented too often and the professionals involved are rightly excited about it. Ideally the future Countesswells settlement will include all good features of existing townships in the Northeast in an up-to-date format, while avoiding their pitfalls, the whole enhanced with modern facilities. The Community Council will...
have made representations on the quality of the infrastructure plans, especially on the roads and other means of transportation into the city centre. Hopefully the city planners will insist that a bypass road is created right from the start. History teaches us that that is a good idea viz Stonehaven, Ellon etc. We all know that car traffic behaves like surface water: it flows where it can go most easily. Apart from reducing the inflow, i.e. by creating modern adequate public transport, the only way to prevent flooding of an accessible area is by providing a generous bypass channel.

Lastly there is the Oldfold development in Milltimber. Developers applied for planning permission in principle more than a year ago and CBMCC made extensive representations at that time regarding the provision of schools and the preferred extension of the existing Milltimber community centre. Access roads, public transport and the traffic load of various junctions of the North Deeside Road were also addressed at that time - this story gets monotonous but it is the subject residents speak to us about most frequently. Hopefully this will have all been resolved in a satisfactory way for the community when you read this but we are keeping our eyes open.

Speaking about keeping one’s eyes open. Somewhere in this magazine you will also find an article by Graham Payne on the prospects for improving the outlook of the MBC area with flowers and plants this summer. We should all get involved in this. It is always a pleasure when entering a village centre made colourful with flowers in hanging baskets and planters. Let ours be in that class.

CBMCC is already planning (yes, we too) this year’s traditional Xmas Carol concert which will benefit from the generous contribution offered by Aberdeen City to communities for seasonal lighting. The fabulous Morven Singers will unfortunately no longer be available and although we may have an alternative solution we would be interested to hear any suggestions from the community regarding the vocal support and/or musical entertainment for the event.

Finally with the summer right on top of us it will be appropriate to repeat my strong plea in a previous MBC News issue to be CONSIDERATE on the RAILWAY LINE path. This magnificent and unique facility will only remain a pleasure to use if we all take care. Everyone is responsible not only for their own safety but also for that of others who could be affected by our actions. It may also be wise to consider the time of the day. If you want to go out for a leisurely stroll or ride it may not be a good idea to do that during the traditional commuting times. Conversely if you are commuting at an unusual time of the day, expect (and be happy), to cycle at a slower pace.

Guus Glass
SERVICES
Family service, at 9.30am, every Sunday from 6th July to 17th August, inclusive.
Adult worship, at 10.30am every Sunday.

COMMUNION
Shared on the last Sunday of every month, except July and August.

WEDDINGS AND BAPTISMS
We welcome all enquiries and are happy to meet with couples and families.

WEEKDAY ACTIVITIES
Many but not all activities have a ‘holiday’ in the summer months. Ongoing activities will be listed in the intimations and on the Church's website at: http://www.cultsparishchurch.co.uk

HUB CAFÉ, CULTS KIRK CENTRE
Why not meet your friends at the Hub in the new Kirk Centre? You can enjoy a cup of coffee and a ‘fine piece’ or a light lunch and watch the world go by every Tuesday and Wednesday between 10.00am and 3.00pm.

CULTS 050 CLUB
See the Hobbies and Social pages of the MBC News.

MINISTER
Ewen Gilchrist, 1, Cairnlee Terrace, Bieldside, AB15 9AE. Tel: 861692.

SANCTUARY
Worship Centre, 1, Quarry Road, Cults, Aberdeen, AB15 9EX.

CULTS KIRK CENTRE and Church Office,
404, North Deeside Road, Aberdeen, AB15 9TD
Tel: 869028. Email: cultsparishchurch@btinternet.com

CULTS MUSIC TO REMEMBER
People with dementia, their family, carers and friends meet to sing on Tuesdays from 10.15am - 11.45am at the Cults Kirk Centre. The dates we meet are: May 13 and 27, June 10 and 24. There is a summer break and we resume on 19 August. Refreshments served after.
Contact Rosa Laing 868156 or Fran Payne 868827

Care of Your Cat
Treat your cat to five star accommodation and first class treatment in our luxury boarding facility which is set on a hillside with acres of beautiful countryside and picturesque surroundings offering your cat a peaceful and tranquil stay.

Small Animal Boarding
We can also board your small animals. Our experienced and caring staff are knowledgeable about birds, reptiles and amphibians, rabbits and other small, furry animals.

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- Bathing
- De-matting
- Trimming
- One-on one playtime

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Email: reception@aberdeenpetresort.co.uk
www.aberdeenpetresort.co.uk

PET CARE - WITH A HEART OF GOLD!
Primary Schools Quiz – February 2014
The Primary Schools Quiz was held in Kingswells Primary School. Rotarians from Aberdeen Deeside ran the event with a great team effort. Quizmaster Ellen posed the questions set by Ian, while Derek and Doreen kept score. Bill stood in for the ‘paparazzi’ and Harry proved an able ‘runner’.

Primary 7 pupils, in teams of four from Airyhall, Cults, Culter, Kingswells and Milltimber Primary Schools competed. Teams were asked 60 questions on the following topics: Literature, Maths, History, Environment, General Knowledge, Geography, Science/Technology, Music, Sports and Games, and Current Affairs. They demonstrated sound knowledge, great team spirit and good fun was had by the pupils and Rotarians alike.

All the teams did very well and the winner was Cults with 98 points. The Cults Team were David Gorrell, Megan Gorrell, Vaibhav Chetty and Jeremy Graham with Max Gardner as reserve. Anne Russell the Vocational and Youth Convenor presented the trophy on behalf of Aberdeen Deeside Rotary Club. Cults Primary School team will now represent Aberdeen Deeside at the next heat. Good Luck!

For more information on the Primary Schools Quiz progress please visit the website www.aberdeendesiderotary.org.uk

Community is the cornerstone of Aberdeen Deeside Rotary. We are committed to helping and supporting a variety of groups and organisations, offering both hands-on and financial assistance to our local and international community. As an organisation, the community within our club is essential to achieving the service we give.

As a club, we use our skills and expertise to make a difference in these communities by being TRUE in all that we do; being FAIR to everyone we deal with; offering GOODWILL and FRIENDSHIP and making sure our actions are BENEFICIAL for everyone involved. To find out more about us, why not come along to a meeting. Wednesday, 6.15pm @ The Cults Hotel.

DATES FOR THE DIARY
Sunday 11th May, The Marcliffe Hotel, 6pm – Art Evening 2014
‘Colour Outside the Lines’ with Jane Birrell in aid of Chest, Heart & Stroke, Scotland

Jane is a Scottish artist who trained at Grays School of Art and now works from her home studio in Catterline on the NE coast. Jane’s work is held in private collections worldwide. Recent commissions of original Coo Paintings are found as far afield as Houston, Texas, San Francisco, California, Switzerland Jersey and of course much closer to home in Aberdeen. Jane will paint an original work which she will donate for auction to the audience.


Tickets for this event can be purchased from: Milton of Crathes, Banchory 01330844664 or info@miltonart.com

Quentin Tweedie – 07764 939752 q tweedie@btconnect.com

News from Councillors Marie Boulton and Tauqeer Malik

Spring has sprung and still no snow, let us hope there are no late surprises!

Aberdeen City Council’s budget was approved in February with no cuts to services and further investments in all areas. The city is entering an exciting time with many projects moving into the delivery stages. Aberdeen Art Gallery planning application, which had been sent to Historic Scotland for final approval, received that approval with two changes which related to the front entrance. The wooden doors must be retained and the two side panels will remain unchanged and not dropped to pavement level as was planned.

The successful applicant for the City Centre Master Plan will be appointed by the end of June. The Third Don Crossing will start in July, subject to a successful tender process. The plans for Marischal Square have been on public view at the Art Gallery and submitted to Aberdeen City Council’s planning department for determination.

Locally, the Countesswells Development Framework and Phase 1 Master plan was approved as interim planning advice, with the Council reserving its position to review the proposed road infrastructure once the Traffic Assessment has been carried out. It was also agreed for officers to implement the process to ratify the Development Framework as Supplementary Guidance. This includes a six week public consultation with results reported to the Committee prior to submission to the Scottish Government. It was noted that the capacity of development on site, prior to the delivery of the AWPR, will be determined through the Transport Assessment process. Further details on this, including a phasing plan, will be provided within the consultation outcome report due to be presented to the Enterprise, Strategic Planning and Infrastructure Committee on 3 June 2014. The web links for the consultation documents are: http://www.aberdeencity.gov.uk/consultations or http://www.aberdeencity.gov.uk/masterplanning. Alternatively, a hard copy of the document can be viewed at Marischal College between 09:00 and 17:00 Monday to Friday. Please contact the Planning and Sustainable Development Service through the main reception. A copy is also available in the Central, Cults and Airyhall Libraries during their opening times. The consultation period started on Monday 17th March and finishes on Tuesday 29th April.

The Capital Works for Road Resurfacing identified that Countesswells Road, Mains of Countesswells eastwards and Ladyhill Road, which runs between Baillieswells Road and Kirk Brae will be resurfaced. The Capital Lighting Programme has identified that the corroded columns on Bingham Road West will be replaced. We recognise that there are further sections of roads that require attention and ongoing road inspections are taking place to identify, in order of priority, roads that potentially may be brought forward for attention.

Finally we are working with the Community Council to start an “in bloom” in the area and we would encourage everyone to try and get involved. I’m sure Graham Payne’s article will provide the detail you need. ‘The last plug must go to the “Friends of Allan Park”: again we are working with volunteers/residents from the area who wish to restore the Park to its former glory and bring new life to it. All are welcome to join in as in both cases, many hands make light work!

Cllr Marie Boulton
Cllr Tauqeer Malik
Something for everyone
at your local
Community Church!

Binghill Drive, Milltimber, AB13 0JE. Church Office: 01224 733979- www.decfchurch.org

WORSHIPSERVICES
9:30am & 11:30am Family Service with crèche, Junior Church, Sl-2 Bible class and Celebration Group (11:30 Service only)
6:00pm Evening Service
Wt:h a Missions Report 1st Sunday monthly & Communion 2nd & 4th Sunday monthly

MISSIONARY CRAFT WORKSHOP
We meet in Cafe One every 2nd & 4th Wednesday monthly, 10am-12pm to make useful gifts to send to children and missionaries working abroad. We would be pleased to have you join us.

55+
You will be made most welcome every second Monday of the month at our over 55s social group - events, outings, Coffee Mornings and more! 10:30-12noon

DIVORCE@re
Our Support Group meets to have a light meal together and follow a seminar programme every Wednesday at 7pm in Cafe One in the church.
For more information contact Beatriz Schumann on: 07834923007
Beatriz_Schumann@hotmail.com

PARENTS, BABIES & TODDLERS
We would love to have you join us with your little ones Tues mornings, 9:45-11:30am. Phone Morven on 744829 or please just come along.

MISSIONARY CRAFT WORKSHOP
We meet in Cafe One every 2nd & 4th Wednesday monthly, 10am-12pm to make useful gifts to send to children and missionaries working abroad. We would be pleased to have you join us.

EASTER PRAISE!
@ Deeside Christian Fellowship Church, Milltimber
Thursday 24th April 2.30-4.00pm

Grampian Torch Group
This group, led by a dedicated team, caters for the needs of people with disabilities and enables them to hear the gospel in ways that are relevant to them.
The Celebration Group take part in the main Sunday morning service. The group then leave to take part in their own service focused on Bible teaching, praise and prayer.
For more information contact Anne Beedie on 01224 733979

Grampian Torch Group
If you or any of your friends or family are experiencing sight loss, this is an excellent opportunity to meet a friendly, caring group of people.
We look forward to welcoming you! Refreshments will be served.
For more information contact Christine Ferreyra on: 07938938446
www.torchtrust.org

Elmer & Kathryn Rojas, our Community Family Workers are happy to meet for a chat or just get a chance to meet and say “hello”.
Feel free to telephone the Church Office on 733979 or 07712326049 (Elmer) 07889538972 (Kathryn).

FRIENDSHIP IN ART
All artists most welcome!
We meet fortnightly Fridays in Cafe One, 10am-12pm. Creativity in art enjoyed among artistic friends, with time for coffee and a chat too! Enquire at the Church Office for more details.

Cafe One
Thursdays from 9.30am - 12pm at Deeside Christian Fellowship Church
Come along and enjoy some Coffee, Tea, Muffins and Cakes...
News from Councillor Aileen Malone

Allan Park
Spring is here and thanks to the positive efforts of the "Friends of Allan Park", our attractive local park, is looking well. The Friends have been doing sterling work: painting and generally giving the park a tidy up. Please go and have a look and see our 'hidden gem'.

Clean Up at Inchgarth Reservoir
I received several complaints about the unkempt appearance of the entrance to the Scottish Water Reservoir on Inchgarth Road. I raised local concerns with the Scottish Water. They instructed a clean up of the area. I will continue to monitor the site. The environment should be kept clean and safe. Please let me know any problems.

Double Yellow lines- Florence Court
Residents of Florence Court contacted me about their parking situation. At the moment there are 'double yellow lines' on the north side. The south side has parking space allocated. Residents would like to have more convenient parking to improve safety for themselves and their visitors. Currently they have to cross North Deeside Road to reach Florence Court and the Outreach Centre. The aim is to swap the parking over to the opposite side. I tried to have extra parking allocated near Florence Court but this would compromise visibility.

The parking changes went to the March meeting of the "Enterprise Planning & Infrastructure Committee" as a proposal. Now we are proceeding through the consultation process with a view to seeking final approval in early September. Parking - and other traffic problems - along North Deeside Road and adjacent streets is often a worry. Please let me know any issues and I will try to help.

Queen's Relay Baton
The Commonwealth Games Baton will reach Aberdeen on Monday 30 June, the team arriving in the city after visiting Aberdeenshire on Sunday 29 June. The baton leaves Dunnottar Castle then makes its way along Lower Deeside. Details of the exact time will be released in April along with details of local baton bearers. Hopefully some local residents will be able to get involved and to support the relay as it makes its way to Glasgow for the Commonwealth Games.

Public Consultation Draft Pitfodels Conservation Area Character Appraisal
Last year the City Council reviewed some of its conservation areas and how best to manage and protect them. A "Conservation Area Character Appraisals and Management Plan" was produced for consultation. This includes Pitfodels so I was keen to ensure that our local interest be heard. The planning team has now completed a draft character appraisal for Pitfodels Conservation Area, providing guidance for both public and developers. On 20 March, the Council's planning committee agreed a six week consultation period for the "Draft Pitfodels Appraisal", running from Monday 31 March to noon on Monday 12 May.

The outcome of the consultation, including any necessary amendments will be reported back to the planning committee for consideration. The documents can be downloaded and viewed online. The link is via 'Current Consultations' on the Council website www.aberdeencity.gov.uk/consultations and www.aberdeencity.gov.uk/masterplanning.
Paper copies of the documents are available at Cults Library.

Countesswells Development
Many residents will wish to keep up to date with information on the development proposals from the "Countesswells Consortium". This is a group of businesses who have proposed 3,000 new homes, two primary schools, a secondary school and other buildings. Local people have been asking various questions such as impact on the local transport system. The "Masterplan" is out for consultation until 29 April 2014. This is available on the Council website and in some local libraries.

Roe Deer - Cults
Several residents in the Cults area have contacted me about the presence of Roe Deer whose numbers are growing across Scotland. Aberdeen is well ahead of most authorities in the careful, sensitive management of the situation. A Council team is working on a plan for managing the growing deer population. Over-population is a problem for the deer since the natural environment can only feed a certain number of deer. In the meantime please be extra vigilant when driving at dusk in the Inchgarth area.

Contact
Please contact me if you have any comments, suggestions or questions and I will do my best to protect and improve our local quality of life. My contact details are:
Councillor Aileen Malone Town House Broad Street Aberdeen AB10 1FY Direct Dial: 522356
Home: 868690 Email: a Malone@aberdeencity.gov.uk

Debt and money advice – budgeting, debt management, income maximisation and improving your financial situation
Housing – whether you rent, are an owner occupier, or are homeless
Work-related problems – terms and conditions, dismissal, sickness absence, intimidation, unfair dismissal and redundancy issues
Consumer issues – help with everything from broken kettles to difficulties with gas and electricity supply
Relationships – issues relating to separation, children, bereavement and other family matters
Service related matters – including referrals to the appropriate organisations

If we can help you, please contact
Kate Dean
Regional Support Officer
tel: 01224 569754
e-mail: Kate.Dean@aberdeencab.csonline.org.uk

The Armed Services Advice Project is based in Citizens Advice Bureaux across Scotland, where our trained specialist advisers offer information, advice and casework support. We can work with a wide range of other organisations to put together a support package that's right for you. Our service is free of charge and totally confidential.

We support people who are
Serving in the Armed Forces, Regular or Reserve, and their dependants
Ex-Service, Regular or Reserve (including TA) and their dependants
Members of the Merchant Navy who served in support of legally defined UK military operations, and their dependants

We can assist with
Benefits – entitlements, support with applications and appeals against decisions
Housing – including accommodation, homelessness
Family Matters – including separation, divorce, and care of children
Health issues
Employment – including redundancy and unfair dismissal
Legal issues
Debt and money advice
Consumer issues
Ex-Services Pension
Pensions

Contact
Email: Kate.Dean@aberdeencab.csonline.org.uk
Tel: 01224 569754
Home: 868690
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Culter Youth Football

The club welcomed Bryan Robson, former Man Utd & England Captain, to a packed Hilton Tree Tops as the guest speaker for the annual fund raising dinner in February. The evening was a tremendous success and the club would like to thank all the support and donations we received to help ensure a successful night.

In January, the club maintained its Standard Level Quality Mark from the SFA which is a fantastic achievement for all those involved; we are now looking to progress this over the coming year to achieve the Developmental Level. This would entail further investment from our coaches to achieve the next coach course level. To support this, the club is always looking to expand our coaching staff and would appeal to all those interested who may be keen to get further involved. Please get in touch if you would be interested in helping out.

Football Development Officers are a big part of the progression of the club and these roles involve overseeing a range of age groups to give guidance and share expertise. With these roles, the club would be keen to invite currently qualified coaches who have perhaps been through the SYFA coaching process but have ‘hung up their boots.’

Presentation Night
We are looking forward to the annual presentation night which will be on 11th June at Cults Academy. This is the club's opportunity to recognise each team and individual players for outstanding achievements over the past season.

New Players
The club has a healthy interest from new players wanting to join the club and all teams would welcome new members, so please contact us on culteryouthfc@gmail.com to find out what we can offer.
Heritage Centre, Culter

The Heritage Centre reopened on Saturday 5th April and is currently open each Saturday, Sunday, and Wednesday from 2-4pm until the end of October. Groups are welcomed outwith these times by prior arrangement and refreshments can be provided. The Heritage Centre contains an interesting range of displays of life in Lower Deeside and this year there will be a number of exhibits relating to the start of the First World War.

The Heritage Centre is run entirely by volunteers and is the only one of its kind within the City of Aberdeen. To honour the work of the co-founder of the Heritage Centre, Allan Pennie, a stained glass window has been installed; Allan has recently retired as the first Chairman of the Heritage Centre.

In the Heritage Hall on Saturdays and Sundays, afternoon teas are served with delicious home baking which are always popular - please come and visit us.

Peterculter Medical Practice

Although these days we generally do not take the Monday Public Holidays, the practice will be closed on Monday 5th May, with emergency medical cover provided by NHS24 and GMED. We are using this day to spend time on discussing practice business matters and service development, one of our regular annual activities aimed at making improvements to our services where possible.

We would appreciate any feedback on our practice website www.petercultermedicalpractice.co.uk. There are many of you now using online appointment booking, and if anyone is interested in this please see details of this online or ask at reception. Online repeat prescription requests will be a developing feature through the course of this year.

With the longer daylight hours there is hopefully more time to engage in enjoyable health-promoting activities such as regular exercise, and remember, any exercise is better than none at all. There are ample opportunities for this in the Lower Deeside area.

Dr Douglas Harris, Peterculter

21° Aberdeen (Cults) Scout Group

ANNUAL JUMBLE SALE
Saturday 24th May
Scout Centre
South Avenue
Cults
10 am - 4 pm

PLEASE BRING YOUR DONATIONS TO THE SCOUT CENTRE BETWEEN
10am-12 noon, 1-3pm and 7-9pm, 19-23° MAY INCLUSIVE
ADMISSION: ADULTS £1.00, CHILDREN 50P

ADMISSION: ADULTS £1.00, CHILDREN 50P

DOGGYDUDES is a newly opened dog grooming salon located at Elrick, Westhill, Aberdeenshire.

Most breeds of dogs are catered for and with just one dog being taken at a time, you can be sure that your pet will receive a very personal and professional treatment.

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Cults Bowling Club opened for its outdoor season on Saturday, 19th April with a game of bowls followed by a meal enjoyed by 50 members and guests. This was the prelude to a busy season where members are looking forward to games against other clubs, nationally based games and, of course, our own internal competitions such as the Kelly of Cults Trophy. As well as this full bowling programme, there are many social events throughout the season including the popular barbecue and fun games this year to be held on Sunday afternoon, 29 June. There are also regular pizza nights to which guests are welcome. A family day aimed at grandparents and grandchildren takes place on Sunday, 27th April and an Open Day on Sunday, 11th May when new and potential members play a game of bowls followed by a cheese and wine party. A further Open Day is planned for the evening of Wednesday, 27th August as part of the MBC Festival.

This is, of course, the year of the Commonwealth Games which includes bowling as one of the sports. A number of our members are going through to Glasgow to support the Scottish teams. We are also holding our own event with a Commonwealth Games Celebration on Sunday afternoon, 10th August.

As last year, we are running a course for pupils in Primaries 6 and 7 from Cults, Milltimber and Peterculter schools. The students are introduced to the game and coached in the skills involved. All of our coaches are qualified and have attended child protection courses. The course culminates in a tournament with Seafield BC who are running a parallel course. It is organised in conjunction with Active Schools, Aberdeen City Council.

To encourage anyone who is interested to “have a go” guests are always welcome at the Club. They do not need to know anyone. They may come down, meet some members and be introduced to the game. This year we have introduced a new fee structure so that a new member will only pay a fee of £45 in his/her first year (as opposed to the full annual fee of £90). There is also a family fee where the whole family will only pay a fee of £90.

The Club’s web site is www.cultsbowlingclub.weebly.com. There you will find details of our programme and much general information about the Club. You may also contact Findlay Baxter at Tel: 01224 868263 or at findlaybaxter@onetel.com who is also a fund of information.

Quiz Night at Cults Academy to Raise Money for Rugby Posts

Since Cults Academy moved into its new building on Quarry Road in October 2009 it has not had any rugby posts on its grounds. This has been problematic for our young and talented rugby players who have had to play all their “home” games on away pitches – potentially a big disadvantage. The school has an Under 16 team comprised of 3rd and 4th years and an Under 18 team comprised of 5th and 6th years. Rugby is taught during PE classes and also by Kyle Drummond who is employed by the Scottish Rugby Union Regional Development Office and who trains the teams on Tuesday evenings.

The Cults Academy PTA has decided to focus its efforts this year on raising the £3,000 needed to provide rugby posts for the school. A raffle earlier in the year started the fundraising ball rolling but our big event is a quiz night that will be held in the Academy on Friday May 16th. Anna Daley, our experienced quiz master, will be putting us all through our paces. The school staff room will be transformed for the night, and wine, beer, soft drinks and nibbles will be available. Tables will be of teams up to a maximum of 8 people. Feel free to put together a team of your own or simply come along on the night and join up with a team. Tickets are £5 a head. You can pay on the night but please let Pat in the School Office know that you are coming by Tuesday 13th May so that we know how many we are catering for. We are looking forward to a night of good fun with everyone determined not to let the rugby players’ team trounce us!
What is really happening at the brand new Cults Kirk Centre?

In March I had the pleasure of spending half an hour with Ewen Gilchrist, Minister of Cults Parish Church, whilst he talked me through the new Cults Kirk Centre (CKC). I was astonished to discover (and perhaps I should have known) that the former Cults East Church – now the CKC – and the Cults West Church (now Cults Kirk Sanctuary, on Quarry Road) together now make up Cults Parish Church. Devotions and extra-mural activities occur at both sites but the church at Quarry Road is mainly given over to services, weddings, baptisms, and concerts and the CKC to classes, group activities and a café which is open on Tuesdays and Wednesdays from 10am until 3pm. Activities include Zumba, Yoga, O50 group, Pilates, Scrabble, Bible studies, youth groups, massage for babies and a mixed A Capella choir (see What’s On section of MBC News)!

Designed by congregation member and architect Ian Rodger, the building provides a beautiful and uplifting space where stone doorways from the previous church building and striking stained glass panels subtly combine with modern environmentally aware features. The result is a fully functioning building with a pleasant and enjoyable atmosphere. It was ‘opened’ in December last year with worship on the first Sunday of Advent (after eight years of planning and praying!) A second and more formal opening occurred in February 2014 when the Moderator of the Church of Scotland, the Very Rev. Lorna Hood came. The photos show her cutting the cake with Ewen, sitting with architect Ian against the backdrop of stained glass panels and the CPC members and their guests who came to enjoy the event.

On the bright sunny day when I was there, the centre was a hub of activity: the café was full of people enjoying coffee and tempting home bakes, the O50 group was having soup and sandwiches prior to listening to its regular weekly speaker, and several of the meeting rooms were being prepared for the next occupants. Groups using them must pay a rental charge, but Cults Kirk is not a profit-making organisation. It is run largely by volunteers and funded by the parishioners and various fundraising activities. It is completely separate from the McCarthy & Stone flat development. It was this sale that helped the CKC to be completed.

Their aim is to provide a safe and pleasant place that the whole community can enjoy, to meet friends, have a rest and have some fun. It is not just for ‘kirk’ folk but for us all. So give it a go. I shall certainly be going back soon for some of those delicious looking cakes.

Maureen McLennan
Cults Cricket Club

By the time you read this article the 2014 cricket season will have started. This will of course, be subject to the prevailing weather conditions. Cricketers in the north-east are a hardy bunch and yes you can play in thermals, but it can difficult to bowl in wellies. Cults CC, as with most amateur sports clubs is always on the lookout for players of all ages. If you fancy a game, we cater for all ages and levels of ability, please get in touch. My contact details are at the bottom of this article.

We have a particularly busy season this year. Our senior XI’s are taking part in not only their respective league campaigns and cup competitions, we also have the Small Clubs Cup, Turriff Cup, The Grades 7’s and some guys take part in the Legends Evening League side. So there is plenty cricket to play for this season.

Our games at Cults this season are:
Saturdays - 1st and 2nd XI home games.
Sunday - 1st XI Cup ties
Monday - Junior games/nets
Tuesday - Legends
Wednesday - Juniors games/nets
Thursday - Senior nets
Friday - day off

The winter has been strange this year, comparatively mild but extremely wet. Allan Park Stadium has experienced more flooding this winter than previous years and this has taken its toll on our buildings. The ground itself has wintered not too badly and we have tidied up the detritus from the flooding. No trees washed onto the square this year. I hope that spring and early summer is kind to us and I can get decent strips prepared for the season. We, as a Club, are working closely with the Friends of the Allan Park to continue improvements that have started to be made. The Allan Park is a much more pleasant place to visit as a result.

Cults CC has to fundraise every year and is always on the lookout for sponsors. My thanks to all those who have helped us in the past. If you can sponsor Cults or know of anyone who can, then please contact me in the first instance.

Let us hope for a dry, sunny and warm summer and cricket of good quality. Do pay a visit on match days and come and watch this fabulous sport.

Ian Sutherland
(h) 01224 742833 (m) 07815 637407
email: thesutherlandfamily@btinternet.com

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St Devenick’s Playgroup News

As usual we have been very busy at St Devenick’s Playgroup! The children wanted to learn more about classrooms last term so we went to visit the Green Unit at Cults Primary School where we saw what the class areas look like. It was a fantastic opportunity for the children to see the inside of a real school as well as giving them the chance to play and explore in a different learning environment. A big thank you to Miss McKay and the teachers in the Green Unit – we were made to feel very welcome.

The spring sunshine has enabled us to play in our garden and outdoor playground as much as possible. The garden is undergoing further development, with decking, interactive fencing and other exciting installations being fitted – our aim is to create as interesting and interactive an area as possible where the children can learn and explore (or just chill out) to their hearts’ content. We have also planted lots of flowers and vegetables so (hopefully) the garden will be blooming soon!

We also went on two trips a bit further afield last term – firstly we went to see the Singing Kettle at the Music Hall and our second trip was to the Beach Ballroom (as part of the Aberdeen City Council’s Arts Across Learning Festival 2014) to see the band ‘Cherry Grove’ and learn more about the instruments they play. We all had a great time dancing along to their music and hearing them play. We are constantly developing our Music and Drama room so both the trips inspired the children to be creative in different ways. They love to dance, put on shows and play musical instruments as well as dressing up; watch this space for the pop stars of the future!

As well as all this we also managed to find the time to revamp our role play corner and look at the countries of China and France but the children were all ready for their break at Easter.

St Devenick’s Playgroup is based on Baillieswells Road, Bieldside. Playgroup sessions run from 9.20 to 11.50 on Monday to Friday with lunch club on a Wednesday. Rising Fives sessions are from 12.30 to 3.00 on Monday, Tuesday and Thursdays. To find out more please call Playgroup on 867431 or Julie on 868644. Our e-mail address is stdevenicksplaygroup@gmail.com
Cults Lawn Tennis Club – WHAT’S NEW?

New Coaching Initiatives

Gareth and his coaching team have planned an extensive all year coaching programme for 2014 – 15 catering for senior and junior players of all ages and abilities, members and non-members. For the first time “Tennis Express” sessions are available for adult beginners. Basic forehands, backhands, court positioning, serving and how to keep score will be covered in blocks of one hour per week for five weeks. For more information about times and costs and to book a place on Tennis Express or any ongoing Junior or Adult Coaching Sessions email Gareth at g.rennie@cultstennisaberdeen.co.uk

Following on from the successful visit by Justine Henin to Westburn Tennis Centre last year to promote tennis and encourage junior players, Cults Tennis Club have been in contact with the Justine Henin Academy in Brussels and are hoping to negotiate reasonable rates and accommodation to allow some of the top junior players to visit for a week in September.

New Members - Come and play

Tennis players who are interested in finding out about activities at Cults Tennis Club are invited to come and play for a free first trial session either at Social Tennis, on Saturdays and Sundays from 2pm when members play either singles or doubles, changing partners and opponents after each set, or at Match Practice on Mondays from 6.30pm.

New Club Secretary

Dan Packham took over as Secretary after the AGM last November. Anyone requiring information about joining Cults Tennis Club can email Dan at d.packham@cultstennisaberdeen.co.uk

New Cults Tennis Club Twitter Account

Cults Tennis Club is now on Twitter www.twitter.com/CultsTennis; and Facebook www.facebook.com/cultstennis

Full details of all Cults Tennis Club activities are on Cults Tennis Club own website: www.cultstennisaberdeen.co.uk

PERCHANCE

Perchance you’re chewing a pork chop when
A great meteorite crashes through your roof
Not your fault, it was random… just bad luck.

Perchance you’re sailing when a freak wave
Topples your boat and a shark swallows you
Not your fault, it was random… just bad luck.

Perchance you’re hurrying to Evensong when
In a sudden thunderstorm you get flash fried
Not your fault, it was random… just bad luck.

Perchance you’re in a Rolls off to marry Willy
But en route to church he dies of an apoplexy
Not your fault, it was random… just bad luck.

On the other hand, maybe … randomly again
Perchance someday your Prince will come…
Or a pretty Princess … with a fat pot of gold…

“Oh, how sweet,” she may tweet with a glance
“But for you it’s not per chance, it’s nae chance!
Zilch! But dream on, dear boy, dream on…..”

Ron Sawdon
Cults Hillwalking Club

Thirty one club members braved forecasts of 40 mph gales with gusts up to 85 mph to walk from Glen Fiddich to Glen Livet via the Corbett, Corryhabbie, or through Glen Suie. We all began our walks along the picturesque Glen Fiddich, diverging after Glen Fiddich lodge to follow higher or lower routes. Other than the wild wind, the day was sunny and fine, with excellent views in all directions. Fortuitously, the three groups arrived back at the bus almost together, enabling us to arrive at The Croft Inn, Shenval in time to see Aberdeen FC win the Scottish League Cup (on penalties!).

Pic to right : Standing up to the wind on Corryhabbie Hill

<table>
<thead>
<tr>
<th>Evening meeting</th>
<th>Sunday Walk</th>
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</thead>
<tbody>
<tr>
<td>Cults Community Centre 7.30 pm</td>
<td>Various pick up points</td>
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<tr>
<td>8 May</td>
<td>18 May</td>
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<tr>
<td>AGM followed by Wine &amp; Cheese Party</td>
<td>Beinn Bhrotain</td>
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<tr>
<td>16 or 28 km/ 10 or 17 mls</td>
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<tr>
<td>5 June</td>
<td>15 June</td>
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<tr>
<td>Foveran Links</td>
<td>Braeriach Sgor Gaoith</td>
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<tr>
<td>Meal at Newburgh Golf Club</td>
<td>NB 5.45 for 6.00am start</td>
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<tr>
<td>5 km/ 3 ml</td>
<td>22 or 27 km/ 14 or 17 ml</td>
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<tr>
<td>3 July</td>
<td>13 July</td>
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<tr>
<td>Informal Meeting</td>
<td>Cairn Bannoch - Broad Cairn</td>
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<tr>
<td>Cults Hotel</td>
<td>16 or 23km/ 10 or 14ml</td>
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<tr>
<td>7 Aug</td>
<td>17 Aug</td>
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<tr>
<td>Informal Meeting</td>
<td>Jock’s Road</td>
</tr>
<tr>
<td>Cults Hotel</td>
<td>20 or 25km/ 12 or 15ml</td>
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</tbody>
</table>

New members are always welcome. Why not come along and see for yourself what a varied programme we offer? The club website http://www.cultshillwalkingclub.org.uk/ has details of the 2013 – 2014 club walks and other activities or contact. Chairman, Andy Roberts on 01224 733710, andylacyroberts@hotmail.co.uk or Membership Secretary John Adams on 01224 868402 john@adamsnet.co.uk

Camphill Wellbeing Trust is a medical charity which aims to support an extended approach to health and wellbeing.

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To find out more, contact us on: 01224 869833 or by email: admin@camphillwellbeing.org.uk
www.camphillwellbeing.org.uk

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A Home for our Harmonies

Welcome to ALBA MIX - we are your local a cappella mixed choir. We formed in Summer 2012 - a group of experienced singers who were looking for something a little bit more challenging than perhaps your regular choir.

At our first contest appearance in June 2013 we won the Aberdeen music festival mixed choir contest - receiving “The Peterhead Silver Challenge Trophy”.

Whilst few of our members read music, we all aim to learn quickly and to perform music from across the genres. Our most recent songs have included Ben E. King, and Sting, whilst we still love some of the classics of jazz like Misty.

We have now found a permanent home for our rehearsals in the beautiful new Cults Kirk Centre and are looking to audition willing recruits who would love to sing in a mixed harmony group.

Come and hear us at our OPEN EVENING to be held on Thursday 24th April 7.30pm - 9.30pm in the Bennachie Room at The Cults Kirk Centre, 404 North Deeside Road, Cults.

For more info see our new website: www.albamix.co.uk

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See contact details on Pg 3
Blairs’ Charity Concert Raises the Roof

On 1st March, St Mary’s Chapel at Blairs hosted a Charity Concert in aid of the Blairs College Chapel Trust to help fund their current building restoration project. The concert featured two well known, local choirs: The African Catholic Choir and Rock Choir. It was a lively and very enjoyable evening with some songs in African languages, some accompanied by African drums and some more familiar songs by Rock Choir. There was even an opportunity for the audience to join in with the actions. Both choirs were full of energy and put on a wonderful performance.

Blairs parishioners prepared a huge spread of delicious homebakes, and teas and coffees were also served. During the interval a raffle was held. Thank you to all the prize donors for their generosity including the local businesses who kindly offered vouchers: Rock Choir, Rona Everett Hairdressing, Tips and Toes, Kelly of Cults and Highland Gourmet of Peterculter.

Previous fundraising events that the church has organized have included the Blairs Christmas Tree Festival last December, Sainsbury’s bag packing last November and a Cocktails in Teapots Party last June. Please check our website www.stmarysblairs.org for details of future events.

Work is now nearly complete in the tower to rectify the drainage problem. Also the marble has been repaired inside the chapel and the repointing work on the roof has been completed. The next project will be to address the internal plaster work that has been affected by the water ingress. It is exciting to see the funds that we have raised so far already making a big difference to the health of our church.

Blairs is very grateful for the support of everyone involved and look forward to welcoming back Rock Choir and The African Catholic Choir on their next visit.

This term we welcomed inspectors from both the National Autistic Society and the Care Inspectorate for their regular visits and I am glad to say that we have received very good reports from both regulatory bodies. We remain the only school in the City accredited with the National Autistic Society and hope that this repeated recognition will enable us to continue to offer a first class service to children and young people with autism.

As part of our commitment to partnership working within the locality, we recently hosted and presented at a SCILL workshop for parents and carers of children and young people with additional support needs. More than 80 people attended the event on our Milltimber Campus and heard talks about how to promote resilience and self-esteem. Later in the day attendees participated in a variety of ‘hands on’ activities around the theme of relaxation.

Currently the school is undergoing restructuring and a new management team, including an executive director, has been appointed. Our hope is that we will now be better equipped to respond to the needs of children and young people and their parents. As part of our vision for the future we will be developing more places for those needing a 52 week placement as well as others who may live locally and need an intensive therapeutic programme linking home, local school and Camphill. We will be expanding our early childhood work at the younger end of our age spectrum while also redesigning our services for young adults so that they become more easily available for people with self-direct payments and personal budgets. Our intention is to link ever more with colleagues in the City and Shire and to make the boundary between Camphill and the locality more permeable. These are exciting times and we are looking forward with enthusiasm.

As the construction of the Aberdeen Western Peripheral Road gets closer, in the past week we have had tree surgeons on Camphill Estate planting trees in an attempt to mitigate the increased noise level. We remain very concerned about the effects the construction will have on the vulnerable children and young people who attend Camphill School.

During the term our Pupil Council, recently renamed the Camphill Student Council, met with the Aberdeenshire Education Committee convener and her deputy, and later with Gayle Gormann, Director of Education, Aberdeen City who later wrote, “I really appreciated meeting with your three student council members, who were wonderful young people and their experiences at Camphill spoke for themselves”.

Laurence Alfred
Hello from Milltimber School PTA

It has been a busy time at Milltimber School since the start of the academic year with PTA fundraising events at the school including a disco in September, Ladies Night in October and the Christmas Fair which were all successful and enjoyable evenings. More recently we hosted a quiz at Milltimber Community Hall in February which was a triumph! Teams travelled from far and wide (well from Inverness) to enter the quiz and a great time was had by all.

Money raised by the PTA goes towards additional educational supplies and equipment for the school outwith Aberdeen City Council’s budget. These things are vital in order to support teachers and pupils in the provision of a quality education.

While the PTA events may be considered to be for the pupils and families of the school, we are keen to involve the wider community in the life and activities of the school. As such most PTA events are open to all and we look forward to seeing some new faces at our upcoming events.

Our next community event will be a Commonwealth Games themed Spring Fair, which will be held at Milltimber School on Saturday 24th May from 12.30 – 3.00. There will be a 40ft inflatable obstacle course, a range of games, raffle, cake decorating, food supplied by Kippie Lodge and stalls from local businesses. We also have a visit from the Community Police planned.

We have an action packed afternoon planned, which should have something for everyone, so please come along and help us make the Fair a great success. Tickets are available from the PTA in advance (contact milltimberptasecretary@hotmail.com), or on the day at the school, and will be £3 for adults and £1 for children including coffee / tea / juice & cake.

This will be the first of a series of updates in the MBC News keeping you in touch with the activities and events of Milltimber School PTA and we hope to see you at future fundraising events.

Neighbourhood Watch

A very well attended meeting arranged by Absafe on 6th March was addressed by an inspector from Police Scotland, followed by a question and answer session. Problems particular to Lower Deeside (Cults-to-Culter inclusive) were given a good airing. Much interest was shown in revitalising the local association. If you are a Watch co-ordinator, or just interested in Neighbourhood Watch locally, drop me a line on davemac35@sky.com.

Opportunistic crime is still rife in the district, but the weekly bulletin from Absafe shows a number of traditional break-ins are occurring. Be ABERdeen-SAFE!

Dave
Milltimber Scout Group

The highlight of the winter programme for the Milltimber Scout Troop is the Ski Camp, which has been held virtually every year for the past 30 years. Ski camp is perhaps a misnomer, as the scouts do stay in indoor accommodation, although it is not unheard of for scouts and leaders to stay outside in hammocks or igloos. This year, there was no shortage of snow, and the skiers and snowboarders had to leave the slopes early on the Saturday due to high winds; as the wind had moderated somewhat by Sunday, the Troop was able to enjoy an extra morning on the slopes in recompense.

Burns Night is always celebrated by the Group. The Beaver Colony joined in with other Beavers from the District for a special Burns evening in the Barn and George Smith Centre at Templars’ Park, organised by Aberdeen District, and despite heavy rain, all had a great evening. The programme for the Beavers this term has been the Faith badge, which included a visit to Blairs College. The Scout Troop held its own versions of a Burns Nights with traditional homely fare, speeches, songs and a brave attempt at the Orkney Strip the Willow. The Group Burns Supper and Ceilidh was again a sell-out and another great success.

The Explorer Unit for the 15 to 18 year olds has now been re-established and is fully commissioned. Meetings are held in the Milltimber Community Hall on Thursday evenings from 8.00 to 10.00pm and membership is open to all males and females in that age group whether or not they have been members of the Scout Group previously. Most of the activities will be centred on the outdoors, but the programme is decided largely by the members of the Unit.

The programme for the Cub Pack this term has been aimed towards the fitness challenge badge, and included a visit from a Karate Instructor, and an evening walk through Drum Forest with a star recognition session. The Pack also had a visit from a fire appliance from the Fire Brigade. Over thirty members of the Group attended the Aberdeen Scout Gang Show to cheer on the three members of the Group who were in the cast.

The main fund raising event of the year, the Jumble Sale was held at the end of March, which has raised just under £5,000 at this time, but we are still counting. Thanks to all who supported the event in any way and helped reinforce our position as the ‘coolest Jumble in town’. The sale does involve much work from many people, but apart from raising funds for the Group, we also support local charities and contribute to environmental recycling programmes. Barbara Stroud, our Cub Leader for over 30 years and with over 50 years service to the Scout Movement was awarded a Bar to the Silver Acorn Award in the year’s St George’s Day awards for further specially distinguished services to the Scout Movement.
We look forward to welcoming you at the events below!

<table>
<thead>
<tr>
<th>Event</th>
<th>Date and Time</th>
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<tbody>
<tr>
<td>Art Exhibition - Phoenix Centre, Newton Dee</td>
<td>Sat 23 and Sun 24 Aug (10am - 5pm)</td>
</tr>
<tr>
<td>Mainly Music - Hillview Community Church</td>
<td>Sat 23 Aug (10am - noon)</td>
</tr>
<tr>
<td>Kids Come and Try - Cults Primary School</td>
<td>Sat 23 Aug (2 - 4pm)</td>
</tr>
<tr>
<td>Comedy Night with Andy Kind - St Devenick’s Church</td>
<td>Sat 23 Aug (7.30pm)</td>
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<tr>
<td>Music in the Sanctuary - Cults Parish Church (with the Atholl Smith Jazz Band)</td>
<td>Sun 24 Aug (7 - 8pm)</td>
</tr>
<tr>
<td>Tennis Open Evening - Cults Tennis Club</td>
<td>Mon 25 Aug (from 6.30pm)</td>
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<tr>
<td>Bowling Open Day - Cults Bowling Club</td>
<td>Wed 27 Aug (from 7pm)</td>
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<tr>
<td>Flower Show and Calligraphy Exhibition - Cults Parish Church</td>
<td>Thurs 28 - Sat 30 Aug (10am - 4pm)</td>
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<tr>
<td>Leprosy Coffee Morning - Cults Kirk Centre</td>
<td>Sat 30 Aug (10am - noon)</td>
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<tr>
<td>Children’s Dog Show - Cults Kirk Centre</td>
<td>Sat 30 Aug (10am - noon)</td>
</tr>
<tr>
<td>Family Fun Day - St Devenick’s Church</td>
<td>Sat 30 Aug (1 - 4pm)</td>
</tr>
<tr>
<td>Open Day - Simeon and Cairnlee Houses</td>
<td>Sun 31 Aug (2 - 4pm)</td>
</tr>
<tr>
<td>Children’s Treasure Hunt - Cults Old Station</td>
<td>Sun 31 Aug (2pm)</td>
</tr>
<tr>
<td>Musical Evening - Cults Parish Church (with Northfield Community Band)</td>
<td>Sun 31 Aug (7 - 8pm)</td>
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<tr>
<td>Square Dancing - WRI Hall</td>
<td>Mon 1 Sept (7.30 - 9pm)</td>
</tr>
<tr>
<td>Fit Folk 55+ - Hillview Community Church</td>
<td>Wed 3 Sept (10 - 11am)</td>
</tr>
</tbody>
</table>

For more details on these events, contact:

John Page (Chairman): 867988
Joyce Wright (Secretary): 867398
Christine Cole (Art Exhibition): 868436
MBC Festival 2014 (23rd August – 3rd September)

To ensure that this year's programme of events reaches as many people as possible before the Festival starts, it is being published in this edition of the MBC News. You will see that there are two very busy weekends with sport, dance and keep fit taking place during the week days. As usual the Art Exhibition is the opening event on Sat. and Sun. 23-24 Aug. at the Phoenix Centre, Newton Dee. A welcome return to the programme on Sat. afternoon is the Kids Come and Try at Cults Primary School which features a great variety of activities available for youngsters to try. In the evening St. Devenick's Church hosts a Comedy Night with Andy Kind, straight from appearing at the Edinburgh Festival. Entertainment continues on Sun. 24 Aug. when, by popular demand, the Atholl Smith Jazz Band returns to play in Cults Parish Church from 7 to 8pm. The Exhibition in Cults Parish Church from Thurs.-Sat. 28-30 Aug. (10am-4pm) will feature flowers and will be joined by the Calligraphy group this year.

Also returning to the Festival this year to start the second weekend is the much loved Children's Dog Show, which, with the Leprosy Mission Coffee Morning, takes place at Cults Kirk Centre from 10am to noon on Sat. 30 Aug. In the afternoon from 1pm, St. Devenick's Church will hold their Family Fun Day. Sunday 31 Aug. is another full day with an Open Afternoon at Simeon and Cairnlee Houses (2-4pm); the Rotary Club will again organise the enjoyable Children's Treasure Hunt starting from Cults Old Station at 2pm and there is a Musical Evening with the Northfield Community Band from 7 to 8pm in Cults Parish Church. The Tennis and Bowling Clubs both hold Open Evenings during the first week with Tennis on Mon. 25 Aug. from 6.30pm and Bowls from 7pm on Wed. 27 Aug. They are followed by Square Dancing in the Cults WRI Hall 7.30-9pm on Mon. 1 Sept. and Keep Fit for over 55's on Wed. 3 Sept. in Hillview Community Church Hall (10-11am). All these activities are open events for you to come along and try or just to spectate.

The Festival events provide a great place to meet friends and neighbours, to socialise or to try new activities and to promote community spirit within the MBC area. Refreshments are available at most venues. We hope you will enjoy this year's Festival.

As the programme has been produced early there may still be time for changes or other activities to be added. Please look out for the Flyers and Posters which will be available in local shops and libraries etc. at the beginning of August. Hold on to the programme together with any other information published in this MBC News.

For any further information please contact:-
John Page (01224 867988) or
Joyce Wright (01224 867398)

Locations of Events:
Phoenix Centre, Newton Dee - Old Ferry Road, Bieldside.
Hillview Community Church - Earlswells Road, Cults (next to Cults Primary School)
St. Devenick's Church - North Deeside Road, Bieldside.
Cults Parish Church - North Deeside Road/Quarry Road, Cults.
Cults Kirk Centre - North Deeside Road, Cults.
Cults Tennis Club - Abbotshill Place, Cults.
Cults Bowling Club - North Deeside Road, Cults.
Simeon Homes - Cairnlee Road, Bieldside. (3rd turn right up Baillieswells Rd. from Traffic Lights at Bieldside Inn)
WRI Hall - Kirk Brae, Cults,

!!! ATTENTION ALL LOCAL ARTISTS !!!

The MBC Festival Art Exhibition will be the first event of the Festival again this year. It will take place on the weekend of 23rd and 24th August, at the Phoenix Centre in Newton Dee Village in Bieldside. Artists who live, work or attend church in Cults, Bieldside and Milltimber are eligible to exhibit in this lovely venue.

Information on the details for exhibiting will be available to pick up from Cults Post Office, Cults Library or the Blue Door Charity shop in Bieldside from around the end of June. Please DO read the instructions carefully, as we often have to change the details and you cannot therefore rely on last year's copy.

Any queries please contact Catherine 733653 or Christine 868436
We are (Mon & Wed Evenings) or visit our website www.107aircadets.org.

13. Contact the Squadron for more information on (01224) 590679

107 (Aberdeen) Squadron is currently recruiting cadets aged from homes throughout Scotland.

Model Aircraft Flying camp and a week-long camp at an RAF Base.

Erskine Hospital which cares for ex-Service and Serving men of Erskine Hospital which cares for ex-Service and Serving men

Opera Company performed “Oh What a Lovely War” at the

To commemorate the centenary of the First World War, Aberdeen Corp performed “Oh What a Lovely War” at the

training has been given in preparation for the Wing First Aid training has been given in preparation for the Wing First Aid

cadets at the squadron have First Aid qualifications and refresher training has been given in preparation for the Wing First Aid competition held during March.

To commemorate the centenary of the First World War, Aberdeen Opera Company performed “Oh What a Lovely War” at the Aberdeen Arts Centre. Throughout the week cadets from 107 (Aberdeen) Squadron attended the performances to collect on behalf of Erskine Hospital which cares for ex-Service and Serving men and women, providing rehabilitation, nursing and dementia care in homes throughout Scotland.

We will be sending cadets to two camps in April, a Radio Controlled Model Aircraft Flying camp and a week-long camp at an RAF Base.

107 (Aberdeen) Squadron is currently recruiting cadets aged from 13. Contact the Squadron for more information on (01224) 590679 (Mon & Wed Evenings) or visit our website www.107aircadets.org.

We are located at the Prince Charles Cadet Centre, Albury Road, Aberdeen.

North-east medical clinic weighing in on obesity crisis offshore

An award-winning Aberdeen-based private medical clinic has launched a new weight loss programme aimed at the offshore industry in a bid to tackle the increasing levels of obesity.

Temple Medical, led by qualified GP Dr Sam Robson, has adapted a weight management programme to help overweight offshore workers.

There has been a significant rise in obesity levels across the UK and Scotland, and figures show the average weight of oil workers has risen by three stone over the last 10 years, with many employees finding it difficult to eat a healthy diet offshore. A number of energy companies are already targeting workers with a waist size of over 37 inches and offering them weight loss programmes via occupational health providers.

The diet service, Alizonne Offshore, can fit with the lifestyles of offshore workers, and is medically supervised to ensure patients can lose weight in a reliable and predictable manner, without the need for any surgery. Dr Sam Robson, said: “In an offshore environment, being overweight or obese is not only a health issue, it is also a major safety issue for the individual and the employer. It can cause significant problems with helicopter transport, rescue handling issues, the ability to escape during an emergency and also the ability to perform some duties. We were seeing remarkable results with Alizonne with patients typically losing a stone a month, so we decided to trial it with offshore clients. We found that being predominantly male, the weight loss was on average much faster, with the current record loss of 40 pounds in 36 days. We consider the needs of each individual worker, the amount of weight they need to lose, and their rota. We maintain contact via email and offer more intense treatment when they are back.”

Temple Medical, based at West Craibstone Street, Aberdeen, is now recognised as being the leading Alizonne clinic in Scotland with more than 50 patients per week seeing life changing results. The programme, which is based on meal replacements and supplements has long-term effects, as it also helps to re-shape and contour the body when losing the weight, with skin tightening treatments.

For more information about Alizonne Offshore, please contact us on 01224 869997 or visit, www.templemedical.co.uk/alizonne/alizonne-offshore.

Dr Sam Robson MBChB, MRCGP is an Aberdeen-trained fully qualified GP and member of the British College of Aesthetic Medicine. Additional services provided at the clinic include specialist treatments such as Mole Clinics carried out, on a visiting basis, by leading UK experts in the field.

Picture Captions- Medical Director of Temple Medical, Dr Sam Robson
Cults Playgroup News

Periods of warmer weather have allowed the doors to be opened and free flow indoor/outdoor play to resume at Cults Playgroup. The natural tree and factory cut logs have been popular to build homes for dinosaurs and newly added beach stones have become caves and lairs. These materials have also been used as roadways for diggers, dumper trucks and other vehicles. Sand is popular outside, used by Bob the Builder and his friends, wild animals or simply for making sandcastles and pies.

For more energetic play the trikes are always a favourite, now with a traffic light to control the flow of vehicles! The bats, balls, hoops and quoits are also out regularly. We look forward to using climbing frames and rockers as the term goes on.

After the Christmas holiday the children were full of excitement about toys they had received, and this led to thinking about ‘Ourselves’. Much art and craft was done on the theme of, ‘What I look like’- face paintings, face drawings, hand and foot prints and full sized pictures of some children. After celebrating Burns Day with haggis, neeps, tatties and Scottish poetry, Chinese New Year with noodles and prawn crackers, it was soon Valentines Day and an opportunity to discuss our feelings. As well as thinking about how we look after ourselves, we had a carnival party.

Our indoor playroom is well set up for the children to access toys of their choice. After much discussion with the children, the role play area was turned into a sweet shop, this led to the making and decoration of ‘salt dough’ sweets, which were sorted, counted and sold! More recently we have had a doctor’s surgery, and a hospital, with many stories from the children about their experiences of both.

With the approach of spring, we are appreciating our troughs of crocuses and daffodils in the garden. Discussion about the season has led to a variety of art and craft activities, including Mother’s day cards and something special for Easter.

Our busy fundraising calendar kicked off 2014 with our highly successful Burns Supper, along with a second collection for Bags2school. Upcoming events include our Spring Fayre (Sat 10th May 2pm – 4pm), a Sponsored Welly Walk to raise money for the playgroup and the Children First Charity (Wed 30th April) and our popular Bingo/Fish and Chips night at the Ashvale (Fri 6th June). Everyone is welcome at our events, so please come along!

Cults Playgroup runs each morning of the week at the North Hall, Quarry Road from 9.15 until 11.45am. On Wednesday we have a lunch club from 11.45 – 1pm. If you would like to see what we do, please arrange a visit. We also have a 2’s Group which meets on a Monday from 9.30 until 11.30am in the Main Hall of Cults Church. This is a drop-in group with children from 18 to 30 months welcome. Do come and let your little ones play, make friends and enjoy art, craft and singing.

If you would like to know more about Cults Playgroup then do get in touch: mobile 07842 470828 during playgroup hours or email cultsplaygroup@gmail.com
Friends of the Allan Park

I am pleased to report progress in the improvement programme for the Allan Park which I hope will result in greater enjoyment and more frequent use for walkers, cyclists, children and sports users of this lovely old Park south of the railway line in Cults.

The community volunteer friends planted bulbs, tidied litter, trimmed branches and painted the slide, seats and play equipment last autumn, all of which made a difference to the appearance. During the winter flooding did some damage to the path and play park in particular and gales have brought down some branches. However the Council has recently removed vegetation, cleared paths and restored the flood damage so the park is in better shape now.

A walk round meeting of local councillors, friends and representatives of the Council parks department took place in March. There is an updated action plan to make further improvements throughout 2014 and beyond. These include rebarking the playground, resiting the east sign, flower planting and a major pond improvement project which may involve drainage and dredging. Early herbicide weed control on paths and regular grass cutting are also planned to maintain the park in a good condition for the rest of the year.

More community individuals or organisations are very welcome to join the Friends. This will increase our capacity to do more practical work in partnership with the Council tasks, to obtain feedback and ideas on what you want and your skills and contacts could make a useful contribution to us in our aim to make the Allan Park achieve its potential for the community.

Another Helping Hands time is scheduled for Sunday 27th April at the Allan Park from 2-4pm. Anyone with an interest or is available for some time to help is welcome. I hope to meet more Friends then or email me if you wish to receive future communications.

Iain Clark, Secretary, Friends of the Allan Park
Tel 07885 270951, Email iainhc9@gmail.com

MBCBM is a Cults, Bieldside, Milltimber Community Council initiative to improve the local environment by having more flowers and other plants on display in the neighbourhood. This is to be achieved by deploying hanging baskets on lampposts and buildings and the provision of fixed planters at strategic positions along the North Deeside Road and, if appropriate, other locations within the Cults, Bieldside and Milltimber area. The idea is to emulate rather than to compete with Culter in Bloom.

All in all there exists provision for a total of 30 hanging baskets along the A93 in the stretch from the Cults Hotel to the new Cults Kirk Centre which already has provision for hanging baskets. This includes a number of commercial buildings within the above stretch of road and also some within the green park space between Darroch Park and the main road. Along the A93 at Bieldside in the vicinity of the shops there is a potential to hang another six baskets from suitable lampposts. A survey is to be completed at Milltimber.

To start the process it is proposed that hanging baskets be obtained and deployed in the Cults/ Bieldside area. To facilitate the process it is proposed this year that ready made hanging baskets be commissioned from Aberdeen City Council who will procure, install and maintain for the duration of their summer bedding life. We currently have funding for 20 baskets.

We are looking for a small group of volunteers to help devise a strategy for future years with regard to ongoing funding and practical help if baskets and planters are going to be assembled from scratch rather than buying ready made.

If you would like to get involved please contact Graham Payne, 868827.

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www.cbmcommunity.org.uk/mbc-news
Cults ASG Active Schools:

Kids! There is an exciting opportunity to join some of the clubs in the local area – currently there are spaces in P4-7 Hockey; P4-P7 Hip Hop Dance and P1-P3 Multi-sports, see details below. The Active Schools clubs for Cults cater for a variety of age-groups and cover sports and activities from basketball to hip hop and hockey to netball.

P4-7 Hockey:
Thursday from 4.30pm-5.30pm
Cults Sports Complex

P4-7 Hip Hop Dance:
Wednesdays from 5.15pm-6pm
Cults Sports Complex

P1-3 Multi-sports:
Fridays from 4pm-5pm
Peterculter Sports Centre

If you would like to register your child or be added to the Active Schools database for the Cults ASG please contact Magnus Moncrieff, ASG Active Schools Coordinator: 01224 865 231 / 07920 213 620
Email: mmoncrieff@sportaberdeen.co.uk

Cults Sports Complex:
The gym is available from 1700 – 2200 Monday to Friday and 0830 – 1700 Saturday and Sunday (last admission is 1 hour before closing time)
Fitness classes are taken by Frances Bisset
Mondays
Legs, Bums and Tums (LBT) class – 1900-1945 – this class is a toning workout utilising only body weight exercises designed to shape and tone those target areas.
Thursdays
1900 – 1945 we have a Body Blast Class – Frances delivers no-nonsense cardio programming mixed with toning exercises for the entire body, designed to accelerate fat loss and maximise fitness gains.

If fitness classes and the gym are not your thing, then why not come along for a swim at the following times:
Tuesday – 1200 – 1300* – adult lane sessions (*last session will be 15/04/14)
Saturday and Sundays – 0830 – 1000 – lane session
Saturday and Sundays – 1000 – 1200 – public session
For further information and prices please go to www.sportaberdeen.co.uk

In addition to exercise and fitness there are also various extramural classes run by the Community Education Department of Aberdeen City Council . Please see below for their current timetable:

Monday – Italian Cookery – 0830 – 2100
Tuesday – Italian Language – 1400 – 1600
Adult badminton – 1930 – 2200
Thursday – Drawing & painting – 1000 – 1200
Over 30’s football – 1930 – 2100
Saturday – Junior badminton – 1315 – 1745

FORTHCOMING CLASSES:
Tai Chi – Tuesday 22/04/14 1000 – 1100
Holiday Spanish – Thursday 24/04/14
For further information or to book a place contact Lorna Paul: lopaul@aberdeen.city.gov.uk, phone – 01224-866286, or drop in past Cults Learning Centre Office on a Tuesday or Friday 0900 – 1200.

What a team!

The Aberdeen based NKF Karate Squad brought home 16 medals for the World Open Championships

Men’s team Kumite 3 Bronze
Women’s Team Kumite 3 Silver
Women’s Kata Team 3 Bronze
3 Silver Individual Events
4 bronze Individual Events

Lisa Calder lifted Silver in the Ladies Kumite along with John McInnes Silver in Kumite Male 18 years; both narrowly missed out on Gold.

Hamish Barclay, John Willis, Mike Smialowski and Kai Thompson all performed well getting through to the semi-finals in the Individuals and top four in the team. Chloe Calder and Nissara Kirk tied in the ladies kata going three rounds in the tied round. The Kata was so well performed that both received a bronze medal. Nissara Kirk also lifted another Bronze in the Kumite. In the Kumite 14-15 Years category Sara Calder lifted a Bronze Medal.

At the Coaches and Referee examination Paddy Jamieson was promoted to senior referee, Chris Davidson to Judge, Jock Calder 5th Dan and Roxy Watt 4th Dan to Senior Coach.

Ronnie Watt OBE said “It was one of the best performances we have ever put on at a World Open Invitations where people have come in from all over the world. The young people in the NKF Squad can only be described as a credit to their parents, Aberdeen, Scotland and most importantly dedication to hard training.”

Aberdeen Kilt Kickers

The club is participating in the MBC Festival on Monday 1st September at the WRI Hall, Kirk Brae, Cults from 7:30 - 9:00pm. Come alone, or with a friend, and learn to Square Dance and have fun (open to all ages from 16years).

We also have Open Nights on the 8th and 15th September. We meet on Mondays and Thursdays from 7.30 to 10pm in the WRI Hall in Cults. A beginner’s class will be starting in September from 7.30-9pm. Contact Tom White, Secretary, at 318963 or by email : tomwhite46@gmail.com. Our website is www.aberdeenkiltkickers.org.uk
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01224 379912

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01224 743688

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Aberdeen Citizen’s Panel needs you – make your voice heard!

The Aberdeen Citizen’s Panel, also known as Aberdeen City Voice is looking for new members. It is a partnership between Aberdeen City Council, Aberdeen Council of Voluntary Organisations (ACVO), Fire Scotland, Police Scotland, NHS Grampian, and the universities and college. It is the method that Aberdeen Community Planning Partners use to find out what people think about local services. It is intended to represent the voice of the entire Aberdeen community. Anyone over 16 and resident in Aberdeen can become a member and involves completing three questionnaires a year. The newsletter then reports how the services have responded to issues raised by the panel.

Interested?

You can join the panel online at: www.aberdeencityvoice.org.uk. If you have any questions or require more info call Annina Cavelti Kee (co-ordinator) on 01224 522935

The Deeside Choristers would like to wish all readers of the MBC News a Happy Easter.

Some eight years since the death of its founder, Dr. Malcolm Love, this local Soprano, Alto, Tenor and Bass (SATB) choir continues to flourish and inspire. Our last engagement was on Sunday, 30th March when we sang “Music at 6” at St. Machar’s and our next will be participating in the Diocesan Choral Festival at St. Andrew’s Cathedral on Sunday, 11th May.

Rehearsals are every Wednesday during term-time, 6.15 to 8pm, in the Main Hall, Camphill, Murtle Estate, Bieldside.

We would like to encourage all youngsters, (aged 7 and above) who are enthusiastic singers to consider joining our ranks, especially after the summer holidays. Experienced Tenors and Basses are also warmly welcome at any time.

(please phone the secretary, Mrs Nancy Paul on 01224-741378.)

For more information please visit our website: www.deeside-choristers.org.uk

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Lower Deeside Community Association

In 2011 Aberdeen City Council proposed that in future community centres should be run by voluntary committees with minimal assistance from the Council. This included what was then known as Cults Community Centre.

Representatives from various user groups in the community, including voluntary sports clubs, breakfast and after-school clubs, adult education classes and the Cults 050 group have met since then on a monthly basis to try to build a sound foundation for future activities.

After a complex and protracted process, the Lower Deeside Community Association was finally constituted and is now pleased to be able to offer new courses to the community, and to increase the use of the excellent facilities at Cults Academy Community Centre. The committee would also like to enrol new members and hear from individuals who might be interested in running courses.

At present the following activities are taking place:

- Adult Badminton
- Italian Language
- Junior Badminton
- Italian Cookery
- Over 30s Football
- Art – Drawing and Painting

Forthcoming classes
- Tai Chi (from 22 April)
- Holiday Spanish (from 24 April)

It is hoped to set up classes in other hobbies/interests at some future date, depending on feedback and available space.

A minibus is available for hire to community groups.

We look forward to hearing your ideas and suggestions, so that the community can make optimum use of the premises at Cults Academy Community Centre.

There is an office in the Cults Academy Community Centre which is open on Tuesday and Friday mornings; enquiries can be made at other times by telephone or email.

Telephone no: 01224 866286
Email: CultsCC@aberdeencity.gov.uk

St Devenick’s Bieldside.

www.stdevenicks.org

Service times:
- Sunday 8.30am and 10.30am
- Thursday 10.30am

Community Activities:
- Wed 9.30am-12.00pm Tots and Toddlers
- Friday Coffee mornings 9.30am-12.00pm on May 2nd, 16th and June 6th and 20th. (toys for young children too)

Children:
- Sundays a crèche and Sunday club for younger children and Youth church for older children all run during services.
- Messy Church is on Sunday May 17th from 3.30-5.00pm
- Youth Club (The Mix) on Saturdays.
  - May 10th    7.30-9.00pm   10 years olds plus
  - May 24th   6.00pm 8-10 years   7.30-9.00   10 years plus
  - June 14th  6.00pm 8-10 years 7.30-9.00 10 years plus

Summer:
- August 23rd 7.30pm Comedy Night with Andy Kind
- August 30th 1-4pm Family Fun Day.
- Rev. Paul Watson paul@stdevenicks.org or 07552177690
- Office office@stdevenicks.org 01224 863574

Milltimber Playgroup
For Children 2½ - 5 years
(child does not require to be potty trained)

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Mon, Tues, Thurs, Fri
9.30-12.00
21/2 - 5yrs

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Friday Club 12.00-14.30
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Member of Scottish Pre-School Play Association.
Email - milltimberplaygroup@hotmail.co.uk

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News Industry award for Deeside Piper

DEESIDE’S very own weekly newspaper received a major accolade at the annual Johnston Press Awards night held in Leeds in March. The Deeside Piper & Herald, familiarly known as ‘the Piper’ was runner-up in the hotly-contested ‘Title of the Year Small Weekly 2013’ category of the UK-wide competition, top spot going to one of Johnston’s English titles based in Bournemouth.

Piper editor Mike Rankin, who took over editorship in January last year is also editor of the Mearns Leader, Donside Piper and Kincardineshire Observer, heading a team of four full-time reporters, said: “Obviously I’m delighted, but this is very much a whole team award which reflects their hard work, diligence, enthusiasm and loyalty during 2013.”

The Piper appears every Thursday on all newsstands throughout Deeside from Sainsbury’s at Bridge o’ Dee to Braemar, and news concerning individuals or groups, incidents or events, local issues or concerns, sad or happy occasions is always welcomed, as are requests for advertising. Page 10 is dedicated to news from Aberdeen’s western suburbs of Cults, Bieldside, Miltimber and Peterculter, and a phone call or email to your Cults-Culter reporter and photographer Kathleen Robertson (pictured) will always bring a ready response. Kathleen knows the area well having lived here for 45 years. She has been a journalist and musician all her life.

Copy deadline day is late Monday afternoons and Kathleen’s contact details are (01224) 735501, mob. 0789 056 2906, or email sunhoneycottage@btinternet.com. Alternatively, she’s always happy to stop for a chat in the street or in one of our local cafes in Cults, Bieldside or Culter.

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ONE OF THE FEW STOCKISTS IN ABERDEEN OF DREAMWEAVE MASCARA AND LIP VOLTAGE
Scottish country dancers win prizes

Local schoolchildren, ranging in age from 4 to 11, shone at the recent Scottish Country Dancing festival held at the Music Hall in Aberdeen. The children, all members of “The Devenick Dancers”, performed five dances at the festival, entering both competitive and non-competitive sections. Eight of the children represented their school, Cults Primary, competing for the Boyndlie Cup. Their performance of “Kendall’s Hornpipe” earned them first place and the trophy – well done girls!

Some of the younger children achieved success in the section for “Girls under 10 years of age”, gaining third place for their performance of “A Reel for Jeannie”. A team of girls was rewarded with second place after they danced “Le Papillon”, and a team of boys and girls gained another second place with their performance of “The Old Man of Storr”.

Teacher Judith Riddoch said “I’m very proud of all the children. They worked really hard in rehearsals, and I am delighted that all their efforts were rewarded.”

Devenick dancers is open to children of primary school age, meeting on Tuesdays at Cults Academy from 4-5.30pm. Contact Judith on 01224 865909 or email: judithriddoch@aol.com

Anyone for tea?

Set on the North Deeside Road at the Bieldside junction with Baillieswells Road, CARi & Co is a small independent shop and cafe depicting the Victorian era. The essence of this Tearoom is to provide an extra friendly atmosphere and service that is second to none, wonderful homemade scones and cakes as well serving light healthy lunches between 12 & 2pm. The shop and cafe are filled with artefacts from a bygone era, such as framed pictures by Louis Wain, ceramics by Carlton and Sylvac and more, while sitting alongside more modern and contemporary gifts sourced from London, Paris and Scotland. The shop area has an eclectic mix of old and new, all of which are available to buy. We also sell our own designs of fashion and home accessories made in our Aberdeen workshop as well as selling and distributing Japanese cotton fabrics. Craft classes are held on a weekly basis to encourage the local community to get involved in the sewing craze currently sweeping the nation.

Massage can help...

Relieve Stress & Anxiety Sports Injuries Sciatica Back Pain Adhesions & Scar Tissue Arthritis Headaches & Migraines Sleeping Problems Low Energy Improve Blood Circulation Relaxation Lower Blood Pressure & many more...

Day & Evening Appointments Available Kingswells, Aberdeen
Help yourself or help others, Gift Vouchers Available
Jules Hunter DSM DOSM DIHM SMTO Massage Therapist
Cults Primary School

Summer Fair
Saturday 7th June 2014

11am – 2pm

Have fun with family & friends, while supporting your local school

Adults £2, Children £1
(redeem your ticket for free refreshment)

Solveig Dahlen Smith
Cert. Pilates Inst. MAPPI
Retired physiotherapist MCSP

Pilates Classes
Peterculter Sports Centre
Mon & Tuesday afternoons
Tues & Thursday evenings
Camphill School Milltimber
Wednesday evening
Cults Church
Friday mornings

Contact details
solveig@pilatesaberdeen.com
www.pilatesaberdeen.com
01224 861421

The Oven Valet
Oven cleaners
Service with a sparkle*

01330 823079
07920 483 233
www.theovenvalet.com
info@theovenvalet.com

The Nail & Beauty Academy
We specialize in fully accredited Nail & Beauty Courses from complete beginners to those looking to further their career.

Courses we offer...
- 4 Day Beginner Acrylic & Gel Nail Extensions
- Manicure (including gel polish)
- Acrylic & Gel Conversion
- Eyelash Extensions
- Beginner & Advanced Waxing
- Spray Tanning
- Make-Up

Why not pop in for a chat upstairs about booking your course today!

Open: Mon - Fri 9am - 4pm

01224 861463
thecultsprimaryschool@aol.com
www.thecultsprimaryschool.org.uk
Eleanor is ill at present and whilst we will attempt to provide accurate and up-to-date info about what is on locally we may not achieve her level of excellence.

Please send information and amendments to Maureen or Sue in the meantime and we will do our best to be on top of this section.

Maureen + Sue
T: 591186 T: 949085

Abbreviations for the venues

- CA - Cults Academy
- CAP - Cults Academy Pool
- CKC - Cults Kirk Centre
- CPCwC - Cults Parish Church Worship Centre
- CPS - Cults Primary School
- DCFC - Deeside Christian Fellowship Church, Milltimber
- HCC - Hillview Community Church
- ISP – International School, Pitfodels
- KCC - Kingswells Community Centre
- KMCC - Kaimhill Community Centre
- MCAH - Milltimber Community Association Hall
- MEHC – Murtle Estate Hall, Camphill
- MPS - Milltimber Primary School
- PCH - Peterculter Church Hall
- PCND - Phoenix Centre, Newton Dee
- PSP- Peterculter Sports Centre
- PVH – Peterculter Village Hall
- SCC - Scout Centre, South Ave, Cults
- SCPT - Scout Centre, Pittstruan Terrace, Aberdeen
- SDCH - St. Devenick’s Church Hall, Bieldside
- SMH - St. Martin’s Hall, Cairnlee
- SPHH - St. Peter’s Heritage Hall, Peterculter
- SWP - Shell Woodbank, Pitfodels
- WRIH - WRI Hall, Kirk Crescent, Cults
- WSC - Waldorf School, Craigton Road, Cults

Has your local group done anything spectacular this season?

An unusual way of fundraising...a good turn for the neighbourhood...just had a really good couple of months.

Let us know at MBC News as we’d love to publish it for you. Even better if you have some photographs to highlight it.

Send to Maureen the Editor see page 2 for details Get thinking... Get writing...
**Dog Walking and Pet Sitting Service**

If your pet is a V.I.P. to you. They are a V.I.P. to me too!!

Call Lorraine on

01224 - 734 139 or 07875 542 284

www.cultslttennisaberdeen.co.uk

• Friendly local club
• Excellent facilities including 6 floodlit artificial grass courts
• Professional coaching team headed by Graeme Walker
• Extensive coaching programme available throughout the year for all members (Junior and Senior)
• Weekly session for both social and competitive players
• Social events and club tournaments

Contact the Secretary Dan Packham at d.packham@cultstennisaberdeen.co.uk for membership details
Contact the Coach Gareth Rennie at g.rennie@cultstennisaberdeen.co.uk or on 07714753607 for coaching details

**Qualiﬁed Chiropodist/Podiatrist**

Yvonne M. Thomson
MSSCh. MBChA.
H.P.C. Registered

Home Visiting Practice
Est 1998
New Patients Welcome
Tel: 01224 - 869509

MEMBER OF THE BRITISH CHIROPODY AND PODIATRY ASSOCIATION

**The Wine Kist**

Fine Wines, Gifts & Hampers

Cults based family business with 30 years experience in the wine industry.

New and old world wines inc. fair trade, organic and vegetarian wines, whisky, ports, liqueurs, sparkling wines and Champagne.

Range of tailor made gifts and hampers.

www.thewinekist.co.uk

**Zumba**

Combines Latin and International music to create a fun and effective workout. Come and try this addictive dance fitness party.

**Try Your First Class Free**

MONDAYS 6:30-7:15pm Hillview Community Church, Cults
TUESDAYS 9:30-10:15pm Shell Woodbank Sports Centre, Pitmedden
WEDNESDAYS 9:15-10:00am St Peter’s Heritage Hall, Peterculter
THURSDAYS 9:15-10:00am St Peter’s Heritage Hall, Peterculter

For more information contact Carina on 07750-937523

**Wine Kist**

Combines Latin and International music to create a fun and effective workout. Come and try this addictive dance fitness party.

**Try Your First Class Free**

MONDAYS 6:30-7:15pm Hillview Community Church, Cults
TUESDAYS 9:30-10:15pm Shell Woodbank Sports Centre, Pitmedden
WEDNESDAYS 9:15-10:00am St Peter’s Heritage Hall, Peterculter
THURSDAYS 9:15-10:00am St Peter’s Heritage Hall, Peterculter

For more information contact Carina on 07750-937523

**Cults Lawn Tennis Club**

- Friendly local club
- Excellent facilities including 6 floodlit artificial grass courts
- Professional coaching team headed by Graeme Walker
- Extensive coaching programme available throughout the year for all members (Junior and Senior)
- Weekly session for both social and competitive players
- Social events and club tournaments

www.cultslttennisaberdeen.co.uk

Contact the Secretary Dan Packham at d.packham@cultstennisaberdeen.co.uk for membership details
Contact the Coach Gareth Rennie at g.rennie@cultstennisaberdeen.co.uk or on 07714753607 for coaching details
Contact Dons in the Community - tel: 01224 320222
Contact Anne Low, Tel.: 868553
Mondays 8.00 – 9.00 p.m. Varied
Fitness studio, aerobics classes, yogas, Scottish Country Dancing and
Dancing

**Swimming**

- **Swimming Cap**
  - Sat – Sun 9.00 – 12 noon
  - Public sessions, Adult lane swimming. Children’s inflatable sessions – ring for times of sessions.
  - Continues during school holidays.
  - Contact Sports Aberdeen, Tel. 866282

**Yoga**

- **Yoga, WSC**
  - Beginners welcome. Wednesdays, 7.00 – 8.30 p.m., Contact Fiona Brite, Tel. 487712

**Yoga, CKC**

- **Mondays, 10.00 – 11.30.**
  - Gentle Restorative Chair-based Yoga
  - Suitable for people with limited mobility and/or chronic illness.
  - No previous yoga experience necessary. Discounts for accompanying carers.
  - Mondays, 19.30 – 21.00.
  - Yoga for Peace and Well-being with an emphasis on relaxation.
  - Tuesdays, 18.00 – 19.30.
  - Yoga for Health and Vitality.
  - Develop strength, flexibility and balance. Contact Marian van Oorschot, Tel. 863985 or marianvanosacht@icloud.com

**Dancing**

- **ABERDEEN KILT KICKERS**
  - AMERICAN SQUARE DANCE CLUB (WRH)
  - Beginners – Mondays 7.30 – 9.30 p.m.
  - Contact Tom White, Tel. 318963 or email - tomwhite46@gmail.com.
KELLY OF CULTS

In 1902, Benjamin Kelly founded his family bakery business on the principles of Quality, Value & Service.
At Kelly of Cults, some things never change.
Visit our Costcutter supermarket in Cults for all your daily grocery shopping needs:

* Groceries
* Fresh Bakery
* Wines & Spirits
* Fresh Fruit & Veg.
* Frozen Foods
* Fresh Fish
* National Lottery
* PayPoint
* Daily Newspapers
* Home Deliveries

Tel : 0845 456 1902   Fax: 01224 869864
345 North Deeside Road, Cults, Aberdeen, AB15 9SX

WELCOMES NEW MEMBERS

Reduced fees for 2014/2015

(i) The annual fee for a new member will be £45

(ii) For a family with one or more children the composite fee for the whole family will be £90

(iii) The annual fee for members under 21 will be £10

Please contact Findlay Baxter at 01224 868263 or at - findlaybaxter@onetel.com
AIR TRAINING CORPS
107( Aberdeen) Squadron,
Prince Charles Cadet Centre, Albury Road,
Ferryhill, AB11 6TL
Parade Mon & Wed 19.00-21.30hrs. Open to
Boys and Girls aged 13-17
w: www.107aircadets.org
e:107@aircadets.org Tel. 590679

BUOVANCY SWIM CAMPBELL SCHOOL, BIELDSIDE
30 minute sessions, Tues.12.30–15.00
Thurs. 12.30–14.00, Fri. 12.30-16.00
Adult and Baby (3-12 months), Adult and Toddler (1-2
years), Adult and Child (2+ years), Pre school (4 years +
without their parent in the pool).
Contact Julie McQuillan, Tel. 218651, Mob. 07906
863246 or email: buovancy@btinternet.com

CASPER AFTER SCHOOL CLUB, CPS
Contact Marion Skea -
Tel: 07762-250550

MILLTIMBER BREAKFAST AND AFTER SCHOOL
CLUB, MPS
Mon. – Fri. 7.30 to 9.00 a.m.
and 2.45 to 6.00 p.m.
Contact Clare Anderson,
Mob. 07890-862774

PARENT AND TODDLER GROUP, CPCWC
Thursdays, 9.30 – 11.30 a.m.
Everyone welcome, first session free
Contact Eline Vlaar, Tel. 869115,
e-mail: elinenvlaar@hotmail.com

PARENT & TODDLER GROUP, DCFC
Tuesdays 9.45-11.30 a.m.
Contact Morven Noble, Tel. 744829

PARENT & TODDLER GROUP, MCAH
Fridays 9.30-11.30 a.m. (term times)
Contact Susan Ronald, Tel. 735204

BILINGUAL PARENT AND CHILD GROUP
Wed. and Fri 9.15am to 11.10am.
Gilcomstoun Primary School
Babies and toddlers introduced to Gaelic through arts,
crafts, play and song. You don’t have to speak Gaelic to attend.
Tel 0777 939 6289, crolliega@gmail.com
Facebook: Crolliegan Obar Dheathain.

MILLTIMBER PLAYGROUP & RISING 5’S,
MCAH
Mon. Tues. Thurs, Fri., 9.30 a.m. - 12.00 p.m.
Lunch club Tues. Fri. 12.00 – 13.00 p.m. (Term
times only)
Rising 5’s Fri 1.00 -3.00
Nursery transport options available
Contact Julie McWilliam, 07740-575273,
e: milltimberplaygroup@hotmail.co.uk

ST DEVENICK’S PLAYGROUP AND RISING 5S, SDCH
Playgroup Monday – Friday, 9.20am – 11.50 a.m.
Lunch club, Wednesday 11.50am – 1.00 p.m.
Rising 5s, Monday, Tuesday and Thursday, 12.30 – 3.00 p.m.
All of the above are during term time only.
Contact Julie, Tel. 868664 or Playgroup, Tel. 867431
e: stdevickidsplaygroup@gmail.com

SOUTH DEESIDE UNDER FIVES
Fun and friendly childcare for children from birth to
five years. Maryculter Community Hall (next to the
Old Mill Inn), South Deeside Road
Baby & Toddler Group – Mondays 9.30am to
11.30am
Twos Group – Wednesdays, Thursdays and Fridays
9.30am to 11.30am,
Rising Fives – Tuesday lunchtimes 12 noon to 2pm
Mob: 07966 163953
E: info@south-deeside-under-fives.co.uk
W: www.south-deeside-under-fives.co.uk

EXPLORERS P1-P3 GROUP, DCFC
Wed. 6.30 – 7.30 p.m.
Contact Luke Dale, Tel. 733979

CHALLENGERS P4-P7 GROUP, DCFC
Wednesdays 7.30 – 8.30 p.m.
Contact Luke Dale, Tel. 733979

ASCEND, HCC
Youth Group for S1-6, Grades 7-12
Thursdays, 7.30 – 9.00 p.m.
Contact Jan Mackintosh Tel: 865916

GUIDES, BROWNIES and RAINBOWS
1st Cults Rainbows, CPCWC
Mondays, 4.00 - 5.00 p.m.
Contact Claire Moore, Tel 869039

3rd Cults Rainbows, CPCWC
Fridays, 4.30 - 5.30 p.m.
Contact Morag Williamson Tel 867967

1st Cults Brownies, CA
Mondays, 6.15 - 7.30 p.m.
Contact Dorothy Forbes, Tel 868357

2nd Cults Brownies, HCC
Tuesdays, 6.15 - 7.30 p.m.
Contact Jill Sutherland, Tel. 734540

3rd Cults Brownies, CPS
Tuesdays, 6.15 – 7.30 p.m.
Contact Jan Mackintosh Tel: 865916

1st Cults Guides, CA
Mondays, 7.30 - 9.00 p.m.
Contact Karen Pether, Tel 734527

2nd Cults Guides, HCC
Thursdays, 7.30 - 9.00 p.m.
Contact Anne O’Neill, Tel 861467

MILLTIMBER RainbowS, MCAH
Thurs. 4.15 – 6.15 p.m.
Contact Alison Garden, Tel. 868821

MILLTIMBER Brownies, MCAH
Wednesdays, 6.00 – 7.30 p.m.
Contact Elaine McGuffie, Tel. 733636

Divisional Commissioner for Cults, Milltimber and Culter -
- Dorothy Forbes, Tel. 486357

BEAVERS, CUBS and SCOUTS
DEESIDE EXPLORER SCOUTS
Deeside Explorer Scouts
Every second Monday 8.00 -10.00 p.m.
Open to boys and girls, aged 14 to 17
Isobel Cameron Tel 865939

21ST ABERDEEN (CULTS) SCOUT GROUP, SCC
www.21staberdeenscouts.org.uk to contact
any of the Section Leaders or Committee
Beavers - Wednesdays, 4.30 - 5.30.p.m.
Open to boys and girls aged 6 to 8
Contact Debbie Bone,
07708-018332
Email: ganddbone@btinternet.com.

Cubs – Thursdays, 7.00 – 8.30 p.m.
Open to boys and girls aged 8 to 10
John Evans, Tel 07834-521519

Scouts - Fridays, 7.30 - 9.30 p.m.

65TH ABERDEEN (MILLTIMBER) SCOUT GROUP, MCAH
Beavers - Mondays 4.15 - 5.15pm
Fiona Douglas, Tel: 735523

Cubs - Tuesdays 6.30 - 8.00pm
Barbara Stroud, Tel: 732591

Scouts - Fridays 7.30 - 9.30pm
Geoff Weighill, Tel: 869115

YOUTH HOCKEY COACHING
on Tuesday evenings for P4 to S4 by Gordonian Hockey Club at Robert Gordon’s College astroturf
pitches on Countesswells Road from 5.15pm to
6.30pm. Children from all schools are welcome and
sticks can be provided. Coaching resumes on 30th
August 2011 for the season.
Hobbies and Social

**55+ SOCIAL GROUP, DFC**
Coffee mornings, lunches, visiting speakers, outings and more 2nd Monday of the month.
Contact the church office for details, tel. 733979

**CULTS OSO CLUB, CPCWC**
Wednesdays, Lunch from 12:00
Announcements/ speaker 12:45
Other activities include bridge and scrabble, walks, theatre, cinema, local history outings, garden visits, art appreciation, a book group – the list is endless! Open to anyone over 50, not only Cults residents Details of activities on the website http://www.cultsparishchurch.co.uk/OSO/index.htm or contact Lizzie Thomas, Tel. 869413 or Jeanette Andrews, 868467

**MILLTIMBER OSO CLUB, MCAH**
Meet monthly in the winter on Wed. 2:00 – 4:00 p.m. for talks. Other social events include walks, cycle rides, theatre visits, outings, garden visits, lunch outings and city breaks. Annual favourites are BBQ, Games night and a Christmas Party. Open to anyone over 50. Contact John Park, Tel. 733057 or Robin Dyer, Tel. 733850 or website http://www.genbase.co.uk/MilltimberOSO/

**ADULT ART CLASSES, HCC**
Wednesdays, Lunch from 12.00
Announcements/ speaker 12:45
Other activities include walks, cycle rides, theatre visits, outings, garden visits, lunch outings and city breaks. Annual favourites are BBQ, Games night and a Christmas Party. Open to anyone over 50. Contact John Park, Tel. 733057 or Robin Dyer, Tel. 733850 or website http://www.genbase.co.uk/MilltimberOSO/

**DRESSMAKING GROUP, KMCC**
Thursdays, 09:30-11:30 a.m.
Couture trained tutor. Beginners welcome. Phone Kaimhill Community Centre, Tel. 311996

**FOLK EVENING, CPCWC**
Monthly on the 2nd Friday, 7:30pm Both musicians and listeners most welcome! Bring your own beverage! Contact Ian Johnson, Tel.: 867951

**ABERDEEN GALLIC CLUB**
Aberdeen Gaelic Club brings together Gaelic speakers and individuals interested in Gaelic language and culture. The Club organises Gaelic language evening classes, day courses and other social activities including a monthly coffee afternoon on the last Saturday of the month (except July and December) in the Unitarian Church, Skene Terrace, Aberdeen, 2:30-4:30pm to which all are welcome. Tel. 07799 398289 or email clubgaidhilg@gmail.com for more information.

**TALK GERMAN**
Courses for beginners and more advanced, depending on numbers and interest. Contact Erik Stein, 734149/077774-896421

**ITALIAN CLASSES FOR ADULTS, HCC**
Email: enrica.conti@tiscali.co.uk
Tel.: 07786 827714

**CULTS LIBRARY**
See separate item in MBC News for opening times and details of the wide range of courses and activities on offer.

**CULTS LUNCH CLUB, CPCWC**
Mondays 12.00-2.00pm (except for July) New members are most welcome. Contact Jackie Hatchwell, Tel.: 861736

**MISSIONARY CRAFT WORKSHOP, DCFC**
Meet last Sunday in the month, 2.00 p.m. Visitors are welcome - no cover charge. Contact the church office for details, tel. 733979

**CITY OF ROSES WOMEN’S RURAL INSTITUTE, WRIH**
1st Thursday of every month, 7.00-9.00pm Visitors are welcome - no cover charge. Contact Helen Johnston, Tel.: 867726 or Lyn Pitthe, Tel.: 867614

**GRAMPAN WOODTURNERS, SDCH**
Meet last Sunday in the month, 2.00 p.m. New members are most welcome. Meetings consist of informal participation, demonstrations etc., Contact Bill Diack, Tel. 01467-622772

**CULTS STRATHSPEY & REEL SOCIETY, CPCWC**
Meet every 2nd Wednesday, 7:00 - 9:00 p.m. Accordionists and string players welcome. Contact Myra Noble, Tel. 867433.

**ABERDEEN TOASTMASTERS**
(PUBLIC SPEAKING CLUB)
Meets at Northern Arts Club (NAC), 1st, 3rd, 5th Thursdays of every month - 7:00-9:00pm Visitors are welcome - no cover charge. www.aberdeentoastmasters.org.uk
Contact Matthew Mtumbuka - Tel : 861028
Email : matthews@mtumbuka.com

**UPHOLSTERY AND CRAFT CLASSES, WHRI**
Tuesdays, 9:30-12:30 p.m. and 100-4:00 p.m. Beginners and all ages welcome. Refreshments provided. Workshops coming soon include cushion making, lampshades, crochet, knitting, scone baking, card making and Christmas decorations. Contact Susan Roe-Curran Email: susan.roe-curran@sky.com

**SCOTTISH WOMEN’S RURAL INSTITUTE, WHRI**
1st Thursday of every month, 7:30-9:30pm (Not July or August) Contact Helen Johnston, Tel.: 867726 or Lyn Pitthe, Tel.: 867614

**ROTARY CLUB OF ABERDEEN DEESIDE**
Meets at Northern Arts Club (NAC), 1st, 3rd, 5th Thursdays of every month - 7:00-9:00pm Visitors are welcome - no cover charge. www.aberdeentoastmasters.org.uk
Contact Matthew Mtumbuka - Tel : 861028
Email : matthews@mtumbuka.com

**JANUARY'S DATES TO REMEMBER**
- **27 May 2014**
- **Cults Primary School**
- **School between 10am and 12noon**

**Next date for your diary**
**27 May 2014**
**Cults Primary School**
**between 10am and 12noon**
Simeon Care for the Elderly took to the floor in March to officially start its 30th anniversary celebrations - with 2014 set to be a landmark year in more ways than one.

While residents, family, friends, staff and supporters gathered at Newton Dee’s Phoenix Centre on March 29 for a ceilidh to mark three decades of care, work was continuing at Simeon on the new residential facility in the grounds of the Cairnlee Road site in Bieldside.

Good progress is being made by main contractor Bancon Construction and the exciting new development is on course to be completed this year. The New Lease of Life appeal, which is funding the project, is more than half way to meeting its £2million target and momentum is building.

Community efforts continue to be at the heart of the appeal and the response has been warmly welcomed by all at Simeon.

In the last edition of MBC News an appeal went out for volunteers to run on behalf of the charity at Run Balmoral on April 26. Within a matter of weeks all 30 places had been snapped up, with many more registering an interest in representing Team Simeon if places become available for future running events. The appeal is gathering pace on all fronts!

For further information on opportunities to support Simeon, contact fundraiser Gayle Johnston at gayle@simeoncare.org.uk or call her on 01224 865820 for your chance to make a real difference to a much-loved community.

Emergency Contact Numbers

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<thead>
<tr>
<th>Emergency Services</th>
<th>999</th>
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<tbody>
<tr>
<td>Police – non-emergency</td>
<td>101</td>
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<tr>
<td>NHS 24</td>
<td>08454 242424</td>
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<tr>
<td>SEPA’s floodline</td>
<td>0845 988 1188</td>
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<tr>
<td>Scottish Flood Forum</td>
<td>01698 839021</td>
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<tr>
<td>Scottish Water</td>
<td>0845 601 8855</td>
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<tr>
<td>National Gas Emergency Service - contact re. gas leak</td>
<td>0800 111 999</td>
</tr>
<tr>
<td>Scottish &amp; Southern Energy Emergency Contact Centre - contact re power cut or dangerous situation</td>
<td>0800 300 999</td>
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<tr>
<td>Aberdeen City Council (24 hours contact)</td>
<td>0845 608 0910</td>
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<tr>
<td>Aberdeen City Council, Tullos Road Depot, can supply sandbags for collection, &amp; in winter out of hours emergency delivery of sandbags</td>
<td>01224 241500</td>
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You may find it useful to add your own contact numbers below

<table>
<thead>
<tr>
<th>Carers/ Childminder:</th>
<th>Dentist</th>
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<tr>
<td>Doctor:</td>
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<td>Electricity Supplier:</td>
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<td>Gas Boiler Breakdown:</td>
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<td>Schools/Colleges:</td>
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<td>Vet:</td>
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<td>Work Contact:</td>
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As part of the Resilience Plan being formulated, below are some emergency contact telephone numbers. Why not cut out and keep handy?
All things Summer

fourmile
HOUSE KINGSWELLS
t: 01224 740318
www.fourmile.co.uk

ferryhill
HOUSE HOTEL
t: 01224 590867
www.ferryhillhousehotel.co.uk